

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CENTRAL OFFICE ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI ,ALL

Compendium Program: 12 Step Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- * Alcoholics Anonymous
 - * Narcotics Anonymous
 - * NA Writing Step for Recovery - correspondence based.
 - * Al-Anon (YCI only)
 - * Alcoholics Anonymous - Spanish
 - * Alcoholics Anonymous - English
 - * CODA - Codependents Anonymous
 - * Wellbriety
- *** 12 Step programming availability can vary by facility

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:1

Compendium Program: 24/7 Dad

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Program to assist dads look at their own backgrounds to help them understand how their history effect their fathering.

Facilities:

MANSON YI

Auspices:

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Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS)

Domains:

Family and Social Support;Parenting;Relationships

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: 5 or 7 Day Job Assignments

Gender Specific for:BOTH; RT Program Code: L1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation;Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: A New Direction

Gender Specific for:MALE; RT Program Code: ND

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

An Addiction Services program to meet the needs of the sentenced and unsentenced offenders at the direct admission facilities. Addiction Services units shall offer a short-term drug and alcohol education program using the evidenced based Cognitive-Behavioral Treatment Curriculum "A New Direction" by Hazelden. This curriculum addresses criminal and addictive thinking based on real life experiences of incarcerated addicts.

Facilities:

CORRIGAN CI;NEW HAVEN CC

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Auspices:

Addiction Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

Compendium Program: Addiction Services - Assessment & Orientation

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

Facilities:

MANSON YI;WALKER RC;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Administrative Segregation - York CI - Phase 1

Gender Specific for:FEMALE; RT Program Code: C3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

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Auspices:

Unknown

Treatment Types:

Behavior Modification (BM)

Domains:

Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Self Efficacy

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Administrative Segregation - York CI - Phase 2

Gender Specific for:FEMALE; RT Program Code: C4

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

Facilities:

YORK CI

Auspices:

Unknown

Treatment Types:

Behavior Modification (BM)

Domains:

Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Self Efficacy

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Administrative Segregation - York CI - Phase 3

Gender Specific for:FEMALE; RT Program Code: C5

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

Facilities:

YORK CI

Auspices:

Unknown

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Treatment Types:

Behavior Modification (BM)

Domains:

Anger/Hostility;Antisocial Attitudes;Self Efficacy

Types:

Administrative Segregation

Program Status:

Active Program Category Level:1

Compendium Program: Administrative Segregation Phase 1

Gender Specific for:MALE; RT Program Code: 06

Open Close:True, Session Group:True, Session Numbers: 3, Evidence Based:False

Description:

Phase One programming for offenders classified to Administrative Segregation. Modules of programming include: Getting Settled - Getting Going, Handling a Crisis, and Interpersonal Effectiveness.

Facilities:

WALKER RC

Auspices:

All Facility Staff;Programming Unit - Facility Staff

Treatment Types:

Aggression Replacement Training (ART);Behavior Modification (BM);Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation

Program Status:

Active Program Category Level:2

Compendium Program: Administrative Segregation Phase 2

Gender Specific for:MALE; RT Program Code: 07

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase Two programming for offenders classified to Administrative Segregation. Modules of programming include: Orientation and Communication, Controlling Your Anger, and A Better Way.

Facilities:

WALKER RC

Auspices:

All Facility Staff

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Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation

Program Status:

Active Program Category Level:1

Compendium Program: Administrative Segregation Phase 3

Gender Specific for:MALE; RT Program Code: 08

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase Three programming for offenders classified to Administrative Segregation. Modules of programming include: How to do your Bid, Relapse Prevention, and Bridge Group.

Facilities:

WALKER RC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation

Program Status:

Active Program Category Level:1

Compendium Program: Advanced TREM

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Advanced TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets for 16 weeks. It constitutes Phase Three of the CHANGE program which is a series of mental health, trauma informed and gender responsive programs. Therefore it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment), Phase One and TREM, Phase Two. The group is designed to expound on concepts learned in TREM by providing a safe group for female offenders to learn more about trauma and to continue to share their studies.

Facilities:

YORK CI

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Auspices:

Mental Health;The Change Group

Treatment Types:

Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Al-Anon

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

Facilities:

YORK CI

Auspices:

Addiction Treatment Unit;Volunteer Services

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse

Types:

Addiction

Program Status:

Active Program Category Level:3

Compendium Program: Alternatives To Violence - Advanced Workshops

Gender Specific for:BOTH; RT Program Code: 46

Open Close:True, Session Group:False, Session Numbers: 3, Evidence Based:True

Description:

Certified AVP volunteers lead advanced workshops to inmates who have completed the AVP basics workshop. Participants completing both basic and advanced workshops qualify for selection to become peer mentors. The workshop is completed over a 2-3 day period.

Facilities:

BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;OSBORN CI

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Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS)

Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

Types:

Anger Management

Program Status:

Active Program Category Level:2

Compendium Program: Alternatives to Violence - Basic Workshops

Gender Specific for:BOTH; RT Program Code: 45

Open Close:True, Session Group:False, Session Numbers: 3, Evidence Based:True

Description:

Certified AVP volunteers lead basic, intermediate workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Participants completing both basic and advanced workshops qualify for selection to become peer mentors. The workshop is completed over a 2-3 day period.

Facilities:

BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;OSBORN CI

Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS)

Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

Types:

Anger Management

Program Status:

Active Program Category Level:2

Compendium Program: Alternatives to Violence - Training for Trainer Workshops

Gender Specific for:BOTH; RT Program Code: 47

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True

Description:

This program is used to train inmates who have successfully completed AVP Basic and Advanced and will now be facilitating future programming as peer mentors.

Facilities:

BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;OSBORN CI

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Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS)

Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

Types:

Anger Management

Program Status:

Active Program Category Level:2

Compendium Program: American Job Center - Employment Readiness Workshop

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 5, Evidence Based:False

Description:

The goal of this Employment Readiness Workshop is to provide resources and materials that will assist returning citizens (inmates) with job search strategies. This 4-5 session workshop will cover tools, suggestions and tips with various steps in your employment search process. In each of these sessions participants, will work on various activities and exercises designed to assist in their job search strategies. There are assignments that are provided to prepare these individuals for the next session. The topics that are covered over the 4-5 session include: Personality Assessment, Job Description Review, Cover Letter, Resume, Completing Application and Interview Questions and Strategies. There are many opportunities to answer and discuss concerns and questions as they relate to (inmates, ex-offenders) participant employment application. There are opportunities for mock interviews and to discuss interview questions and especially tips on answering the question regarding their background. Lastly, participants are provided with an overview of the resources and services available at the American Job Center.

Facilities:

NEW HAVEN CC

Auspices:

Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: America's VetDog Prison Puppy Program

Gender Specific for:MALE; RT Program Code: VP

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

2 inmates (Primary and Secondary) are paired with a puppy (9 or 10 weeks old) and raise it until 1 year of age. During that time period they teach the dog approximately 48 different commands that would be of use to a disabled Veteran.

Facilities:

OSBORN CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS);Mental Health (MH)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:0

Compendium Program: Anger Management Program

Gender Specific for:BOTH; RT Program Code: 26

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False

Description:

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

All Facility Staff;Programs & Treatment Unit

Treatment Types:

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)

Domains:

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

Types:

Anger Management;Mental Health;Self Improvement

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Program Status:

Active Program Category Level:1

Compendium Program: Arabic Language

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is an introduction to the Arabic language. It is designed to teach the Arabic alphabet and basic everyday words. This will also include an introduction to Arabic writing.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Armed Services Member Trauma Group

Gender Specific for:MALE; RT Program Code: AF

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

This program is offered to individuals that have experienced some trauma in their lives. The lesson plans address male role models, emotional and relationship patterns as well as various abuse and its relationship to psych symptoms as well as substance abuse. This program can be modified to work with identified trauma survivors who have also been in the military. The traumatic event could be pre/post military as well as taking place during their military time. This group is a psycho-educational skill building group with a goal of having individuals explore how their trauma exposure can be impacting current life events.

Facilities:

OSBORN CI

Auspices:

Mental Health;Programming Unit - Facility Staff

Treatment Types:

Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Family and Social Support;Substance Abuse and Mental Health

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Types:

Mental Health;Self Improvement;Trauma Informed

Program Status:

Active Program Category Level:1

Compendium Program: Artists In Residence-Community Partners in Action (CPA)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

Facilities:

BROOKLYN CI;CHESHIRE CI;OSBORN CI;YORK CI

Auspices:

Contracted Program;Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Self Efficacy

Types:

Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Auto Detailing

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This vocational program provides students with the knowledge and experience required to work in new and used car dealerships and/or automotive detail shops. The program also emphasizes the elements of entrepreneurship equipping students with the knowledge to begin their own automobile detailing business.

Facilities:

CHESHIRE CI

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Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Education

Program Status:

Active Program Category Level:2

Compendium Program: Behavior Intervention - Unlock Your Thinking

Gender Specific for:MALE; RT Program Code: BG

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False

Description:

This 4 session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

Facilities:

MANSON YI

Auspices:

All Facility Staff;Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Self Improvement

Program Status:

Active Program Category Level:1

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Compendium Program: Beyond Violence: A Prevention Program for Women

Gender Specific for:FEMALE; RT Program Code: BV

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The curriculum uses a Social-Ecological Model to understand and contextualize violence. This four-level model of violence prevention considers the complex interplay between individual, relationship, community, and societal factors. It addresses the factors that put people at risk for experiencing or perpetrating violence. This model is used by the Centers for Disease Control and Prevention and was used in the Prison Rape Elimination ACT research on women in prison.

Facilities:

YORK CI

Auspices:

All Facility Staff;Programs & Treatment Unit

Treatment Types:

Aggression Replacement Training (ART);Family Support (FS);Victim Impact (VI)

Domains:

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Relationships

Types:

Domestic Violence;Family

Program Status:

Active Program Category Level:1

Compendium Program: Biohazard Cleaning Training

Gender Specific for:BOTH; RT Program Code: BT

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Training on safety in handling and clean-up of biohazard materials and spills for inmate tier worker/cleaners.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Addiction Treatment Unit;Employment Services

Treatment Types:

Unknown

Domains:

Education, Employment, and Financial Situation

Types:

Institutional Employment

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Program Status:

Active Program Category Level:3

Compendium Program: Books for Babies

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Through Read to Grow Organization this program provides a literacy packet to families with babies born at one of five hospitals. The goal is to promote early literacy by ensuring that every newborn receives a book and by encouraging parents to share books with their baby from birth. The supplies are delivered and we assemble the supplies creating these packages.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff;Volunteer Services

Treatment Types:

Family Support (FS)

Domains:

Parenting

Types:

Community Service

Program Status:

Active Program Category Level:3

Compendium Program: Braille Program

Gender Specific for:BOTH; RT Program Code: BI

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Braille Program enablers qualified inmates to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association to certify those Braille writers that complete the required training and to maintain such skills for future use in the workplace.

Facilities:

YORK CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

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Types:

Career Technical Education;Community Service;Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Brooklyn VET Unit

Gender Specific for:MALE; RT Program Code: VB

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Level 2/3 program for Veterans who meet eligibility. Program provides dorm housing and weekly scheduled meetings to provide information to vets and a safe space to share concerns.

Facilities:

BROOKLYN CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation;Family and Social Support;Peer Associations

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Caregiver and Me

Gender Specific for:FEMALE; RT Program Code: MA

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The program consists of two hour visitation time with York CI mother and their children, held at least every other month on a Saturday to enable children to spend quality time with their mothers in the visiting center. Games, toys, books and a craft project facilitated by volunteers will be planned for each session. Pictures of the family unit will be taken by a staff member and distributed to mothers and their families.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff

Treatment Types:

Family Support (FS);Life Skills (LS)

Connecticut Department of Correction

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Domains:

Education, Employment, and Financial Situation;Family and Social Support;Parenting

Types:

Family

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Bible Study

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Bible Study (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the Catholic Bible Study held in Spanish.

Facilities:

BRIDGEPORT CC;GARNER CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

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Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Catholic Choir

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

Facilities:
YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Catholic Faith Sharing

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

Facilities:
CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

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Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Prayer and Healing Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

Facilities:

CYBULSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Prayer-English or Spanish

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Catholic Prayer enhances the spiritual life of the inmates by utilizing traditional forms of prayer,art, music and poetry.

Facilities:

HARTFORD CC

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

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Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Retreats

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

Facilities:

GARNER CI;MACDOUGALL CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Spirituality Video

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program meets on a weekly basis, and uses various methodologies (e.g. video, current events, workbooks, etc.). This program seeks to foster a deeper understanding of Catholicism and help inmates develop self-awareness, personal spiritual growth, and a deeper relationship with God and uses religious materials based upon Catholic principles and traditions.

Facilities:

MACDOUGALL CI

Auspices:

Religious Services

Treatment Types:

Unknown

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Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Worship Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

Compendium Program: Catholic Worship Service (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The weekly Catholic service is the mass (or a communion service when mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

HARTFORD CC;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

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Domains:

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

Compendium Program: CBT - Chronic Pain Management

Gender Specific for:MALE; RT Program Code: CP

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Cognitive Behavioral Therapy for Chronic Pain (CBT-CP) is a time limited psychotherapeutic group focused on examining the relationships between thoughts, emotions, and behaviors to chronic physical pain. Group members will learn new cognitive and behavioral skills to assist in pain reduction to increase quality of life.

Facilities:

MACDOUGALL CI

Auspices:

Mental Health

Treatment Types:

Unknown

Domains:

Unknown

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:3

Compendium Program: CBTeens Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

10 week skill building sessions for healthy relationships and coping

Facilities:

MANSON YI

Auspices:

Behavioral Health

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

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Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: CCAR RECOVERY COACH PROFESSIONAL DESIGNATION (RCP)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program will provide individuals with a pathway to earning a respected professional designation in the recovery coaching field. The CCAR trainings included within this offering will include the CCAR Recovery Coach Academy (currently provided by DOC addiction staff), Ethical Considerations, Professionalism and Multiple Pathways of Recovery. The latter would be provided by CCAR staff, and be facilitated in person within the DOC facilities. While a bulk of the training is in person, several resources and modules may be made accessible to residents through their DOC issued tablets.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Unknown

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: CCAR RECOVERY COACHING PROGRAM

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

Facilities:

As of :03/04/2024

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BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Unknown

Domains:

Substance Abuse;Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: CEC - Work Assignment

Gender Specific for:BOTH; RT Program Code: L3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inmates who are assigned to a work assignment in Correctional Enterprises of Connecticut.

Facilities:

CHESHIRE CI;OSBORN CI;YORK CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Employment

Program Status:

Active Program Category Level:0

Compendium Program: CEC Voc. Ed: Graphics Arts Center

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This shop produces all types of signage and engraving. Using technologies such as silk-screening and laser engraving, the shop has been able to produce highly technical, complex products. This training and "real world" work experience prepares inmates for obtaining and maintaining a job in the private business sector. Offenders are employed in this center.

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Facilities:

CHESHIRE CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment

Program Status:

Active Program Category Level:3

Compendium Program: Certified Nurse Aide Training and Skills Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 7, Evidence Based:True

Description:

The Certified Nursing Assistant training provides education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 12 weeks of training that is certified under the CT Department of Public Health. Nursing Assistants skills and training include maintaining a clean and safe environment, knowing the expectations and limits of the work role, respecting confidentiality, following directions, show respect for each patient/offender, sensitivity to beliefs and values, practicing good body mechanics, using medical asepsis for infection control, wights and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, using precautions to prevent infection, providing comfort and understanding, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in a State issued certificate and level 3 pay for placement as a CNA in a facility job classification.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Employment Services;Health Services

Treatment Types:

Education (Ed);Life Skills (LS);Medical (Med)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:2

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Compendium Program: CHANGE Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The CHANGE program is a series of mental health, trauma informed and gender responsive programs comprised of three phases. Each phase is an individual program or comprised of optional programming (phase three.) Phase one is TARGET (Trauma Affect Regulation: Guide for Education and Treatment) which is a 10 week program. Phase Two is TREM (Trauma-Recovery Empowerment Model) which is a 16 week program. Lastly Phase Three has programming options such as Advanced TREM-16 weeks, A Woman's Way Through the 12-Steps, Tai-Chi (movement therapy), Stress Management (east side only) and Mindfulness/Meditation.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Education (Ed);Mental Health (MH)

Domains:

Antisocial Friends;Mental Health;Substance Abuse

Types:

Unknown

Program Status:

Active Program Category Level:1

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Compendium Program: Change Unit

Gender Specific for:MALE; RT Program Code: CU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The objective of the Change Unit is threefold. First to increase offenders overall personal responsibility, for their choices that led to their present incarceration and the past choices that continue to cause problems in their life. Secondly, offenders explore how their continued use of alcohol and/or drugs has influenced their decision making and consequences. They are encouraged to survey how changing their thinking around substances will change the way they feel; promoting a change in behavior(s). Lastly, participants examine abstinence from all addictive substances as a way to prevent future arrests and to better meet the challenges and opportunities that await them upon their release. CHANGE Unit participants include a COMMUNITY where offenders focus on change, make better choices, practice recovery skills and altering thinking patterns to promote growth. Staff assist offenders in the process, using available resources/support. Offenders provide support to one another by embracing the therapeutic community framework of the unit. Successful community reintegration, reduced recidivism are best achieved by a team effort. Together, we can attain the success that offenders envision for themselves. Our community is made up of a diverse population that is willing to put forth a concerted effort to invest in themselves and the therapeutic community.

Facilities:

CYBULSKI CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Behavior Modification (BM);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse

Types:

Addiction;Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:3

Compendium Program: Christian Fatherhood Initiative

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The purpose of this program is to promote fatherhood and build strong fathers who are involved in their children's lives. This comprehensive fathering program focuses on helping offenders to develop characteristics and skills that every father needs to be an effective dad. Teaching is conducted from a Christian perspective.

Facilities:

ROBINSON CI

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Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Family;Religious

Program Status:

Active Program Category Level:0

Compendium Program: Chronic Disciplinary Unit: Controlling Your Anger

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 8, Evidence Based:False

Description:

This is the second in a series of groups used in the Chronic Discipline Unit (CDU) Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;NEW HAVEN CC;WALKER RC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Anger Management;CDU;Youth CDU

Program Status:

Active Program Category Level:1

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Compendium Program: Chronic Disciplinary Unit: How to Deal with Your Problems and How to Do Your Bid

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a group designed for inmates in the DOC's Chronic Disciplinary Unit. One of the problems that many inmates have in general, and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;NEW HAVEN CC;WALKER RC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

CDU;Youth CDU

Program Status:

Active Program Category Level:1

Compendium Program: Chronic Disciplinary Unit: Relapse Prevention

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is one of several groups in the Chronic Discipline Program. In order to reach this class in the program the inmate has had to be behaving himself and interacting appropriately with other inmates and staff. This group is designed to help inmates examine the issues that might result in a relapse of the problematic behavior which resulted in their placement in Chronic Discipline, a very restrictive special housing program.

Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;NEW HAVEN CC;WALKER RC

Auspices:

All Facility Staff

Treatment Types:

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Domains:

Criminal Attitudes and Behavioral Patterns

Types:

CDU

Program Status:

Active Program Category Level:1

Compendium Program: Chronic Disciplinary Unit: Orientation and Communication

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This class is the first offered to inmates in the Chronic Disciplinary Unit. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;NEW HAVEN CC;WALKER RC

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

CDU

Program Status:

Active Program Category Level:1

Compendium Program: Chronic Discipline

Gender Specific for:MALE; RT Program Code: 21

Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False

Description:

Programming for offenders classified to Chronic Discipline status. Modules of programming include: Controlling Your Anger, How to Deal with your Problems, How to do your Bid, Orientation and Communication, and Relapse Prevention.

Facilities:

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC

Auspices:

All Facility Staff

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Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

CDU;Youth CDU

Program Status:

Active Program Category Level:1

Compendium Program: Chronic Discipline Program - York CI

Gender Specific for:FEMALE; RT Program Code: D1

Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False

Description:

Facilities:

YORK CI

Auspices:

Unknown

Treatment Types:

Behavior Modification (BM)

Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Self Efficacy

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: CLICC Literacy Program

Gender Specific for:BOTH; RT Program Code: CL

Open Close:True, Session Group:True, Session Numbers: 24, Evidence Based:False

Description:

Facility-Based Services

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These excercises will be facilitated by The Center staff, partners and mentors.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;HARTFORD CC;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

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Auspices:

Addiction Treatment Unit;Contracted Program;Volunteer Services

Treatment Types:

Education (Ed);Family Support (FS)

Domains:

Education, Employment, and Financial Situation;Family;Family and Social Support;Parenting

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Cognitive Behavior Therapy

Gender Specific for:MALE; RT Program Code: GD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program teaches the offender to identify thoughts and how thoughts are tied to behavior. The Goals of CBT are to teach individuals appropriate coping skills, stress management techniques, affect regulation and other management tools.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:

Female;Mental Health;Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Community Details

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.

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Facilities:

CYBULSKI CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

Types:

Community Service;Community Work Group;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: Community Meeting

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to those offenders housed on the mental health unit. The program serves to set the tone for the days therapeutic activities and to organize the offender's tasks, which might include anything from housekeeping duties to peer support.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Female;Mental Health

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

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Compendium Program: Community Outreach Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work. Includes programs:

Facilities:

YORK CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Employment/Financial

Types:

Community Service;Community Work Group;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: Community Outreach Program Support (COPS)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program was developed at Osborn Correctional Institution. Groups of youth from schools and other organizations come into the prison. While visiting the prison they meet with staff and inmates. The program is designed to encourage participants to make wise decisions, to act responsibly, and to establish and work on personal goals. Inmate testimonials are used to show youth the consequences that the inmates now face as a result of their personal failure in these areas.

Facilities:

OSBORN CI

Auspices:

All Facility Staff

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Peer Associations

Types:

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Program Status:

Active Program Category Level:0

Compendium Program: Community Services Detail

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Community Services Detail provides inmate labor to various state and local non-profit organizations. Examples of work performed are basic carpentry, painting, refinishing floors, grounds landscaping and maintenance. A cornerstone of the restorative justice concept, the community services detail provides enormous benefit to the community and to the inmate participants.

Facilities:

ROBINSON CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

Types:

Community Service;Community Work Group;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:0

Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facilities:

BROOKLYN CI;CYBULSKI CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

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Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Co-Occurring Disorders Program

Gender Specific for:BOTH; RT Program Code: 23

Open Close:False, Session Group:True, Session Numbers: 8, Evidence Based:False

Description:

The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

Facilities:

GARNER CI

Auspices:

Addiction Treatment Unit;Health Services

Treatment Types:

Mental Health (MH);Substance Abuse (SA)

Domains:

Mental Health;Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction;Dual Diagnosis;Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Coping skills

Gender Specific for:MALE; RT Program Code: GE

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is designed to help offenders to effectively deal with daily living issues and stressors while incarcerated.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS);Mental Health (MH)

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Domains:

Family and Social Support;Substance Abuse and Mental Health

Types:

Mental Health;Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Coping Skills - Corrigan

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Groups focus on various topics including: adjustment to incarceration, stress reduction, anger management, interpersonal skills, conflict resolution, and recommendations for patient/inmates living with MH issues such as anxiety or depression. This is a weekly group, which is provided on an ongoing- basis.

Facilities:

CORRIGAN CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Coping Skills- York CI

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

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Mental Health (MH);Substance Abuse (SA)

Domains:

Mental Health;Substance Abuse

Types:

Female;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Creative Writing

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A volunteer writing instructor gives weekly writing assignments to students followed by sessions of critical reflection.

Facilities:

CHESHIRE CI

Auspices:

Recreation Services;Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Peer Associations

Types:

Recreation

Program Status:

Active Program Category Level:3

Compendium Program: CT Money School

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False

Description:

1. Setting Goals
2. Saving
3. Tracking Income and Benefits
4. Paying Bills
5. Getting through the Month
6. Dealing with Debt
7. Understanding Credit Reports and Scores
8. Choosing Financial Products and Services
9. Protecting your Money

Facilities:

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Auspices:

Programs & Treatment Unit

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Current Events Group

Gender Specific for:MALE; RT Program Code: G8

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders discuss media messages from television and social media outlets. The media messages about current events are often politically biased, polarizing in nature and potentially inaccurate especially on social media platforms.

Facilitators models how to evaluate media for potential biases, showing students that political content is not off limits for discussion.

Facilities:

MANSON YI

Auspices:

Health Services;Programs & Treatment Unit

Treatment Types:

Education (Ed);Mental Health (MH)

Domains:

Education;Family and Social Support;Substance Abuse and Mental Health

Types:

Mental Health;Recreation

Program Status:

Active Program Category Level:3

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Compendium Program: DBT Trauma Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 9, Evidence Based:True

Description:

The Dialectical Behavior group therapy approach is evidence based for treating trauma for adults 12-21. Group practices includes practical exercises to treat trauma and PTSD. Using DBT skills which include mindfulness, distress tolerance, emotion regulation, dialectical thinking and interpersonal effectiveness skills. Activities help group members cope with stress, manage intense emotions, identify triggers and move pass unhealthy thoughts.

Facilities:

MANSON YI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: DEFY Ventures

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 36, Evidence Based:False

Description:

Defy Ventures is an employment, entrepreneurship, and personal development training program that supports the incarcerated and formerly incarcerated to become successful, legal entrepreneurs and employees. We “transform the hustle” and maximize the potential of Entrepreneurs-in-Training (EITs) impacted by the criminal justice system by building redemptive communities that pursue entrepreneurship and personal growth.

Facilities:

YORK CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

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Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Dialectical Behavior Therapy (DBT Skills Group)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This highly structured treatment approach is designed to deal with individuals with a history of self-abuse, such as self-mutilation. It is a cognitive-behavioral modality with an additional element of relaxation/self-soothing.

Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Mental Health

Types:
Mental Health;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Discharge Orientation

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

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Domains:

Education, Employment, and Financial Situation;Family and Social Support

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Dual Recovery Anonymous

Gender Specific for:MALE; RT Program Code: 90

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Dual Recovery Anonymous is a 12-step self-help program for individuals who are chemically dependent and affected by a psychiatric illness. The primary purpose of DRA is to help one another achieve dual recovery, prevent relapse and to carry the message of recovery to others who experience dual disorders.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH);Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Addiction;Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: DUI (Driving Under the Influence)

Gender Specific for:BOTH; RT Program Code: 35

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:False

Description:

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT)

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Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track Four

Gender Specific for:BOTH; RT Program Code: V4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

Facilities:

OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

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Compendium Program: DUI Home Confinement Program: Track One

Gender Specific for:BOTH; RT Program Code: V1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson 1 Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions ; Lesson 4; How behavior is learned and changed: learning self-control and driving with care;5;Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track Three

Gender Specific for:BOTH; RT Program Code: V3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Connecticut Department of Correction

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Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track Two

Gender Specific for:BOTH; RT Program Code: V2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Track Five

Gender Specific for:BOTH; RT Program Code: V5

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True

Description:

DUI track 5 is for offenders returned by parole from Home Confinement for substance use. Upon re-entry into a facility, an addiction counselor will reassess the offender, to determine the appropriate level of treatment. Track 5 can be of varying lengths, based on the assessed need. Offenders may be eligible for re-release on home confinement, as determined by the Community Release Unit.

Facilities:

CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;ROBINSON CI;YORK CI

Connecticut Department of Correction

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Auspices:

Addiction Treatment Unit;Community Addiction Services

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse;Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Education Needs to be Identified by USD#1

Gender Specific for:BOTH; RT Program Code: E1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A transcript review of educational needs will be completed for inmates.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Educational, Career Resources and Job Fairs

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

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Facilities:

CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Addiction Treatment Unit;USD#1

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Mental Health;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse

Types:

Academic Education;Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Effective Fatherhood

Gender Specific for:MALE; RT Program Code: EF

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:True

Description:

Effective Fatherhood program is a 12 week parenting course based on Circle of Security Parenting framework. The program looks specifically at some of the unique challenges of parenting behind bars, using examples from scenarios relevant to the empirical experiences of incarcerated people. The program will be based on reflective learning using the action reflection model to encourage a new and better informed action. The program will draw heavily on attachment theory and focus on helping parents better respond to the needs of their children and hopefully create secure attachments. Effective fatherhood debunks the myth of the perfect parent and instead encourages participants to be good enough parents.

Facilities:

ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

Education;Family

Program Status:

Active Program Category Level:2

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Compendium Program: Embracing Fatherhood

Gender Specific for:MALE; RT Program Code: 04

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True

Description:

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

Auspices:

All Facility Staff;Programs & Treatment Unit

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

Family

Program Status:

Active Program Category Level:2

Compendium Program: Evening Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program open to those offenders housed in the Mental Health Unit, includes topics dealing with personal development, community issues, and specific mental health and/or medical issues. It is conducted by unit nursing staff.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Female;Medical;Mental Health

Program Status:

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Active Program Category Level:3

Compendium Program: Exercise Class

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

Facilities:

YORK CI

Auspices:

Recreation Services

Treatment Types:

Life Skills (LS)

Domains:

Education

Types:

Recreation

Program Status:

Active Program Category Level:0

Compendium Program: Expressive Art Therapy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program combines psychotherapy with the arts: including art therapy, music therapy, movement therapy, drama therapy and creative writing. It is designed to provide a positive way to manage stress and respond to critical issues of incarceration_ The goals of the program are to foster more positive behavior patterns, increase self awareness, and encourage participants to become more productive and kindle new and profound ways to move through the world_

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

Domains:

Family and Social Support

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Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Expressive Arts

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Expressive Arts is a process group that is facilitated by a Rehabilitation Therapist (Recreational Therapist) which focuses on visual arts. The expressive art group is a way to help individuals sense normalcy without judgement, while encouraging them to show their individual character. Expressive Art Groups promote healthy communication and encouragement between group members.

Facilities:

MANSON YI

Auspices:

Behavioral Health;Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)

Domains:

Neighborhood Problems

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Facility Addiction Services - Intensive Aftercare Program

Gender Specific for:MALE; RT Program Code: A2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Aftercare is a continuation of Tier 2 to further invest in recovery efforts.

Facilities:

BROOKLYN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Peer Associations;Substance Abuse and Mental Health

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Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:1

Compendium Program: Facility Based Domestic Violence Program

Gender Specific for:MALE; RT Program Code: 02

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False

Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI

Auspices:

All Facility Staff;Programs & Treatment Unit

Treatment Types:

Aggression Replacement Training (ART);Victim Impact (VI)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Domestic Violence;Family

Program Status:

Active Program Category Level:1

Compendium Program: Facility Orientation

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Provides newly admitted or transferring inmates to the Correctional Institution with the facility rules and regulations, general understanding of policies within the State of Connecticut Department of Correction for inmates, and PREA training. To inform inmates on how the facility operates, what their obligations are and what programs and services are available to them.

Facilities:

BROOKLYN CI;CORRIGAN CI;GARNER CI;MACDOUGALL CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

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Types:

Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Finding Your Best Self

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 1, Evidence Based:False

Description:

Recovery from Addiction, trauma or both is a group based on the book by Lisa M Najavits, PhD. The group teaches patients to: build coping skills, keep themselves safe and find support, set goals, choose compassion over self blame and shame, and move toward their best selves.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Forever in My Heart Foundation (Canine Program)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Forever in My Heart Foundation is an organization that trains rescue dogs to become service animals for disabled veterans. Offenders participate in the dog training program as handlers; they meet with the head trainers of the FIMHF to learn how to properly train each dog. The goal of the program is for each individual service dog to master skills in various components of training in order to enhance the lives of disabled and disadvantaged veterans in Connecticut.

Facilities:

YORK CI

Auspices:

Contracted Program; Volunteer Services

Connecticut Department of Correction

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Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: FSR Families Supporting Reentry - 24/7 Dads

Gender Specific for:MALE; RT Program Code: FS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

DCF run program that will fill a gap in services and help incarcerated parents and thier minor children and families to maintain healthy relationships while supporting re-entry and reducing recidivism

Facilities:

ROBINSON CI

Auspices:

Contracted Program

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS)

Domains:

Family and Social Support;Parenting

Types:

Family

Program Status:

Active Program Category Level:3

Compendium Program: Game Changers

Gender Specific for:MALE; RT Program Code: GA

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Prerequisite: Mamba Mentality

Offenders complete MM and learn to identify those who have changed the world for the better and helped others along the way. This group also completes community service projects.

Facilities:

MANSON YI

Auspices:

Programs & Treatment Unit

Connecticut Department of Correction

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Treatment Types:

Behavior Modification (BM);Education (Ed)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Garden Program

Gender Specific for:MALE; RT Program Code: PG

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The gardening program provides the young men with opportunities to learn foundational gardening skills through practical, reality-based learning led by correctional officers. The goal of the program is to provide opportunities for hands-on-learning of how to sow, grow, and harvest fruits and vegetables. The program supports the young men's need for practical life skills education to help them thrive in the real world. The harvested fruits and vegetables will be utilized by the facility culinary arts program and donated to local food banks in an effort to give back to local communities.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Garner CI Chronic Discipline Interval 1

Gender Specific for:MALE; RT Program Code: P1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Chronic Discipline Program - Interval 1
Garner CI Only

Facilities:

Connecticut Department of Correction

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Auspices:

Programming Unit - Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Garner CI Chronic Discipline Interval 2

Gender Specific for:MALE; RT Program Code: P2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Chronic Discipline Program - Interval 2
Garner CI Only

Facilities:

GARNER CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: GCI - Administrative Segregation

Gender Specific for:MALE; RT Program Code: AS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

GCI - Administrative Segregation

Facilities:

GARNER CI

Auspices:

Connecticut Department of Correction

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Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Administrative Segregation

Program Status:

Active Program Category Level:0

Compendium Program: GCI Anger Management

Gender Specific for:MALE; RT Program Code: GB

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is provided to inmates assigned to mental health housing units and general population. The program is designed to assist inmates to improve techniques for effective management of their anger without the use of aggressive behavior. The program focuses on stress reduction, adjustment to environmental change, improved communication skills and improved interpersonal relationship skills. The modalities used are: Relaxation technique, cognitive therapy, visualization and journal-keeping, and brief lectures on the nature of anger and factors sustaining it.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:

Anger Management;Mental Health;Self Improvement

Program Status:

Active Program Category Level:1

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Compendium Program: GCI Farming/Gardening Program

Gender Specific for:MALE; RT Program Code: M7

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The GGCI Farming/Gardening Program will provide inmates with classroom instruction in gardening/farming skills and techniques. Inmates will also receive hands on experience in soil prep, sowing, planting, growing, hydration, fertilization, weeding, pest control, and harvesting techniques. A variety of fruits, vegetables, flowers, and edible plants will be grown within the interior courtyard. Harvested produce will be filtered into the kitchen for use in the food supply. Abundant and extra product may be donated to local food pantries or soup kitchens at the discretion of the Warden.

Facilities:

GARNER CI

Auspices:

Recreation Services

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Community Service;Recreation

Program Status:

Active Program Category Level:2

Compendium Program: General Referral for ASU (Addiction Services Unit) Program

Gender Specific for:BOTH; RT Program Code: A1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Connecticut Department of Correction

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Program Status:

Active Program Category Level:1

Compendium Program: General Referral for Vocational Education

Gender Specific for:BOTH; RT Program Code: E2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A review of vocational education needs will be completed for inmates.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: General Referral for Vocational Education_NHCC

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A review of vocational education needs will be completed for inmates under 22 years of age.

Facilities:

NEW HAVEN CC

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

As of :03/04/2024

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Active Program Category Level:1

Compendium Program: Getting Along and Keeping Cool

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True

Description:

An evidence based manual-guided 10 session cognitive behavioral intervention designed for adolescents to learn anger management skills. This program was based on prior outcome research on Anger Management. This 10 week program includes skill building, cognitive techniques, relaxation training, and role play. The youth-specific version was developed in regards to principles of youth-specific programming for male youthful offenders. In addition an assessment tool is included to ensure fidelity to the treatment model. Baseline and follow-up information are collected for outcomes analysis, as well as, post-group participant interview satisfaction data.

Facilities:

MANSON YI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Good Intentions - Bad Choices

Gender Specific for:BOTH; RT Program Code: CF

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True

Description:

This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Connecticut Department of Correction

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Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse

Types:

Self Improvement

Program Status:

Active Program Category Level:1

Compendium Program: Goodwin University ENET

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Goodwin University Entrepreneurial Network (ENet) is an 18- college credit small business start-up certificate program for undeserved populations and those currently and formerly incarcerated. The Entrepreneurial Network program provides students with a quality educational experience focused on essential business skills such as accounting, management, marketing, professional presentation, and positively impacting communities.

Facilities:

CYBULSKI CI

Auspices:

Contracted Program

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Graphics & Print Technology

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facilities:

MACDOUGALL CI;ROBINSON CI

Auspices:

USD#1

Treatment Types:

Unknown

Domains:

Unknown

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Greenhouse Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program reduces offender idleness and exposes them to socially acceptable leisure time and activities by teaching through hands on experience, plant identification, irrigation, propagation, fertilization, garden layout, greenhouse organization, weeding and general garden maintenance. Along with hands on experience, this program may develop patience, a respect for nature, and a sense of pride in one's accomplishments. On the practical side of things, this program will be used to grow vegetables that will be utilized by the food service department for the purpose of subsidizing the menu and realizing monetary savings. The program will also grow flowers to beautify the exterior of the institution and donate the seedlings to local non-profit organizations.

Facilities:

YORK CI

Auspices:

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Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education;Employment/Financial;Peer Associations;Self Efficacy

Types:

Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Grief & Loss Recovery

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Grief Recovery Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False

Description:

Grief Recovery Group is for inmates dealing with losses past and present that may include death, family separation, faith, or growing up in an abusive home. The course addresses the effect of incarceration and substance abuse on the grief process. The goal is to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose.

Picking up the Pieces; a Workbook for Incarcerated Women.

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Facilities:
YORK CI

Auspices:
Religious Services

Treatment Types:
Family Support (FS);Life Skills (LS)

Domains:
Family

Types:
Family

Program Status:
Active Program Category Level:2

Compendium Program: Grief Recovery Loss

Gender Specific for:MALE; RT Program Code: LG

Open Close:True, Session Group:True, Session Numbers: 6, Evidence Based:True

Description:

Grief Recovery Group is for inmates dealing with past losses that may include death, family separation, loss of faith, or growing up in an abusive home; and the current loss of freedom due to incarceration. The course addresses the effect of incarceration and substance abuse on the grief process, the importance of taking responsibility for one's self, and how to find forgiveness and hope in life. The goal is for the group to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose - making it less likely they will reoffend and become re-incarcerated.

Program will utilize LIFE BEYOND LOSS - a Workbook for Incarcerated Men by Beverly Welo

Facilities:
GARNER CI

Auspices:
Religious Services

Treatment Types:
Education (Ed);Life Skills (LS);Mental Health (MH)

Domains:
Family and Social Support;Substance Abuse and Mental Health

Types:
Family & Social Services;Mental Health

Program Status:
Active Program Category Level:1

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Compendium Program: H.O.N.O.R Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Honesty, Ownership, Nobility, Obligation, Respect. Our mission is to foster a therapeutic environment where incarcerated people can find a space, tools, resources, and education allowing them to recognize and appreciate their personal development and affirm their rehabilitation. Our vision is to create programs thought and co-facilitated by incarcerated people seeking self-improvement, positive change, and transformation of self. The Cheshire C.I. H.O.N.O.R program implements collaborative community structure to establish order and allow all participants in the program to experience how they can contribute to a community, to be a leader, and deal with issues in positive and a civilized manner. This creates a smoother transition for all incarcerated people back into society and reduces the likelihood of recidivism.

Facilities:

CHESHIRE CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Healing Trauma

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:True

Description:

Healing Trauma was developed by Stephanie Covington LCSW. It is a 6-session trauma intervention group designed for women who have been abused. Each session runs for approximately 2 hours and is best facilitated in groups of 10-12 members in a sequentially closed group. The curriculum is available in both English and Spanish. There are 4 session topics which include the process of trauma, power and abuse, grounding and self-soothing, and healthy relationships. There is a strong emphasis on grounding skills. Healing Trauma is particularly designed for settings requiring a shorter intervention. The 6-session curriculum allows young adults and women to have a treatment-oriented program, to include the three core things that both staff and group members need. This includes an understanding of what trauma is, its process and the impact that trauma has on both the inner self (thoughts, feelings, beliefs and values) and the outer self (behavior and relationships).

Facilities:

Connecticut Department of Correction

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Auspices:

Contracted Program;Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns;Family;Relationships

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Health & Wellness

Gender Specific for:MALE; RT Program Code: W3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to assist offenders in basic medication information and compliance, improving communication skills, using effective coping and problem solving skills and improving personal hygiene and Advanced Daily Living Skills (ADL's).

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Family and Social Support;Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Healthy Relationships

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future.

Connecticut Department of Correction

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Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Abuse/Trauma;Relationships;Self Efficacy

Types:
Domestic Violence;Female;Self Improvement;Trauma Informed

Program Status:
Active Program Category Level:3

Compendium Program: Hebrew Language studies

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:
Inmates will learn the Hebrew language.

Facilities:
GARNER CI

Auspices:
Religious Services

Treatment Types:
Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Religious

Program Status:
Active Program Category Level:0

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Compendium Program: Helping Men Recover

Gender Specific for:MALE; RT Program Code: MR

Open Close:True, Session Group:False, Session Numbers: 18, Evidence Based:True

Description:

Helping Men Recover (Stephanie S. Covington, Dan Griffin, Rick Dauer). Is the first gender-responsive, trauma- informed treatment program for me. The materials are grounded in research, theory, and clinical practice. This participant workbook has for modules (self, relationships, sexuality, and spirituality) and allows men to process and record the therapeutic experience. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions. 18 sessions 1.5 hour each

Facilities:

BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Hepatitis B Vaccination Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

Facilities:

MANSON YI;YORK CI

Auspices:

Health Services

Treatment Types:

Medical (Med)

Domains:

Family and Social Support;Self Efficacy

Types:

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CENTRAL OFFICE ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI ,ALL A
Health Education;Medical;Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: High School Diploma Programs

Gender Specific for:BOTH; RT Program Code: 86

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

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Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Health Services

Treatment Types:

Family Support (FS);Medical (Med)

Domains:

Peer Associations

Types:

Health Education;Medical

Program Status:

Active Program Category Level:3

Compendium Program: HIV Support Services

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

Facilities:

Connecticut Department of Correction

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BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Health Services;Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS);Medical (Med)

Domains:

Peer Associations;Substance Abuse and Mental Health

Types:

Health Education;Medical;Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Hospice Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

Facilities:

MACDOUGALL CI;OSBORN CI;YORK CI

Auspices:

Health Services

Treatment Types:

Family Support (FS)

Domains:

Family;Family and Social Support;Housing Safety

Types:

Medical

Program Status:

Active Program Category Level:3

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Compendium Program: Houses of Healing

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A 12-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff;Volunteer Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Self Efficacy

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Houses of Healing Self-Study

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:True

Description:

The Houses of Healing made available in a self-study course for offenders in segregated/restrictive housing units. A 14-week evidence based program in emotional literacy, designed to teach emotional regulation techniques, foster emotional and spiritual growth, and encourage responsibility and accountability for ones self and toward others. Offenders create meaningful narratives of their lives through working toward healing experiences of trauma and grief and learning emotional regulation and practices. The self-study course offers additional support while in segregation/restrictive housing and prepares the offender for returning to general population and reintegration into the community.

Facilities:

YORK CI

Auspices:

Religious Services

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

PROGRAMS & TREATMENT UNIT

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Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: How to be Happy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is an open group designed to educate participants in changing their thought processes in a more positive direction. This psychoeducational group focuses on mental health and life circumstances and supplies the necessary positive skill-sets needed to help change negative thinking and learn how to handle situations and our behavior in ways that produce a more suitable and happy outcome.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Mental Health;Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: Individual Native American Smudging

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This sacred ritual prepares each individual to face the day with hope, peace and tranquility.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Religious Services

Treatment Types:

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Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:1

Compendium Program: Individual Therapy 15,30,45 or 60 minutes.

Gender Specific for:MALE; RT Program Code: GH

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a Garner mental health unit specific program to identify contacts made with inmates by mental health staff for the times indicated.

Facilities:

GARNER CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Individual Treatment Plan

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Individual Treatment Plan

Facilities:

GARNER CI;OSBORN CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

PROGRAMS & TREATMENT UNIT

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Types:

Mental Health

Program Status:

Active Program Category Level:0

Compendium Program: Industry Janitors (CEC)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

One of the services that Correctional Enterprises of Connecticut provides for inmates is the provision of institutional employment by training and supervising a group of industry janitors to insure that the industry area is clean at all times. There are twelve to fifteen janitors employed in various shop locations.

Facilities:

MACDOUGALL CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Inmate Certified Nurse's Aide Program

Gender Specific for:MALE; RT Program Code: CN

Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False

Description:

This program is licensed by the Connecticut Department of Public Health (DPH) with required re-licensure every two years. Classes are 190 hours multi-disciplinary team approach with specific mandated DPH subject matter. The students are taught and prepared so as to qualify them for the certification as a nurse aide (CNA). The main goal of the program is to provide skills to offenders so that they can transition and or assimilate into the healthcare workforce post discharge.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI

Auspices:

Health Services

Connecticut Department of Correction

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Treatment Types:

Education (Ed);Life Skills (LS);Medical (Med)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Inmate Photo Program

Gender Specific for:MALE; RT Program Code: M8

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

All Facility Staff

Treatment Types:

Family Support (FS)

Domains:

Family and Social Support

Types:

Community Service

Program Status:

Active Program Category Level:0

Compendium Program: Inside Out Prison Exchange Program

Gender Specific for:MALE; RT Program Code: PE

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Inside Out Prison Exchange Program increases opportunities for men and women, inside and outside of prison, to have transformative learning experiences that emphasize collaboration and dialog, inviting participants to take leadership in addressing crime, justice, and other issues of social concern.

Facilities:

PROGRAMS & TREATMENT UNIT

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Auspices:
Volunteer Services

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Inside Out Program Extension

Gender Specific for:MALE; RT Program Code: CO

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

Intended for inside students who successfully complete the Inside-Out seminar. the primary goal of this work is to improve written communication and analytical ability.

Facilities:
GARNER CI;ROBINSON CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Integrated Care for Women with Co-Occurring Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a psychiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy , cognitive behavioral therapy and is supported by specially designed 12 step meeting.

Facilities:

Connecticut Department of Correction

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Auspices:

Addiction Treatment Unit

Treatment Types:

Mental Health (MH);Substance Abuse (SA)

Domains:

Mental Health;Substance Abuse

Types:

Addiction

Program Status:

Active Program Category Level:1

Compendium Program: Intercessory Prayer - Protestant

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A time of intercessory prayer that is held weekly.

Facilities:

GARNER CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Islamic Discussion

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly group that focuses on the history of traditions, practices and customs of Islam.

Facilities:

BROOKLYN CI

Auspices:

Religious Services

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Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Islamic Studies

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON VI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Islamic Video

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

Facilities:

BROOKLYN CI;CYBULSKI CI;WILLARD CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Connecticut Department of Correction

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Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jehovah's Witness Bible Study

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities:

CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jehovah's Witness Collective Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Jehovah's Witness worship service.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

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Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jewish Holy Day Observances

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jewish Learning Services

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jewish principles. To reach out to the Jewish population.

Facilities:

BRIDGEPORT CC

Auspices:

Religious Services

Treatment Types:

Unknown

PROGRAMS & TREATMENT UNIT

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Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jewish Sabbath Worship

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

Facilities:

BROOKLYN CI;GARNER CI;HARTFORD CC;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jewish Worship and Study

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Jewish worship followed by study of the Hebrew Bible or Jewish history.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Connecticut Department of Correction

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Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Job Center - Pre-Employment Workshops

Gender Specific for:BOTH; RT Program Code: J1

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

Facilities:

BROOKLYN CI;YORK CI

Auspices:

All Facility Staff;Employment Services;Programs & Treatment Unit

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation;Employment/Financial

Types:

Re-Entry;Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Jumah

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

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Types:

Worship Services

Program Status:

Active Program Category Level:3

Compendium Program: Justice Dance Performance Project - Mom and Kids

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The purpose of this program is to provide mothers the opporhirty to maintain and strengthen their relationship with then children, which wi he to foster bray reunification and bonding_ This will be accomplished by haviig mothers meet with JDPP staff in a group setting weekly and having their children participate in program visits with them up to four times per year, which may contain a shared meal_

Facilities:

YORK CI

Auspices:

Contracted Program;Volunteer Services

Treatment Types:

Unknown

Domains:

Family;Family and Social Support

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Justice Dance Performance Project - MYI

Gender Specific for:MALE; RT Program Code: JD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

JDPP - works with offenders who are fathers, teaching them ways to acclimate while overcoming obstacles of a less than receiving world, continue to persist and ultimately thrive. while teaching them to be vulnerable through performance art and building a bridge to their children.

Facilities:

MANSON YI

Auspices:

Contracted Program;Social Reunification;Volunteer Services

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS)

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Domains:

Education;Family;Family and Social Support;Parenting

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Justice Dance Performance Project- I.AM

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

JDPP is a non-profit organization that encourages creative expression as a way of increasing positive self-change. This JDPP program offers a variety of art activities and discussions based on different themes that change throughout weekly sessions. The program meets weekly within the WORTH program, including mentors, mentees, and staff. Together, the group will explore leadership, trust, communication, connection, and more through writing, movement, visual arts, and song.

Facilities:

YORK CI

Auspices:

Contracted Program;Volunteer Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS)

Domains:

Family and Social Support

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Justice Dance Performance Project: Residency Performance

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group (formerly named Judy Dworin Performance Project) meets weekly from September through June to develop the themes and life stories that are brought to the surface through song, dance, art, and spoken word performance(s) in late June.

Facilities:

CYBULSKI CI;YORK CI

Auspices:

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Volunteer Services

Treatment Types:

Education (Ed);Family Support (FS);Mental Health (MH)

Domains:

Abuse/Trauma;Education, Employment, and Financial Situation;Relationships;Self Efficacy

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Kairos

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a 40-hour faith retreat that is held once a year with monthly reunions.

Facilities:

GARNER CI;MACDOUGALL CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Kairos Reunion

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A monthly two hour reunion that re-inforces the Kairos principles for inmates who have already participated in the 40 hour Kairos Retreat.

Facilities:

GARNER CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Connecticut Department of Correction

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Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Know Your Rights

Gender Specific for:MALE; RT Program Code: KR

Open Close:True, Session Group:False, Session Numbers: 2, Evidence Based:False

Description:

The Know Your Rights program is coordinated by MYI facility staff and facilitated by The Center for Children's Advocacy. Participants learn about their rights with regard to their education, returning to their community, benefits, criminal conviction record, Youthful Offender status, applying for jobs, and attaining a driver's license.

Facilities:

MANSON YI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns;Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: L.E.A.D. Delta Unit

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

LEAD program is to cultivate a restorative community within the prison, fostering growth and understanding among young adults through dialogue, guidance and empathy.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Connecticut Department of Correction

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Domains:

Criminal Attitudes and Behavioral Patterns;Family and Social Support;Neighborhood Problems

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Legion of Mary

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a program which inmates become members of the largest Catholic lay group in the world. The Legion's goals are to form active, educated and charitable Catholics. This is done through a regular program of prayer that emphasizes the rosary and acts of charity. Inmates also do research and presentations on various aspects of the catholic tradition.

Facilities:

BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;ROBINSON CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Library

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

Facilities:

OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Health Services

Connecticut Department of Correction

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Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation;Self Efficacy

Types:

Female;Mental Health;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Life Skills - A New Freedom

Gender Specific for:BOTH; RT Program Code: LS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is offered to the youth population at MYI and York. A New Freedom is a 24 hour curriculum specific to juvenile offenders that will discuss educational subject matter in nutrition and better hygiene, managing money as well as social/behavioral subjects such as criminal values, friends and peers, use of leisure time and how to connect to your community. The program will explore anger management skill building and stress management while teaching coping skills to the participants.

Facilities:

MANSON YI;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education, Employment, and Financial Situation;Employment/Financial;Mental Health;Relationships

Types:

Self Improvement

Program Status:

Active Program Category Level:1

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Compendium Program: Life Skills - Corrigan

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Life Skills: Groups focus on a variety of topics, depending on patient/inmate concerns. Such topics include, but are not limited to, anger management, conflict resolution, self-esteem, problem-solving skills, interpersonal skills, and building life goals, as well as identifying obstacles/resources for life goals. This is a weekly group, which is provided on an ongoing-basis

Facilities:

CORRIGAN CI

Auspices:

Behavioral Health

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Life Skills (Life Lessons @ YCI)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This weekly group encourages offenders to develop good social skills that are appropriate to living in both a therapeutic community and the world. Therapeutic games, readings, role-play, and sharing of life experience are used.

Facilities:

OSBORN CI;YORK CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS)

Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family and Social Support;Parenting;Relationships

Types:

Female;Social Rehabilitation

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Program Status:

Active Program Category Level:3

Compendium Program: Living Free Comprehensive Re-entry Services

Gender Specific for:BOTH; RT Program Code: FL

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program offers an integrated system of care for inmates who have been sentenced to a period of three months or more, who have substance use issues (drug/alcohol score of 3 or higher), co-occurring mental health issues (mental health score of 3 or lower), and physical health concerns (medical score of 1 or higher). The inmates are expected to be released into the greater New Haven community within a four to six-month period of time and must be committed to working with the Living Free Program's Peer Advocates on various re-entry issues and concerns. Living Free will meet with each inmate at their designated facility for a structured four step process to ideally enroll and assess their needs for addiction, mental health, and/or medical treatment and care. If enrolled, the final step of this program is to bring the inmate on an "escorted visit" from their designated facility to the ForDD Clinic to meet with their treatment providers and Peer Advocate for discharge planning prior to their release date. Once released, each inmate is expected to attend weekly appointments with the treatment providers and Peer Advocates at the ForDD Clinic.

Facilities:

NEW HAVEN CC;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Education, Employment, and Financial Situation;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:2

Compendium Program: Mamba Mentality

Gender Specific for:MALE; RT Program Code: KB

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders identify a sports figure, entertainer or popular figure who endured tragedy and triumphed. They overcame their adversities, sacrifices, missed opportunities and failures to become an inspiration.

Facilities:

MANSON YI

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Auspices:

Programs & Treatment Unit

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns;Peer Associations;Self Efficacy

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Manson Youth Council Podcast

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:True, Session Numbers: 5, Evidence Based:False

Description:

MYI Podcast will allow the population to empower each other and develop skill sets for effective communication and interpersonal skills. This is a 10-week series and will teach the population to have an understanding of podcasting methods of communication and its positive influence.

Facilities:

MANSON YI

Auspices:

Programs & Treatment Unit

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education;Peer Associations

Types:

Community Work Group;Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: Marker Plate Manufacturing

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This manufacturing shop is the sole producer of vehicle plates to the Department of Motor Vehicles (DMV). This program provides inmates with an opportunity to work in a setting with all the demands of a private industry job, thus preparing them for a "real world" job. Inmates are required to learn to use hydraulic presses, stamping machines, and painting equipment.

Facilities:

Connecticut Department of Correction

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Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Medicated Assisted Treatment Program

Gender Specific for:BOTH; RT Program Code: RX

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Medication Assisted Treatment (MAT) is a program that combines behavioral therapy with several medication options to treat substance use disorders. MAT programming in the correctional setting has shown to prevent relapse and overdose among offenders who present with opioid and/or alcohol addiction and decrease illicit opiate use and other criminal activity. The DOC MAT program includes counseling, recovery/social supports and training on the use of NARCAN. MAT program participants are then provided NARCAN prior to discharge. The Addiction Treatment Unit (ATU) provide treatment options and will coordinate services with community providers to ensure continuity of care post release.

Facilities:

BRIDGEPORT CC;HARTFORD CC;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse;Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:1

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Compendium Program: Medication Assisted Treatment - MAT

Gender Specific for:BOTH; RT Program Code: A3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

Contracted Program

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:2

Compendium Program: Meditation Group

Gender Specific for:MALE; RT Program Code: ME

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is led by a volunteer with extensive experience in teaching meditation. Basic techniques are introduced, as well as more advanced practice. The group is ongoing and meets weekly.

Facilities:

MACDOUGALL CI

Auspices:

Volunteer Services

Treatment Types:

Life Skills (LS)

Domains:

Self Efficacy

Types:

Self Improvement

Connecticut Department of Correction

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Program Status:

Active Program Category Level:1

Compendium Program: Meditation Group - BCI

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Basic meditation and grounding techniques. inmates may volunteer to sign up for this group.

Facilities:

BROOKLYN CI

Auspices:

All Facility Staff

Treatment Types:

Unknown

Domains:

Anger/Hostility

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Meditation/Prayer

Gender Specific for:MALE; RT Program Code: MP

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:True

Description:

12 Session program teaching meditation as a practice for faith development. This program will teach inmates to develop more self-awareness, cultivate calmness, develop inner wisdom and deepen their faith connection with the Divine.

Facilities:

BRIDGEPORT CC

Auspices:

All Facility Staff

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns;Family and Social Support

Types:

Unknown

Program Status:

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Active Program Category Level:2

Compendium Program: Men's Fraternity

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Men's Fraternity is a Protestant program that teaches practical Christian living principles based on Biblical teaching in a group format, using videos, lectures and workbooks with the goal to help inmates become better husbands, fathers and children.

Facilities:

CYBULSKI CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Mental Health Relaxation Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:True

Description:

A mindfulness based group approach to teach youth to use a variety of DBT and mindfulness skills, such as meditation, grounding, progressive music relaxation, and deep breathing to deal with anxiety, stress and trauma. Appropriate for all age groups and skill levels.

Facilities:

MANSON YI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

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Active Program Category Level:2

Compendium Program: Mental Health Social Skills Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

A group approach to teaching youth basic skills regarding emotional regulation, communication, self esteem, anger management and coping skills. This group is for Mental Health level inmates.

Facilities:

MANSON YI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Mental Health Transition Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The mental health transition group is a short-term group for offenders who are new to the correctional system. In this group, inmates Will learn how to deal with the stress that comes from being in jail. They Will learn skills to not only help them survive but to also function ki healthier ways. They will be able to identify the resources that are available within the system and how to access them.

Facilities:

HARTFORD CC

Auspices:

Behavioral Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Unknown

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Program Status:

Active Program Category Level:3

Compendium Program: Metal Working Shop

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program teaches offenders how to utilize all types of metal working equipment. This including welding equipment; mig & tig, CNC equipment; shears and brakes and various other machinery; grinders, punching machines, notchers, plasma cutting, etc. The shop fabricates many types of metal and sheet metal products; institutional beds, lockers writing tables, vehicle caging & much more, etc. This provides offenders an opportunity to design, layout and fabricate a variety of metal products.

Facilities:

MACDOUGALL CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Methadone Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

To discuss various topics of addiction and recovery.

Facilities:

BRIDGEPORT CC

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

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Program Status:

Active Program Category Level:3

Compendium Program: MHU-Afternoon Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

MHU-Afternoon Group is actually any of the following groups or activities depending on the needs based the needs/level of functioning of the population at the time:

Start Now-usually Mondays and/or Tuesdays

Library-Thursdays when the Librarian is available

Coping Skills-usually Tuesdays and or Thursdays if there is no Library. The group reviews basic skills to utilize in everyday life both while incarcerated and while in the community.

Social Group-usually on Fridays. The members of the group are encouraged to interact positively with each other and use each other and the leader for extra support. Members get to know each other by socializing and relaxing while playing cards, board games, drawing, and engaging in small group discussions.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Mindfulness (MH)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 22, Evidence Based:True

Description:

Group therapy to teach mindfulness strategies and enhance self-regulation and improve coping skills.

Facilities:

GARNER CI;MANSON YI

Auspices:

Mental Health

Connecticut Department of Correction

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Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Mindfulness in Corrections(Recovery)

Gender Specific for:MALE; RT Program Code: CM

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:True

Description:

6-12 Session program teaching mindfulness to inmates to develop more selfawareness, lower recidivism, encourage addiction recovery and develop internal and external peace. Teaching how to increase emotional Intelligents and how to deal skillfully with; anxiety, anger, stress, cravings.

Facilities:

BRIDGEPORT CC;CYBULSKI CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:2

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Compendium Program: Modern Media for Motivational Discussion and Concepts

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 2, Evidence Based:False

Description:

The objective of the; Modern Media for Motivational Discussion and concepts is to utilize media to enhance individual teaching and learning. Media like many other teaching techniques can be used judiciously in the learning process. It can be utilized to motivate discussions, or lock in concepts. According to the Fair Use Act, exemption of teaching and educational use of materials (including film) from copyright prohibitions. (17 U.S.C. Section 110(1)). The concept would utilize television (Channel 12/13) to display video footage for learning purposes. Movies can be selected to review. Participants will answer questions related to learning new concepts, and motivational discussion with an educational purpose. The participant will be provided a questionnaire, that reflects on media viewed.

Facilities:

MACDOUGALL CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Education

Program Status:

Active Program Category Level:2

Compendium Program: Mood Disorders Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

Facilities:

MANSON YI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

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Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:0

Compendium Program: M-TREM: Men's Trauma Recovery and Empowerment Model

Gender Specific for:MALE; RT Program Code: MT

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False

Description:

M-TREM is a 24 session group that meets twice a week, and is divided into four parts. It is a gender-specific, educational, skills oriented group, designed to address trauma. The group's emphasis is on making connections between abuse histories and current functioning and on assisting with recovery skill development.

Facilities:

CYBULSKI CI

Auspices:

Mental Health

Treatment Types:

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Family and Social Support;Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:1

Compendium Program: Music Therapy: Intro

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self image, emotion regulation and interpersonal relationships. During the intro program, youth will gain basic knowledge of recording equipment, music structure, music instruments and will begin to create music through the use of recordings and/or playing instruments.

Facilities:

MANSON YI

Auspices:

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Treatment Types:
Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Music Therapy: Music Legends

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self- image, emotion regulation, and interpersonal relationships. During the Music Legends program, youth will gain advanced knowledge of mixing and producing music as well as learning to play instruments. Youth will be given more advanced writing topics to utilize in group to help with continuing to gain insight and promoting health self- expression. Youth in this program will have the opportunity to be mentors to lower levels of the music therapy program.

Facilities:
MANSON YI

Auspices:
Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:3

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Compendium Program: Music Therapy: Rising Stars

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive change in the youths' self- image, emotion, regulation and interpersonal relationships. During the Rising Stars program youth will gain more in depth knowledge of beat making, recording original songs, and learning to play instruments. Youth will also begin to analyze lyrics and musical components of songs. Youth will begin to expand song topics that are utilized to help gain insight and promote healthy self- expression.

Facilities:

MANSON YI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: MYI Community Council

Gender Specific for:MALE; RT Program Code: CC

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

Selected participants are led by staff in the discussion of issues that concern the Manson Youth Institution (MYI) community. The young men will have the opportunity to talk about what is on their mind.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

Peer Associations

Types:

Unknown

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Program Status:

Active Program Category Level:3

Compendium Program: National Prison Debate League (NPDL)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Coaches from the National Prison Debate League meet virtually with a team of 6 inmate participants once a week for 12 weeks. Coaches teach the participants about debate rules and techniques, which develop academic, social, public speaking, and other skills. At the end of the coaching sessions, the debate team competes live against a collegiate debate team. This group runs 2 sessions per year.

Facilities:

CHESHIRE CI;YORK CI

Auspices:

Contracted Program;Volunteer Group

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education;Peer Associations;Self Efficacy

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Native American Harvest Festival

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

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Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Native American Strawberry Festival

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Native American Video and Discussion

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

Facilities:

BROOKLYN CI;CYBULSKI CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Connecticut Department of Correction

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Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Native American Worship

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious;Worship Services

Program Status:

Active Program Category Level:3

Compendium Program: Native American Worship-Sweat Lodge

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

Facilities:

CHESHIRE CI;MACDOUGALL CI;OSBORN CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Worship Services

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Program Status:

Active Program Category Level:3

Compendium Program: Non-credit Certificate Programs

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

Facilities:

MANSON YI

Auspices:

USD#1

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Academic Education;Career Technical Education

Program Status:

Active Program Category Level:1

Compendium Program: Office of Early Childhood Collaboration

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Office of Early Childhood (OEC) is working collaboratively with DOC on parenting related programs to meet the needs of the female offenders. OEC provides monthly workshops and a parenting attachment group called Circle of Security. The Monthly workshops are facilitated by OEC staff and coordinated by DOC staff to ensure inmate participation. These workshops have various topics pertaining to parenting including literacy, infant behavior and shaken baby syndrome, among others. The Circle of Security group is co-facilitated by an OEC staff member and a DOC staff member. It is an 8 week curriculum-based group. Both programs are voluntary for the offenders.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff

Treatment Types:

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Domains:

Family and Social Support

Types:

Family & Social Services

Program Status:

Active Program Category Level:3

Compendium Program: Office of Early Childhood Parenting Partnership

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False

Description:

The Office of Early Childhood (OEC) offers a variety of parent education and health workshops to incarcerated inmates. They offer a 6-week parenting workshop and 12 weeks of wellness workshops. OEC offers support to Cybulski CI by utilizing the nurturing family network (NFN). Fathering Home staff will facilitate workshops/groups. The OEC also offers support to the re-entry population with children under the age of six (6), to get connected with NFN home visiting program services/groups within their respective communities.

Facilities:

CYBULSKI CI

Auspices:

Mental Health

Treatment Types:

Education (Ed);Family Support (FS)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Office of Early Childhood Parenting Workshop 24/7 Dad

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

The Office of Early Childhood (OEC) facilitates a 6-week parenting class for all men in a parenting role such as dads, step dads, grandfathers, and uncles. The workshops are aimed to provide support and training in a variety of subjects to include communication, healthy emotions, self discipline, and co-parenting.

Facilities:

CYBULSKI CI

Connecticut Department of Correction

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Auspices:

Parenting Unit- Facility Staff;Volunteer Services

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation;Family and Social Support

Types:

Family

Program Status:

Active Program Category Level:3

Compendium Program: Outside Clearance

Gender Specific for:BOTH; RT Program Code: L4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation;Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Over 40, Over 50 Wellness Program

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed for offenders over 40 and over 50 who want to participate in activities with people of the same age. Offenders can participate in weight training, handball, paddleball, basketball, Ping-Pong, and yoga without feeling pressure to compete with younger offenders. Upon admission to the program offenders are assigned a partner to start their exercise program slowly. From that point, they are able to increase stamina and activity levels. Information regarding specific fitness and health issues is also available to them.

Facilities:

MACDOUGALL CI

Auspices:

Recreation Services

Treatment Types:

Life Skills (LS)

Domains:

Peer Associations

Types:

Recreation

Program Status:

Active Program Category Level:0

Compendium Program: Overeater's Anonymous

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

Facilities:

YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Unknown

Domains:

Unknown

Types:

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Addiction;Mental Health;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Parenting from the Inside: Making the Mother-Child Connection

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Parenting from the Inside is a 9-week, open group. The curriculum is based in Cognitive Behavioral Therapy (CBT) to provide psycho-education and build skills. Women will learn ways to manage their own emotions in order to respond in the best way to their child. They will learn skills to strengthen/develop a relationship with their children through topics that are specific to the Prison environment.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Family and Social Support

Types:

Family

Program Status:

Active Program Category Level:3

Compendium Program: Parenting-How to Be a Responsible Mother

Gender Specific for:FEMALE; RT Program Code: 38

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

This program is designed to help inmates with children become responsible parents. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff

Treatment Types:

Education (Ed);Family Support (FS)

Domains:

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Education, Employment, and Financial Situation;Family and Social Support

Types:

Education;Employment;Family;Financial

Program Status:

Active Program Category Level:3

Compendium Program: Pathway Home

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 20, Evidence Based:False

Description:

The Pathway Home Program is conducted by Career Resources Inc. The goal of the Pathway Home Program is to provide reentry and employment programming to eligible, incarcerated individuals before their release. The program includes pre-release and post-release work to include workforce development training and reentry case management.

Facilities:

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Patient Care Assistant

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Patient Care Assistant training and skills program provide education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 3 weeks training across 6 specialty job services in healthcare. This program teaches and prepares inmate workers interested in nursing services. PCA's may become eligible to join the CNA program after maintaining good conduct and successful work reports. Training includes confidentiality, body mechanics, using medical asepsis for infection control, weights, and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in level 2 specialty pay for placement as a PCA in a facility job classification.

Facilities:

Connecticut Department of Correction

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Auspices:

Employment Services;Health Services

Treatment Types:

Education (Ed);Life Skills (LS);Medical (Med)

Domains:

Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Peer Mentor Program

Gender Specific for:MALE; RT Program Code: PM

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

Facilities:

BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Peer Associations;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:3

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Compendium Program: Peer Mentorship - MYI

Gender Specific for:MALE; RT Program Code: PF

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders learn how to facilitate groups for one another. Participants identify leadership and mentorship skills. Participants focus on positive peer interventions and creating safe environments to communicate effectively.

Facilities:

MANSON YI

Auspices:

Programs & Treatment Unit

Treatment Types:

Behavior Modification (BM);Education (Ed)

Domains:

Criminal Attitudes and Behavioral Patterns;Peer Associations

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: PEP - People Empowering People

Gender Specific for:BOTH; RT Program Code: 93

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

Facilities:

BROOKLYN CI;CHESHIRE CI;GARNER CI;YORK CI

Auspices:

Contracted Program;Volunteer Services

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Antisocial Attitudes;Antisocial Friends;Family and Social Support;Parenting;Self Efficacy

Types:

Self Improvement

Program Status:

Active Program Category Level:3

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Compendium Program: Poetry in Motion

Gender Specific for:MALE; RT Program Code: PO

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Exploration of poetry and Song lyrics across different genres that participants identify as conveying movement or beauty in motion. Participants identify and relate meaning to others in the group.

Facilities:

MANSON YI

Auspices:

Programs & Treatment Unit

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns;Education;Peer Associations

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Post Traumatic Stress Group

Gender Specific for:MALE; RT Program Code: PO

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group assists the inmate to deal with past life traumas that influence the quality of life of the inmate. It utilizes relaxation technique, group discussion and conflict resolution.

Facilities:

GARNER CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Prayer Class - Islamic Faith

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a seminar that teaches inmates how to make prayers according to the Prophet Muhammad (peace be upon him).

Facilities:

BROOKLYN CI;NEW HAVEN CC;OSBORN CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Pre-natal Education

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Pre-natal group offers weekly childbirth education classes to all pregnant York CI inmates. The group facilitator is a Doula from The Office of Early Childhood development (OEC). The program topics include: nutrition, exercise, growth and development of baby, maternal changes with pregnancy, drug and alcohol use in pregnancy, signs & stages of labor, comfort techniques and pain medications, informed choice, postpartum care, newborn bonding, breast vs. bottle feeding, birth control and family planning, hospital protocols and Doulas. The postpartum group is available to all female offenders that have given birth while incarcerated or very recently in the community. The group is facilitated by OEC Doulas. The participants are educated on what types of physical and hormonal changes to expect after delivery and how to best take care of themselves during this transition. the labor coach program is a collaborative effort between OEC Doulas and Lawrence and Memorial Hospital (L&M) staff in conjunction with York CI High Risk Infant program. OEC Doulas are trained to work specifically with inmate patients delivering babies at L&M Hospital.

Facilities:

YORK CI

Auspices:

Health Services;Volunteer Services

Treatment Types:

Connecticut Department of Correction

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Domains:

Family;Family and Social Support;Parenting

Types:

Health Education

Program Status:

Active Program Category Level:3

Compendium Program: Print Shop

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This shop operates a variety of printing equipment including two-color and four-color printing presses, desktop publishing computers and high-speed bindery equipment. Inmates assigned to this shop learn a skill that is easily transferred to the outside job market.

Facilities:

OSBORN CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Prison Fellowship Academy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Academy is an intensive in-prison 12-month program that prepares participants to be positive members of their communities inside and outside of prison. Utilizing the evidence-based Change Companies® Getting It Right Reentry Series curriculum and practices, and other curricula, the Academy focuses on six (6) core values of good citizenship: productivity, responsibility, integrity, community, affirmation and restoration.

Facilities:

YORK CI

Auspices:

Connecticut Department of Correction

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Treatment Types:

Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Prison Fellowship Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group uses material from the Prison Fellowship Weekly Lesson Plan Guide and the Bible. It meets weekly.

Facilities:

BROOKLYN CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Prison S.M.A.R.T. (NHCC)

Gender Specific for:MALE; RT Program Code: PT

Open Close:True, Session Group:False, Session Numbers: 18, Evidence Based:False

Description:

Stress Management and Rehabilitative Training which teaches skills for reducing stress, healing trauma, and providing knowledge of how to handle one's emotions. The program teaches advanced breathing practices that create dynamic cleansing effects on the body and the mind. The course is approximately 18 hours in duration and will be taught at one hour intervals by a volunteer, who is currently teaching stress management as part of the Smoking Cessation Project.

Facilities:

Connecticut Department of Correction

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Auspices:

Volunteer Services

Treatment Types:

Aggression Replacement Training (ART)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Problem Sexual Behavior Evaluation

Gender Specific for:BOTH; RT Program Code: S1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True

Description:

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

Facilities:

BROOKLYN CI;MACDOUGALL CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Behavioral Health

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns;Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

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Compendium Program: Project Reentry

Gender Specific for:MALE; RT Program Code: RE

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

In collaboration with the Northwest Regional Workforce Investment Board, the population will participate in vocational training, earn certificates or credentials and engage in soft skills training in an effort to be best prepared for reentry. Participants will explore various careers, complete interest inventories, and skills assessments.

Facilities:

MANSON YI

Auspices:

Contracted Program

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Protestant - Alpha Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Alpha program is a course in basic Christianity based upon biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;ROBINSON CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

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Active Program Category Level:3

Compendium Program: Protestant Bible Study

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Bible Study (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;NEW HAVEN CC;OSBORN CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

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Active Program Category Level:3

Compendium Program: Protestant Choir

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

Facilities:

CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Family and Social Support

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Choir

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This choir both enhances the religious liturgies and adds a level of veneration to services.

Facilities:

CYBULSKI CI;OSBORN CI;ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

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Compendium Program: Protestant Church Leadership Course

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

College level program offered through Midwestern Baptist Theological Seminary to increase inmates' knowledge of their faith and prepare them for lay leadership roles in the local church. Inmates who successfully complete 10 - three credit courses will earn a diploma in Biblical Studies.

Facilities:

CYBULSKI CI;WILLARD CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Academic Education;Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Communion Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a sacramental service that offers the administration of the -Lord's Supper-.

Facilities:

HARTFORD CC;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

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Compendium Program: Protestant Discipleship Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

Facilities:

CYBULSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Prison Fellowship Seminar

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekend faith development seminar held twice yearly.

Facilities:

BROOKLYN CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

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Compendium Program: Protestant Sacrement of Baptism Preparation

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A course of studies to prepare inmates for Baptism into the Christian community.

Facilities:

NEW HAVEN CC;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

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Compendium Program: Protestant Service (Spanish)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service conducted in Spanish.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Worship Services

Program Status:

Active Program Category Level:3

Compendium Program: Protestant Support Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.

Facilities:

CYBULSKI CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

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Compendium Program: Quinnipiac University Courses

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Quinnipiac University provides qualified offenders with opportunities to participate in for-credit undergraduate courses while incarcerated at York CI. In order to qualify for the program, the participating offender must have a high school diploma or GED equivalency.

Facilities:

ROBINSON CI;YORK CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed)

Domains:

Education;Self Efficacy

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Quranic Studies

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Qu'ran readings are reviewed with inmates. It is an informal group that is open to current issues pertaining to the Islamic faith and their application.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;ROBINSON CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

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Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Religiously Required Observations (Annual)

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: RAMP- Restorative Justice Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

RAMP is a 3 phase restorative justice program that utilizes restorative practices in order to repair the relationship that have been negatively impacted as a result of an incident through reflection, accountability, and mediation. Participants will reflect: The juvenile will complete an assignment that forms the foundation of all forms of restorative practices and aims to discover the root cause (s) of challenging behavior, determine impact, repair harm, and restore relationships and the community. Accountability: The juvenile will speak with staff to focus on repairing the harm that was done to the individuals involved in the incident. An additional assignment will be completed that addresses his disciplinary behavior with a focus on anger management, victimization, and the importance of following rules. Mediation: The juvenile will complete an assignment in order to prepare for the mediation process with the impacted parties. The participant will then focus on the continued repair of the community that includes scenarios that may present future conflict. The goal is for the juvenile to apply what he has learned in future situations to avoid conflict.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

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Domains:

Criminal Attitudes and Behavioral Patterns;Peer Associations

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Rational Behavior Therapy

Gender Specific for:MALE; RT Program Code: GU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program helps offenders learn the symptoms of mood disorders and how to identify their own symptoms and negative self-talk. Offenders also learn what behavior helps to stabilize their moods to increase their own positive self-talk.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Criminal Attitudes and Behavioral Patterns;Family and Social Support;Substance Abuse and Mental Health

Types:

Mental Health;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Recreation

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to those offenders housed on the mental health unit. The offenders are accompanied by mental health staff to the gymnasium, where they engage in physical activities designed to build self-esteem and group cohesion.

Facilities:

YORK CI

Auspices:

Health Services;Recreation Services

Treatment Types:

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Domains:

Self Efficacy

Types:

Female;Mental Health;Recreation;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Recreation Leaders

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:True

Description:

Process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach to improve the quality of life and well-being of you. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. Youth will gain advanced knowledge of leisure management, healthy communication through leadership, positive coping techniques to encourage self-efficacy, and relationship building through team collaboration.

Facilities:

MANSON YI

Auspices:

Behavioral Health;Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)

Domains:

Family and Social Support;Neighborhood Problems

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Recreation Therapy: Intro

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:True, Session Numbers: 8, Evidence Based:True

Description:

Recreation Therapy is a process group that is facilitated by Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional, and social approach to improve the quality of life and well-being of youth. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During the intro program, youth will gain awareness of leisure skills, healthy decision making through autonomy, positive coping techniques to support emotional and self-regulation and constructive relationship building.

Facilities:

MANSON YI

Auspices:

Behavioral Health;Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:

Neighborhood Problems;Self Efficacy

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Recreation Therapy-Re-Creators

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:True

Description:

This is a process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach but are not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During this program you will gain increased knowledge of applied leisure education, healthy communication styles, positive coping techniques to encourage self-expression, and relationship building through peer-to-peer support.

Facilities:

MANSON YI

Auspices:

Behavioral Health;Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)

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Domains:

Family and Social Support;Neighborhood Problems

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Re-Entry and Discharge Planning

Gender Specific for:BOTH; RT Program Code: M1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:

Unknown

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial;Housing Safety;Substance Abuse

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Reentry Services and Identification Procurement

Gender Specific for:BOTH; RT Program Code: 0

Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

Facilities:

Connecticut Department of Correction

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Auspices:

Programs & Treatment Unit

Treatment Types:

Unknown

Domains:

Unknown

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Reflections

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is a two hour weekly program in an open format. Designed to have attendees reflect and understand the negative impact crimes and violence have on families and communities. Attendees will gain a sense of empathy and responsibility for the families and communities they come from. Attendees will also gain greater understanding of their values, self-concept and constructive self-disclosure with hopes of reducing crime and recidivism by becoming productive members of their communities and realizing that the man in the mirror is not the best reflection of themselves.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns;Family and Social Support

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Rehab Therapy for Juvenile Offenders (MH 3&4)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

Rehab Therapy Juvenile offender groups are process groups that are facilitated by a Rehabilitation Therapist (Recreational Therapist) which promote physical and mental health that encourage positive changes in the individual's emotional regulation, and physical wellness. Therapy groups focus on physical activities where the youths are working in teams to create healthy communication and team building techniques, to promote healthy relationships within the unit. during the program, individuals will also gain knowledge of weight training equipment, to promote healthy ways to relieve stress.

Facilities:

MANSON YI

Auspices:

Behavioral Health;Programs & Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)

Domains:

Neighborhood Problems

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Reintegration Unit

Gender Specific for:MALE; RT Program Code: RU

Open Close:True, Session Group:False, Session Numbers: 999, Evidence Based:False

Description:

The Reintegratin Unit at Willard Cybulski is a 110 bed unit for men who will be entering the community in the next 6 months to 4 years. The goal of the unit is to offer personalized programming and services to assist the men with their successful reintegration back into society. The final goal of the program is to break the cycle of recidivism and to help the man live successfully and happy in the community.

Facilities:

CYBULSKI CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

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Criminal Attitudes and Behavioral Patterns;Education, Employment, and Financial Situation;Family and Social Support;Neighborhood Problems;Peer Associations

Types:
Family

Program Status:

Active Program Category Level:0

Compendium Program: Relapse Prevention/Discharge Group

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to prepare the offender to return to the general prison population, prevent relapses, and to help the offender monitor their mental state while on discharge status.

Facilities:
GARNER CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Medical;Mental Health;Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Restorative Justice Circles

Gender Specific for:MALE; RT Program Code: RJ

Open Close:True, Session Group:True, Session Numbers: 1, Evidence Based:False

Description:

Restorative Justice Circles is a community based group focused on building peer relations, group cohesiveness, and better understanding of one another. The topics for the group are issues that affect their daily lives while incarcerated and in the community. Group topics may include healthy relationships, coping skills, current events, emotion regulation/ expression. youth are encouraged to express their individuality and have their voices heard in a safe milieu. At times youth have the opportunity to choose group topics and lead the group.

Facilities:
MANSON YI

Auspices:
Mental Health

Treatment Types:

Connecticut Department of Correction

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Domains:

Criminal Attitudes and Behavioral Patterns;Peer Associations

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Sacramental Preparation (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a course of studies conducted in Spanish.

Facilities:

NEW HAVEN CC

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Sacramental Preparation- Catholic

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

Facilities:

CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Religious Services ;Volunteer Services

Treatment Types:

Unknown

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Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: School Record / Transcript

Gender Specific for:BOTH; RT Program Code: I4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Second Act

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The group is a process group that allows members to share any struggles or concerns with trained psychotherapists and utilize the opportunity to receive group support, feedback, and perspectives in a therapeutically safe environment.

Facilities:

MANSON YI

Auspices:

Behavioral Health

Treatment Types:

As of :03/04/2024

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Domains:

Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Second Chance Education Alliance

Gender Specific for:MALE; RT Program Code: SE

Open Close:True, Session Group:True, Session Numbers: 15, Evidence Based:False

Description:

The Second Education Alliance is a non-profit organization that offers non-accredited college level courses to offenders with a high interest in obtaining education beyond high school. Current course offerings include Philosophy & Literature, Network Design, Civics, Poetry, Science & Engineering, Economics, and Latin History & Literature.

Facilities:

MACDOUGALL CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Second Chance Pell Program

Gender Specific for:BOTH; RT Program Code: 2P

Open Close:True, Session Group:False, Session Numbers: 35, Evidence Based:False

Description:

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;YORK CI

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Auspices:

Contracted Program;Volunteer Services

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Education

Program Status:

Active Program Category Level:1

Compendium Program: Seeking Safety

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 25, Evidence Based:True

Description:

Seeking Safety is an evidence based, present- focused, coping skills therapy to help people attain safety from trauma and/ or substance abuse. It is an extremely safe treatment model as it addresses trauma and addiction, but without requiring participants to develop into the trauma narrative.

Facilities:

CHESHIRE CI;HARTFORD CC;MACDOUGALL CI;YORK CI

Auspices:

Mental Health

Treatment Types:

Cognitive Behavioral Therapy (CBT);Mental Health (MH);Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Mental Health Services/Treatment

Program Status:

Active Program Category Level:3

Compendium Program: Self-Esteem

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group employs psycho-education, cognitive behavioral intervention, and expressive modalities to help participants address self-esteem deficits, and develop improved self-esteem. It is part of the Safe Passage Program.

Facilities:

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Auspices:
Health Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Mental Health;Self Efficacy

Types:
Female;Mental Health;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Sex Treatment Program - York CI

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Sex Treatment Program is a specialized program open only to offenders with sex-offender charges. The program is provided by mental health staff with specialized training in the treatment of sex offenders. It deals with both specific behavioral issues typical of the offense and the likely underlying individual issues. This is both a supportive group and a highly structured psycho-educational group. It is an integral part of the state wide Sex Treatment Program.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Behavior Modification (BM);Mental Health (MH);Victim Impact (VI)

Domains:
Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse and Mental Health

Types:
Self Improvement;Sex Offender

Program Status:
Active Program Category Level:1

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Compendium Program: Short Track Problem Sexual Behavior Group

Gender Specific for:BOTH; RT Program Code: ST

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:True

Description:

Utilizing the risk, need, responsivity model inmates are accessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

Facilities:

BROOKLYN CI;MACDOUGALL CI;ROBINSON CI;YORK CI

Auspices:

Behavioral Health

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns;Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Skills of socialization

Gender Specific for:MALE; RT Program Code: 0

Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False

Description:

The Skills of Socialization program is a 12 week program utilizing skills from Addiction Services, Mental Health, Religious Services, Reentry Education Services, Inmate input and outside speakers. Skills of Socialization facilitates change in male inmates to work on character development and positive peer pressure to get offenders to consider the impact of their crime on family, community, victims, and self.

Facilities:

MANSON YI

Auspices:

Volunteer Services

Treatment Types:

Connecticut Department of Correction

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Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns;Family and Social Support

Types:

Unknown

Program Status:

Active Program Category Level:0

Compendium Program: Sleep Hygiene - Corrigan

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Groups focus on sleep enhancing strategies such as avoiding naps and caffeine. Other sleep-enhancing strategies include providing education with regard to the benefits of regular exercise, developing a regular sleep/routine, establishing a relaxing bedtime routine, stress/anxiety reduction, using the bed only for sleep, deep breathing/progressive muscle relaxation, and going to bed only when tired. This group is provided as needed.

Facilities:

CORRIGAN CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: SMART Recovery

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 20, Evidence Based:True

Description:

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MANSON YI;WILLARD CI;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Family and Social Support;Substance Abuse

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: SMARTS: Stress Management & Relaxation Techniques

Gender Specific for:MALE; RT Program Code: WA

Open Close:True, Session Group:False, Session Numbers: 3, Evidence Based:False

Description:

A 3 session program offered 1 time a week where offenders will learn various techniques to decrease their stress level and increase their awareness of healthy relaxation techniques. Offenders may be educated in the use of deep breathing exercises, guided imagery, meditation, progressive muscle relaxation and a simplified form of cognitive behavioral therapy to enhance their ability to cope with incarceration.

Facilities:

ROBINSON CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS);Mental Health (MH)

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Domains:

Family and Social Support;Substance Abuse and Mental Health

Types:

Mental Health;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Social and Coping Skills

Gender Specific for:MALE; RT Program Code: SS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Psycho-educational groups which focus on helping offenders learn to identify and master necessary skills to improve their overall functioning in their daily lives.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Social Skills

Gender Specific for:MALE; RT Program Code: GQ

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed for offenders whom the acquisition of ordinary daily social skills would be valuable for their mental health treatment and rehabilitation. Topics include but are not limited to assertiveness, skills for living in prison, conversation, and telephone protocols.

Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS);Mental Health (MH)

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Domains:

Family and Social Support;Substance Abuse and Mental Health

Types:

Mental Health;Self Improvement;Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: Solitary Garden Project

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Project comes to life through correspondence(letters) between ad FGN staffer or volunteer and an offender, also known as the gardener. Their letters articulate to the FGM what kind of flowers or plants are grown in the garden bed, which is located at the FGM. The gardens become extensions of the offender in the community - creative and positive expressions of beauty and healing that volunteers enact on behalf of the gardener. The size and layout of Artist Jackie Sumell's plot echoes prison cells with "fixtures" made from biodegradable materials that will disappear over time as the plants and flowers mature. The artist focuses her work on the effects of the prison and is interested in the empathy the gardens can help cultivate for the incarcerated.

Facilities:

YORK CI

Auspices:

Volunteer Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Special Education and Pupil Services

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: Spiritual Cultivation- Tending to Your World

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to help inmates build a foundation laid upon spirituality and virtue ethics. By creating a vision and consistent journaling, inmates will learn about their own religion, spirituality, and aspects of mental health. This in turn will give them the skills to understand the world around them and better react to triggers.

Facilities:

BROOKLYN CI

Auspices:

Religious Services

Treatment Types:

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Domains:

Family and Social Support

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: SRG Affiliation - York CI

Gender Specific for:FEMALE; RT Program Code: C9

Open Close:True, Session Group:False, Session Numbers: 32, Evidence Based:False

Description:

Facilities:

YORK CI

Auspices:

Unknown

Treatment Types:

Behavior Modification (BM)

Domains:

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Self Efficacy;Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 1

Gender Specific for:BOTH; RT Program Code: S4

Open Close:False, Session Group:True, Session Numbers: 3, Evidence Based:False

Description:

Phase 1 of the SRG program consists of 3 programs designed to be facilitated on an in cell basis. The 3 components of Phase 1 include Getting Settled and Getting Going, Handling a Crisis and Interpersonal Effectiveness. This program can be modified for specific populations or facility use.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Connecticut Department of Correction

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Domains:

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:

Female SRG;SRG ;Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 2

Gender Specific for:BOTH; RT Program Code: S5

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase 2 of the SRG program consists of two programs. The programs are Anger Management and Choices and Consequences. This program can be modified for specific population or facility use.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:

Female SRG;SRG ;Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 3

Gender Specific for:BOTH; RT Program Code: S6

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase 3 of the SRG program consists of three programs. The programs are Attitudes, Behavior and Choices, Building the Ladder and Unlock Your Thinking. This program can be modified for specific population or facility use.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

Auspices:

All Facility Staff

Treatment Types:

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Domains:

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:

Female SRG;SRG ;Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 4

Gender Specific for:BOTH; RT Program Code: S7

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase 4 of the SRG program consists of 2 programs. The programs are Voices for SRG and How to do your Bid. This program can be modified for specific population or facility use.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Substance Abuse and Mental Health

Types:

Female SRG;SRG ;Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 5

Gender Specific for:BOTH; RT Program Code: S8

Open Close:False, Session Group:True, Session Numbers: 6, Evidence Based:False

Description:

Phase 5 of the SRG program consists of 2 programs. The programs are Relapse Prevention and Bridge Group. This program can be modified for specific population or facility use.

Facilities:

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

Auspices:

All Facility Staff

Treatment Types:

Behavior Modification (BM)

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Domains:

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:

Female SRG;SRG ;Youth SRG

Program Status:

Active Program Category Level:1

Compendium Program: Standing Strong

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS);Mental Health (MH)

Domains:

Housing Safety;Mental Health;Relationships

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Storybook Project

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Storybook Project is a program available for inmates or caregivers with children up to 17 years old.. Volunteers assist inmates in selecting an age-appropriate book to read and record on a CD The books and cds are sent to the children. An inmate may participate as many times as allowed by the volunteers

Facilities:

YORK CI

Auspices:

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Treatment Types:
Family Support (FS)

Domains:
Family and Social Support;Parenting

Types:
Family

Program Status:
Active Program Category Level:3

Compendium Program: Stress Management- MYI

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

This is an eight week group that meets once a week for an hour. The purpose of this group is to teach the group members what causes stress and the negative effects stress has on their daily lives. The group is CBT based where the group members will be taught various stress management skills and gain a better understanding of how stress affects their thoughts, feelings and behavior. The group members will learn the importance of time management, mindfulness, exercise, sleep, diet and relaxation in managing their stress.

Facilities:
MANSON YI

Auspices:
Mental Health

Treatment Types:
Mental Health (MH);Substance Abuse (SA)

Domains:
Substance Abuse and Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:2

Compendium Program: Stress Management

Gender Specific for:MALE; RT Program Code: GR

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to help offenders learn to manage their stress and anger issues both in an institutional setting and on the outside. Some techniques taught include relaxation techniques and facing fear of change.

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Facilities:

GARNER CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS);Mental Health (MH)

Domains:

Family and Social Support;Substance Abuse and Mental Health

Types:

Anger Management;Health Education;Mental Health;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Stress Management-York

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 5, Evidence Based:False

Description:

A five session group providing instruction and practice of Benson's Relaxation response, progressive muscle relaxation, self-hypnosis for sleep induction and introduction to interpersonal conflict resolution.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Mental Health (MH)

Domains:

Abuse/Trauma;Anger/Hostility;Self Efficacy

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: STRIDE

Gender Specific for:BOTH; RT Program Code: WC

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

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Facilities:
YORK CI

Auspices:
Contracted Program

Treatment Types:
Life Skills (LS)

Domains:
Education, Employment, and Financial Situation;Family and Social Support

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Supportive Therapy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family;Housing Safety;Mental Health;Parenting;Relationships;Self Efficacy;Substance Abuse

Types:
Re-Entry

Program Status:
Active Program Category Level:3

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Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Abuse/Trauma;Self Efficacy

Types:

Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: T.R.U.E Choices

Gender Specific for:MALE; RT Program Code: TC

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False

Description:

It is a 15-week program that reviews fundamental DOC topics that focuses on recidivism, relapse prevention, relationships, and cognitive thinking. The program will encourage participants to conduct self- examinations that identify their strengths and weaknesses, necessary lifestyle changes, and plans to reintegrate into their community.

Facilities:

CHESHIRE CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:

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Active Program Category Level:3

Compendium Program: Taleem

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A study of text and themes from the Quran with life application.

Facilities:

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Target Group

Gender Specific for:BOTH; RT Program Code: W1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psycho education is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects people with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

Facilities:

GARNER CI;YORK CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS);Mental Health (MH)

Domains:

Abuse/Trauma;Family and Social Support;Mental Health;Substance Abuse and Mental Health

Types:

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Program Status:

Active Program Category Level:2

Compendium Program: Tarweeh

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a nightly prayer that is conducted during the month of Ramadan.

Facilities:

CHESHIRE CI;MACDOUGALL CI;WALKER RC

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

Compendium Program: Technical Violators Program (ASU-TOP)

Gender Specific for:BOTH; RT Program Code: D4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Addiction Services Unit - Time Out Program (ASU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ASU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

Facilities:

OSBORN CI;ROBINSON CI;YORK CI

Auspices:

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Addiction Treatment Unit;Charlene Perkins Center - Facility Staff

Treatment Types:

Behavior Modification (BM);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction;Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Textile Shop

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the largest of the shops of Correctional Enterprises of Connecticut (CEC). Inmates first assigned to this program spend several months in a training program learning how to operate sewing machines and other equipment used in the manufacture of garments, mattresses and embroidered items. The shop manufactures over 500,000 items annually. In,s learn to work in a high production environment providing quality products in a timely manner.

Facilities:

OSBORN CI;YORK CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry

Program Status:

Active Program Category Level:3

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Compendium Program: The Bridge-Supportive Therapy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Self Efficacy

Types:

Mental Health;Self Improvement;Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: The Red Road to Wellbriety

Gender Specific for:FEMALE; RT Program Code: RR

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:True

Description:

An on-going evidence based program in spiritual growth and emotional literacy, designed to teach emotional regulation techniques, foster emotional growth, and encourage responsibility and accountability for oneself and toward others. Female offenders create meaningful narratives of their lives through working toward healing experiences of past decisions, trauma and grief and learning emotional regulation and practices. Wellbriety is a change in personal identity and values and a visible change in ones relationship with others. It is about Spiritual, physical, emotional, and relational health. This is not accomplished in isolation but in relation to those around us, family, and the community.

Facilities:

YORK CI

Auspices:

Religious Services

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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Domains:

Abuse/Trauma;Mental Health;Relationships;Self Efficacy;Substance Abuse

Types:

Faith Recovery Support Services;Religious

Program Status:

Active Program Category Level:3

Compendium Program: Therapeutic Wellness Program and Wheelchair Program

Gender Specific for:MALE; RT Program Code: TW

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Takes referrals from mental Health. Medical, American with Disabilities Act and Substance Abuse/Addiction Services.

This program has three (3) tracks:

Track 1: Yoga

Track 2: Circuit

Track 3: Wheelchair

Facilities:

MACDOUGALL CI

Auspices:

Recreation Services

Treatment Types:

Life Skills (LS);Medical (Med);Mental Health (MH)

Domains:

Family and Social Support;Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Three Rivers Community College, TRCC

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

TRCC is a community college in Norwich, CT., it offers associate degree and certificate programs as well as healthcare certificate programs and business and industry programming.

Facilities:

MANSON YI;YORK CI

Auspices:

Contracted Program

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Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education;Employment/Financial

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Thresholds

Gender Specific for:BOTH; RT Program Code: 95

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:

CHESHIRE CI;GARNER CI;MANSON YI

Auspices:

All Facility Staff;Contracted Program;Volunteer Services

Treatment Types:

Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Anger/Hostility;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Self Efficacy

Types:

Anger Management;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Tier Four Addiction Services Residential Treatment Program

Gender Specific for:BOTH; RT Program Code: 16

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

Facilities:

OSBORN CI;ROBINSON CI;YORK CI

Auspices:

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Treatment Types:

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Tier I - Addiction Services - Brief Substance Abuse Education Program

Gender Specific for:BOTH; RT Program Code: 13

Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False

Description:

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

Facilities:

HARTFORD CC;MANSON YI;NEW HAVEN CC;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse and Mental Health

Types:

Addiction;Re-Entry

Program Status:

Active Program Category Level:1

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Compendium Program: Tier II Addiction Services Intensive Outpatient Program

Gender Specific for:BOTH; RT Program Code: 14

Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False

Description:

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:

Addiction

Program Status:

Active Program Category Level:1

Compendium Program: Tier Meeting

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Tier meetings meet weekly to discuss matters touching life on the individual tier (24 beds/12 cells). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group. These meetings occur in various housing units at York CI as part of therapeutic community mental health programs.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Mental Health;Self Efficacy

Types:

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Program Status:

Active Program Category Level:3

Compendium Program: Track 1 Problem Sexual Behavior Treatment Group

Gender Specific for:BOTH; RT Program Code: 36

Open Close:True, Session Group:False, Session Numbers: 36, Evidence Based:True

Description:

The Sex Treatment Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

Facilities:

BROOKLYN CI;MACDOUGALL CI;ROBINSON CI

Auspices:

Behavioral Health

Treatment Types:

Cognitive Behavioral Therapy (CBT)

Domains:

Criminal Attitudes and Behavioral Patterns;Mental Health

Types:

Anger Management;Self Improvement;Sex Offender

Program Status:

Active Program Category Level:1

Compendium Program: Transitional Case Management (TCM)

Gender Specific for:BOTH; RT Program Code: MC

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves and their ability to succeed.

Facilities:

BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

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Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Education;Employment/Financial;Housing Safety;Mental Health;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:

Re-Entry

Program Status:

Active Program Category Level:2

Compendium Program: Transitional Linkage into the Community (TLC)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;WALKER RC;YORK CI

Auspices:

Health Services

Treatment Types:

Behavior Modification (BM);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Abuse/Trauma;Employment/Financial;Housing Safety;Mental Health;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:

Health Education;Re-Entry

Program Status:

Active Program Category Level:3

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Compendium Program: Trauma Resolution Program (TRP)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An open group therapy curriculum addressing the physical, emotional, and relational aspects of the healing journey. This group will focus on the after-effects of physical and/or sexual abuse and domestic violence. Women will gain education about trauma and it's impact on one's development, self-esteem, relationships, and sense of safety. Skill building will focus on ways to manage triggers/distress and establish healthy boundaries. This group will provide a foundation for women to pursue trauma therapy, during or after their incarceration.

Facilities:

YORK CI

Auspices:

Safe Passage

Treatment Types:

Mental Health (MH)

Domains:

Family and Social Support

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: TREM: Trauma Recovery and Empowerment Model (Female)

Gender Specific for:FEMALE; RT Program Code: FT

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets in 16 sessions. It constitutes Phase Two of the Change Program. Therefore, it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment,) Phase One. The group is designed as a safe place where women in the group can learn more about trauma and its effect on the person and, importantly, begin sharing their stories.

Facilities:

YORK CI

Auspices:

Mental Health;The Change Group

Treatment Types:

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

Domains:

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CENTRAL OFFICE ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI ,ALL A Abuse/Trauma

Types:

Mental Health

Program Status:

Active Program Category Level:1

Compendium Program: Trinity College Courses

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Trinity College is providing a credit-bearing college seminar entitled "Identity in a Global World" to York CI inmates. The seminar will be provided in a multi-disciplinary format at the rate of one seminar per year. Seminar will include up to fifteen inmates. To be eligible participants must have a high school diploma or GED equivalency.

Facilities:

HARTFORD CC;YORK CI

Auspices:

Contracted Program

Treatment Types:

Education (Ed)

Domains:

Education

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Turning Point Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

In this program specially screened long and short sentenced inmates speak to students (normally juvenile delinquent referrals) about "if they knew then what they know now." Students tour the facility and engage in a group discussion with inmates surrounding the topics of problems, consequences, effects and solutions. The purpose is to deter students in the community from criminal activity in a respectful, non-threatening forum.

Facilities:

GARNER CI

Auspices:

All Facility Staff;Volunteer Services

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Treatment Types:

Life Skills (LS)

Domains:

Family and Social Support;Peer Associations

Types:

Community Service;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Unlock your Thinking: Open your Mind

Gender Specific for:MALE; RT Program Code: 99

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False

Description:

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Re-Entry

Program Status:

Active Program Category Level:2

Compendium Program: Upholstery Shop

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This shop produces new seating; ergonomic chairs, lounge chairs, sofas etc- and re-upholsters used furniture. Offenders receive on the job training in the upholstery trade. These services have been provided to many public libraries and other community based operations.

Facilities:

MACDOUGALL CI

Connecticut Department of Correction

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Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: USD #1 Voc. Ed: Commercial Cleaning

Gender Specific for:BOTH; RT Program Code: 66

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This thirty-week program focuses on basic and advanced commercial cleaning procedures. The program covers the chemistry of cleaning, handling of hazardous and infectious waste, and the basic cleaning procedures for floor, tile, carpeted areas and restrooms. In phase two, the student is taught advanced procedures for maintaining all types of surfaces, as well as the necessary skills to recognize and operate various types of equipment. Graduation from this program can assist inmates in obtaining a job in the community.

Facilities:

CHESHIRE CI;MACDOUGALL CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

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Compendium Program: USD #1 Voc. Ed: Cosmetology/Barbering

Gender Specific for:BOTH; RT Program Code: 69

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students to become licensed barbers and cosmetologists. Course requirements are 1500 hours(Barbering = 1000 hours) of theory and practical experience to qualify for licensure. The barbering program provides experience in the areas of hair cutting and treatment, styling and shaving, human anatomy and physiology; and business practices. A rigorous set of criteria is required for entrance into the program. The classroom is set up to simulate an actual salon environment including appropriate business behavior. Upon completion students receive information about receiving a grant from the Department of Labor to take the state examination when they discharge from the facility. Approval for licensure is determined through the State Board of Health and Addiction Services.

Facilities:

CHESHIRE CI;MACDOUGALL CI;MANSON YI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD #1 Voc. Ed: Culinary Arts

Gender Specific for:BOTH; RT Program Code: 70

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

Facilities:

CORRIGAN CI;GARNER CI;MANSON YI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Connecticut Department of Correction

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Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD #1-Mandatory Education Unit (MEU)

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 446, Evidence Based:False

Description:

SRG designated inmates housed at Garner CI. Youth Education Unit (YDU) are provided with comprehensive educational services. YDU is comprised of a mixture of both special and regular education students and who are between the ages of 18 and 22. the education within YDU prepares students to achieve their GED and/or High School Diploma along with transitional counseling services. Special education students are provided with the services and support required by their Individual Education Plans (IEP). Additionally, all subjects and educational levels are addressed in the daily AM and PM classes offered. Students in the YDU are offered the same number of educational hours as students housed in the general population. Name changed from Youth Development Unit (YDU) 08082016.

Facilities:

GARNER CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Youth SRG

Program Status:

Active Program Category Level:1

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Compendium Program: USD#1 - Voc. Ed: Graphic & Printing Technology

Gender Specific for:MALE; RT Program Code: 75

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures, and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facilities:

MACDOUGALL CI;MANSON YI;ROBINSON CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Community Service;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 0-4)

Gender Specific for:MALE; RT Program Code: 50

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. It is for any individual who has been assessed by the education unit and found to have a grade functioning level between 0-4.

Facilities:

CYBULSKI CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

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Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 5-8)

Gender Specific for:BOTH; RT Program Code: 51

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 9-12)

Gender Specific for:BOTH; RT Program Code: 52

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:

USD#1

Connecticut Department of Correction

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Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)

Gender Specific for:BOTH; RT Program Code: 53

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 College Credit Program

Gender Specific for:BOTH; RT Program Code: 55

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

College Credit opportunities are available through correspondence courses, independent study, credit by exam (CLEP and DSST), and in some cases, college classes are offered by local community colleges.

Facilities:

CHESHIRE CI;ROBINSON CI

Auspices:

As of :03/04/2024

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Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Academic Education;Career Technical Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 English As A Second Language (ESL) / TESOL

Gender Specific for:BOTH; RT Program Code: 54

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

Facilities:

BROOKLYN CI;CORRIGAN CI;HARTFORD CC

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Family Education & Parenting

Gender Specific for:BOTH; RT Program Code: 37

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

Connecticut Department of Correction

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Auspices:

USD#1

Treatment Types:

Education (Ed);Family Support (FS)

Domains:

Education;Family and Social Support;Parenting

Types:

Family;Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: USD#1 GED/High School Diploma

Gender Specific for:BOTH; RT Program Code: 86

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:1

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Compendium Program: USD#1 Voc. Ed: Advanced Manufacturing Machine Technology

Gender Specific for:MALE; RT Program Code: 78

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This course provides students with a basic understanding and training in the fundamentals and principles of machine tooling. Students study units in machine shop safety, math, blueprint reading, physical properties and identification of metals, measuring instruments, hand tools and machinery. A major area of concentration is machine shop measurement. Tools that are included in this areas are: rulers, squares, calipers, dividers, protractors, indicators, and micrometers. Hands-on training for the following machinery is also introduced: engine lathe, band saw drill press, surface grinder, Bridgeport milling machine, and vertical miller. Training includes both set-up and operation of these machines.

Facilities:

ROBINSON CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Business Education

Gender Specific for:BOTH; RT Program Code: 63

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students for entry-level employment requiring basic business skills.

Facilities:

YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

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Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Carpentry

Gender Specific for:MALE; RT Program Code: 65

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

In this program students learn shop safety, the proper use of tools, and terminology related to carpentry. The student drafts a blueprint of a house using basic math skills and calculations used in the construction field. With these skills the student builds a model house to scale following applicable building codes.

Facilities:

CHESHIRE CI;MACDOUGALL CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Community Service;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Computer Education

Gender Specific for:BOTH; RT Program Code: 67

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

Facilities:

MACDOUGALL CI;ROBINSON CI;WILLARD CI

Auspices:

USD#1

Treatment Types:

Connecticut Department of Correction

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Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Drafting CAD/CAM

Gender Specific for:MALE; RT Program Code: 72

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The curriculum includes mechanical/architectural drafting and blueprint reading and is broken-up into two sections: Hands-on and CAD. The hands-on portion of the course takes approximately 6 months to complete and includes the drawing of plans in 2D and 3D. Orthographic, sectional auxiliary, perspective, dimensioning and isometric drawings are a few of the areas covered in this area. The second portion of the course covers Computer Aided Drafting. Drawing fundamentals, rendering, plotting and mesh are some of the units that will be covered. Mathematical computations and problem solving abilities are some key areas that you will develop when working in CAD. Researching part and building specs is necessary when working on assignments. The course takes approximately 1 year to complete and is designed for entry level employment.

Facilities:

ROBINSON CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

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Compendium Program: USD#1 Voc. Ed: Hospitality Operations Technology

Gender Specific for:FEMALE; RT Program Code: 79

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students to work in the field of hospitality. Skill based training for 12 of the major positions of employment within the hospitality industry is available. During this 6 month course, students learn about guest service professionalism, safety and effective communication. The lodging and hospitality industry is a diverse, rapidly growing field. Many opportunities are available for entry level staff who are dedicated to a career in this field.

Facilities:

CYBULSKI CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation;Employment/Financial

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Principals of Manufacturing

Gender Specific for:MALE; RT Program Code: 73

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program provides students with theory-based instruction and hands-on experience in the areas of electronics, electrical circuits, mechanics, pneumatics, hydraulics and computer programming. It also includes repair of equipment to include washing machines, dish washers, electrical hand and bench tools such as lathes, drills, saws, grinders and polishers. Technicians apply their knowledge of programming and installation to repair robots, and related equipment such as programmable controllers, end of arm tools, conveyors and parts orientators. Students use power tools, hand tools, testing instruments and follow manuals' schematic diagrams and blueprints. The Electro-Mechanical program involves working closely with other on-site vocational programs. Buffers are repaired for MacDougall CI, Walker RSMU and Hartford CC. Graduation from this program can assist inmates in obtaining a job in the community.

Facilities:

MACDOUGALL CI

Auspices:

USD#1

Treatment Types:

Connecticut Department of Correction

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Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Small Engine Technology

Gender Specific for:MALE; RT Program Code: 82

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program instructs students in the repair of two-cycle, four cycle and marine engines. It uses both hands-on training and theory classes. Group/individual instruction is offered by a qualified supervisor and periodic tests in theory and practice are administered. This program is very useful to inmates seeking employment in the community.

Facilities:

OSBORN CI;ROBINSON CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Auto Body Technology

Gender Specific for:MALE; RT Program Code: 59

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program emphasizes the fundamentals of safety, welding, straightening, refinishing, mechanical principles, manual skills, framework and good work habits. Students complete 300 hours of theory and 600 hours of shop practice. The program includes safety, metalworking, surface preparation, painting, glass and estimating. This vocational training prepares inmates to acquire a skilled, well-paying job in the community.

Facilities:

MANSON YI

Connecticut Department of Correction

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Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Community Service;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Automotive Technology

Gender Specific for:MALE; RT Program Code: 60

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a technical program designed for students that wish to make a career as an automotive technician. Theory and practical applications of automotive systems and components are studied in detail. Instruction in diagnostic testing, precision measuring tools, and troubleshooting of the automobile are emphasized. This vocational training positions inmates to acquire a skilled, high-paying job in the community.

Facilities:

MANSON YI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Community Service;Re-Entry

Program Status:

Active Program Category Level:1

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Compendium Program: USD#1 Voc. Ed: Building Trades

Gender Specific for:MALE; RT Program Code: 62

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Building Maintenance program teaches the skills and techniques used in many building trades including electrical, plumbing, carpentry, masonry and more. The students learn how to repair and maintain residential and commercial structures and their systems. The knowledge and skills taught will provide the basics needed for related career paths.

Facilities:

OSBORN CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 VOC.Ed Commercial Driver's License (CDL)

Gender Specific for:BOTH; RT Program Code: 56

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Commercial Driver's License (CDL) program is a hands-on career-training program in which students have the opportunity to earn their CT CDL Learner's Permit through the CT Department of Motor Vehicles. Eligibility is determined by guidelines established by the Federal Motor Carrier Safety Administration (FMCSA) in conjunction with the CT DMV. Safety and knowledge training is aligned with Federal guidelines and students also have the opportunity to also engage in virtual practice using a state-of-the-art simulator in various driving scenarios and road conditions.

Facilities:

BROOKLYN CI;ROBINSON CI;YORK CI

Auspices:

USD#1

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

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Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Veterans Service Unit

Gender Specific for:MALE; RT Program Code: VU

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Veterans Service Unit is designed to assist incarcerated veterans through a collaboration between the Connecticut Department of Correction, US and Connecticut State Department of Veterans Affairs, State Vet Centers, the Connecticut Department of Labor and other community-based Veteran organizations to ensure the provision of centralized reentry services and integrated case management responsive to the needs of incarcerated veterans and to ensure a continuum of care from incarceration to release.

Facilities:

CYBULSKI CI

Auspices:

Programs & Treatment Unit

Treatment Types:

Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Criminal Attitudes and Behavioral Patterns;Education, Employment, and Financial Situation;Family and Social Support;Neighborhood Problems;Peer Associations;Substance Abuse and Mental Health

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Vocies Of Our Sons

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Group encourages and promotes self-advocacy and awareness. Empowers youth to use their voices in decision making and conflict resolution.

Facilities:

MANSON YI

Auspices:

Programs & Treatment Unit

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS)

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Domains:

Family and Social Support;Neighborhood Problems;Parenting

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Voice of the Youth Council

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Voice of the Youth Council is composed of the youth population (under 18) and facilitated by unit staff to support communication and self-advocacy in an effort to keep the youth informed and to have their voice heard.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Treatment Types:

Life Skills (LS)

Domains:

Family and Social Support;Peer Associations

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Gender Specific for:BOTH; RT Program Code: 03

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True

Description:

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facilities:

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:

All Facility Staff;Contracted Program;Programs & Treatment Unit;Safe Passage;Volunteer Services

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Treatment Types:

Victim Impact (VI)

Domains:

Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns

Types:

Anger Management;Family;Victim

Program Status:

Active Program Category Level:2

Compendium Program: Voices of Joy Choir

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

Facilities:

YORK CI

Auspices:

Religious Services

Treatment Types:

Unknown

Domains:

Unknown

Types:

Religious

Program Status:

Active Program Category Level:3

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Compendium Program: W.O.R.T.H. Unit

Gender Specific for:FEMALE; RT Program Code: WW

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False

Description:

WORTH UNIT: The women of W.O.R.T. H's objectives are centered on restoration, rehabilitation and reintegration readiness. This restorative community, which resembles and functions more like the outside world than an institution, engages in gender responsive and youth specific strategies that are implemented through collaborations between residents, their families, staff, and the community. The WORTH unit focuses on the fostering of pro-social behaviors and the empowerment of women through the development of critical thinking and decision making skills that enhance women's opportunities to build character and positive community connections. Four Phases: Orientation Phase (14 Days) Restorative Living Phase, Restorative Leadership Phase, Transition Phase

Facilities:

YORK CI

Auspices:

Addiction Treatment Unit;Health Services;Mental Health;Programming Unit - Facility Staff;Religious Services ;Volunteer Services

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:

Criminal Attitudes and Behavioral Patterns;Education, Employment, and Financial Situation;Family and Social Support;Mental Health;Peer Associations;Substance Abuse

Types:

Unknown

Program Status:

Active Program Category Level:2

Compendium Program: Warm Up to the Day (community Meeting)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.

Facilities:

YORK CI

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Auspices:

Health Services

Treatment Types:

Mental Health (MH)

Domains:

Self Efficacy

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Wellness/Health Awareness

Gender Specific for:MALE; RT Program Code: G2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Any offender without disciplinary exclusion introduced to healthy lifestyle exercises. May include Yoga, Expressive Arts Therapy, Stress Management, Nutritional Guidance, etc-

Facilities:

GARNER CI

Auspices:

Recreation Services

Treatment Types:

Mental Health (MH)

Domains:

Substance Abuse and Mental Health

Types:

Recreation

Program Status:

Active Program Category Level:0

Compendium Program: Wesleyan Center for Prison Education

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Center for Prison Education is beginning it's fourth academic year at Cheshire Correctional Institution. This program has offered a wide array of classes spanning the liberal arts of Wesleyan, from Greek Tragedy, Biology, American Intellectual History to Fiction Writing. The inmates are selected through a rigorous applications process of timed essay prompts, interviews and a math exam. The program also engages inmates who were not selected for the college program in a multi-disciplinary college prep workshop run by Wesleyan students.

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Facilities:

CHESHIRE CI;YORK CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:

Academic Education

Program Status:

Active Program Category Level:3

Compendium Program: Women for Sobriety

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The WFS New Life Program is a mutual aid recovery program designed specifically for women's recovery need. The purpose is to help all women find their individual path to recovery through discovery of self. Peer facilitated groups offer the experiences, hopes, and encouragement of other women in similar circumstances_

Facilities:

YORK CI

Auspices:

Addiction Treatment Unit

Treatment Types:

Substance Abuse (SA)

Domains:

Substance Abuse

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Women's Empowerment/Supportive Therapy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is designed to meet the needs of inmate's with acute mental health disorders. This group is mainly psychoeducational as well as providing support to this population. This group focuses on; hygiene, psychotropic medicine management, mental health diagnosis, communication skills, anger management, and healthy relationships. Members are encouraged to provide feedback and support each other in a safe, encouraging atmosphere.

Facilities:

YORK CI

Auspices:

Mental Health

Treatment Types:

Life Skills (LS);Mental Health (MH)

Domains:

Mental Health;Substance Abuse

Types:

Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Woodworking Shop

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This shop currently performs repairs to refinishing on all types of wood furniture. This repair work provides offenders with an opportunity to apply basic woodworking skills that will benefit them upon re-entry to the work force.

Facilities:

MACDOUGALL CI

Auspices:

Correctional Enterprises of Connecticut

Treatment Types:

Education (Ed);Life Skills (LS)

Domains:

Education, Employment, and Financial Situation

Types:

Career Technical Education;Institutional Employment;Re-Entry;Self Improvement

Connecticut Department of Correction

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Program Status:

Active Program Category Level:3

Compendium Program: Workforce Re-Entry

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group will focus on life skills and professional development of individuals to enhance their confidence and improve their employment opportunities. Get a smooth transition into the community and workforce. Connect with a skilled support system, learn money management skills. Supports for technology, work clothing, housing, transportation and childcare.

Facilities:

MANSON YI

Auspices:

Programs & Treatment Unit

Treatment Types:

Family Support (FS);Life Skills (LS)

Domains:

Neighborhood Problems

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Worth Unit Program Mentor

Gender Specific for:FEMALE; RT Program Code: WM

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the York Correctional Institution.

Facilities:

YORK CI

Auspices:

All Facility Staff

Treatment Types:

Unknown

Domains:

Unknown

Types:

Unknown

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Program Status:

Active Program Category Level:0

Compendium Program: Yale Prison Education Initiative

Gender Specific for:MALE; RT Program Code: YP

Open Close:True, Session Group:True, Session Numbers: 15, Evidence Based:False

Description:

The Yale Education Initiative is a higher education program offered to offenders interested in obtaining education beyond a high school level. Courses are both credit bearing and non-accredited. Yale instructors offer courses such as English Composition, Modern Sociology, Visual Arts, Philosophy, Latin and Literature.

Facilities:

MACDOUGALL CI

Auspices:

Volunteer Services

Treatment Types:

Education (Ed)

Domains:

Education, Employment, and Financial Situation

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Young Adult Offender Program

Gender Specific for:MALE; RT Program Code: YD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the Cheshire Correctional Institution.

Offenders in the program will:

Have a daily routine that more closely resembles a schedule on the outside

Have the opportunity to develop life skills in a therapeutic community setting

Be connected with mentors

Develop leadership skills

Work towards personal and professional goals through different programming and access to opportunities

Enhance connections with family and community supports

Facilities:

CHESHIRE CI

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Auspices:

All Facility Staff

Treatment Types:

Aggression Replacement Training (ART);Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Education (Ed);Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Victim Impact (VI)

Domains:

Criminal Attitudes and Behavioral Patterns;Education, Employment, and Financial Situation;Family and Social Support

Types:

Unknown

Program Status:

Active Program Category Level:1

Compendium Program: Young Father's Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to promote responsible fatherhood while emphasizing the development of parenting and co-parenting skills. The parenting skills promoted will exist within the context of a strength based reentry plan that will address the criminogenic needs and responsivity of each young father. Post release comprehensive case management, children and family reunification, family and co-parent assessments will also be provided. This group will be managed by Family Reentry for offenders living in and around the Bridgeport Parole area.

Facilities:

MANSON YI

Auspices:

Volunteer Services

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Family and Social Support

Types:

Unknown

Program Status:

Active Program Category Level:3

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Compendium Program: Young Men's Group- A New Path

Gender Specific for:MALE; RT Program Code: MG

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

The Young Men's Group is a twelve session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self-esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff;Volunteer Services

Treatment Types:

Behavior Modification (BM);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns;Peer Associations

Types:

Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Young Men's Group: Showing the Way

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

The Young Men's Group is a twelve session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings. In the second cycle for participants who previously completed "A New Path", participants act as a positive role models for their peers starting their journey on a new path.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff;Volunteer Services

Treatment Types:

Behavior Modification (BM);Life Skills (LS)

Domains:

Criminal Attitudes and Behavioral Patterns;Peer Associations

Types:

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Program Status:

Active Program Category Level:3

Compendium Program: Youth Specific Facility Based Domestic Violence Program

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Treatment Types:

Aggression Replacement Training (ART);Behavior Modification (BM)

Domains:

Criminal Attitudes and Behavioral Patterns

Types:

Domestic Violence

Program Status:

Active Program Category Level:

Compendium Program: Youthful Offender Mentoring Program

Gender Specific for:BOTH; RT Program Code: 24

Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False

Description:

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

Facilities:

MANSON YI

Auspices:

All Facility Staff;Contracted Program

Treatment Types:

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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Domains:

Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Family;Family and Social Support;Peer Associations;Relationships

Types:

Family;Re-Entry;Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Youthful Offenders Community Meeting

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

Facilities:

YORK CI

Auspices:

Health Services

Treatment Types:

Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Relationships;Self Efficacy

Types:

Female;Self Improvement;Youth;Youth - York CI

Program Status:

Active Program Category Level:3
