

## **DISCRIMINATION COMPLAINT AGENCIES**

An individual has the right to file his or her complaint of discrimination with any or all of the relevant agencies listed below and with any other state, federal or local agency that enforces laws against discriminatory or illegal employment service. The individual can also simultaneously avail himself or herself of the Department of Motor Vehicles' Complaint of Discrimination Procedure.

### **1. The Connecticut Commission on Human Rights and Opportunities**

#### **Southwest Regional Office**

350 Fairfield Avenue, 6<sup>th</sup> Floor  
Bridgeport, CT 06604  
Tel: (203) 579-6246

#### **West Central Regional Office**

Rowland Government Center  
55 West Main Street, Suite 210  
Waterbury, CT 06702-2004  
Tel: (203) 805-6530

#### **Capitol Region Office & Central Office**

450 Columbus Boulevard, Suite 2  
Hartford, CT 06103  
Tel: (860) 566-7710  
Tel: (860) 541-3400

#### **Eastern Regional Office**

100 Broadway  
Norwich, CT 06360  
Tel: (860) 886-5703

Complaints should be filed with the Commission on Human Rights and Opportunities no later than three hundred (300) days after the alleged act of employment discrimination or from the time that you reasonably became aware of the discrimination.

### **2. The Equal Employment Opportunity Commission**

John F. Kennedy Federal Building  
475 Government Center  
Boston, MA 02203  
Tel: 1-800-669-4000

Complaints should be filed with the Equal Employment Opportunity Commission (EEOC) within one hundred and eighty (180) days from the date of the alleged violation, in order to protect the charging party's rights. The 180-day filing deadline is extended to 300 days if the charge also is covered by a state or local anti-discrimination law. For the Age Discrimination in Employment Act of 1967 (ADEA) charges, only state laws extend the filing limit to 300 days. These time limits do not apply to claims under the Equal Pay Act (EPA), because under that Act persons do not have to first file a charge with EEOC in order to have the right to go to court. However, since many EPA claims also raise Title VII sex discrimination issues, it may be advisable to file charges under both laws within the time limits indicated.

Alternatively:

### **3. CT Commission on Women, Children & Seniors**

18-20 Trinity Street  
Hartford, CT 06106  
Tel: (860) 240-1475

### **4. State of Connecticut: Employee Grievance Procedure**

(Contact Personnel Office or union representatives for Grievance forms and/or procedures).

### **5. Connecticut Labor Department**

Wage and Workplace Standards Division  
200 Folly Brook Boulevard  
Wethersfield, CT 06109  
Tel: (860) 263-6000

### **6. Uniformed Services Employment & Reemployment Rights Act**

(USERRA)  
200 Folly Brook Boulevard  
Wethersfield, CT 06109  
Tel: (860) 263-6490

(OVER)

**7. United States Labor Department**

Wage and Hour Division  
Wm. R. Cotter Federal Bldg.  
135 High Street, Room 210  
Hartford, CT 06103-1111  
Tel: (860) 240-4160

**8. Disability Rights Connecticut**

846 Wethersfield Avenue  
Hartford, CT 06114  
Tel: (860) 297-4300 ext. 120  
Tel: (800) 842-7303 (toll-free in CT)