

## STATE OF CONNECTICUT DEPARTMENT OF AGRICULTURE

Office of the Commissioner



Bryan P. Hurlburt Commissioner

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## THANKFUL FOR LOCALLY GROWN FOOD

Dress your table with Connecticut Grown this Thanksgiving



(HARTFORD, CT) – Preparations are underway in many homes for the Thanksgiving holiday. Governor Ned Lamont and Connecticut Department of Agriculture Commissioner Bryan P. Hurlburt would like to recognize the many hands that play a role in putting food on your table, including the more than 5,500 farm families in Connecticut.

"Connecticut farmers are an essential segment of our state's economy—but also a critical component to the wonderful food that many of us gather around each Thanksgiving," Governor Lamont said. "That is why, when preparing for this year's Thanksgiving dinner, consider using Connecticut Grown products—from delicious turkey to incredible desserts and other beverages, Connecticut farmers provide families with affordable and nutritious food options. Make this year a true Connecticut Thanksgiving with Connecticut Grown."

According to the National Turkey Federation, 46 million turkeys are eaten each Thanksgiving. Now is the time to place your order for a Connecticut Grown turkey. More than a dozen Connecticut turkey producers can be found at <a href="https://www.ctgrown.gov">www.ctgrown.gov</a> offering fresh or frozen, heritage or grass-fed, pastured raised birds. Nearly all of the ingredients for your appetizers, sides, beverages, and desserts can be found by stopping by a holiday farmers' market, farm stand, farm winery, brewery, or your local grocery store that features products from neighboring farms.





"From a Connecticut Grown turkey to potatoes, winter squash, Brussel sprouts, root vegetables, cranberries, greens, cheese, milk, beer and wine, we can, and do, produce it here," says Department of Agriculture Commissioner Bryan P. Hurlburt. "Farmers are the backbone of our nation and we are fortunate to have a diverse array of agriculture in Connecticut creating a bountiful harvest."

If you are looking for ways to prepare your Connecticut Grown food, there are hundreds of recipes on our Pinterest board for you to try. We have you covered with traditional dishes, modern twists on a long-time favorites, and ideas for using up leftovers. Find those recipes, and more, by clicking here: <a href="https://www.pinterest.com/GrowCTAg/boards/">https://www.pinterest.com/GrowCTAg/boards/</a>

As you sit down with family and friends to celebrate all that you are thankful for, remember to thank a farmer.

PHOTO: Thanksgiving meal featuring Connecticut Grown food.

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