

From Stigma to Empowerment:

Supporting Women & Families Impacted by Trauma and Addiction

April 12, 2021
12 - 5:00pm
Webinar



Target Audience: Physicians, Nurses, Social Workers and all healthcare professionals working with women and families impacted by trauma and addiction.

Description: Sometimes, those who struggle with addiction have had a traumatic past. Open minds and compassion can help support these individuals and families as they navigate their unique journey to wellness and recovery. This half day virtual conference is intended for medical providers and those who would like to expand their knowledge on providing compassionate care to those impacted by addiction.

Register here: <https://www.school-network.net/Courses/Register/19862>

This educational activity is jointly provided by AXIS Medical Education and The Connecticut Hospital Association in collaboration with Connecticut Department of Children and Families, Connecticut Department of Mental Health and Addiction Services, and Wheeler Clinic.



Agenda

12:00 p.m. – 12:15 p.m.

Welcome and Opening remarks

Mary Cooper, MD, JD, Senior Vice President, Clinical Services, Connecticut Hospital Association

Shelly Nolan, MS, LPC, Director of Women's Services, Connecticut Department of Mental Health and Addiction Services

12:15 p.m. – 1:15 p.m.

Session One: Moving from "What's Wrong?" to "What Happened?": Supporting Women and Families in Recovery

Marilyn R. Sanders, MD, Attending Neonatologist, Connecticut Children's, Professor of Pediatrics, UConn School of Medicine

This activity will focus on using principles of The Polyvagal Theory to support women and families in recovery. The Polyvagal Theory describes how our brain's unconscious sense of our safety, danger, or life threat impacts our feelings, emotions, and behaviors. Polyvagal-informed care recognizes the importance of social engagement and connectedness between providers and persons in recovery to support their safety, security, health and wellbeing.

Learning Objectives:

At the conclusion of this activity, participants should be better able to:

- Describe the role of the unconscious/automatic nervous system in determining our feelings and behaviors.
- List the three states of awareness of the unconscious brain.
- Describe two interventions that positively impact the relationship of the mother in recovery and her infant.

1:15 p.m. - 1:25 p.m.

Break

1:25 p.m. – 2:25 p.m.

Session Two: The Biology of Addiction

Lauren Doninger, Ed.D., LPC, LADC, Professor of Psychology and Drug and Alcohol Recovery Counseling, Gateway Community College

This activity will focus on the disruption of GABA and glutamate that occurs as a result of alcohol dependence. Attendees will examine how alcohol is metabolized and crosses the placental barrier. The consequences of fetal alcohol exposure will be described.

Learning Objectives:

At the conclusion of this activity, participants should be better able to:

- Outline the process of developing tolerance to alcohol and the risks of withdrawal.
- Explain that fetal alcohol spectrum disorder is dose and frequency dependent.

2:25 p.m. - 2:35 p.m.

Break

2:35 p.m. – 3:35 p.m.

Session Three: SBIRT: A Destigmatizing Approach to the Early Identification and Management of Substance Misuse

Bonnie McRee, PhD, MPH, Assistant Professor, Dept. of Public Health Sciences, UConn Health

This activity will provide a broad overview on SBIRT (Screening Brief Intervention and Referral to Treatment), including the public health approach, specific standardized tools, data snapshots, referral practices, the impact on substance exposed pregnancies, and additional opportunities and challenges within the scope of practice.

Learning Objectives:

At the conclusion of this activity, participants should be better able to:

- Describe the public health framework supporting the SBIRT concept in healthcare settings.
- Describe the critical elements of a successful SBIRT program.
- Identify strategies and key challenges to planning and implementing SBIRT services within targeted healthcare settings.

3:35 p.m - 3:50 p.m.

Break

3:45 p.m. – 4:45 p.m.

Until You Know My Journey: A panel discussion with persons with lived experience

Moderated by: Jennifer Chadukiewicz, RCP, EDRC Program Manager, Connecticut Community for Addiction Recovery (CCAR)

4:45 p.m. – 5:00 p.m.

Closing Remarks

Mary Cooper, MD, JD, Senior Vice President, Clinical Services, Connecticut Hospital Association

Shelly Nolan, MS, LPC, Director of Women's Services, Connecticut Department of Mental Health and Addiction Services

ACCREDITED CONTINUING EDUCATION

Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by AXIS Medical Education and the Connecticut Hospital Association. AXIS Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 3.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Credit Designation for Physicians

AXIS Medical Education designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit Designation for Nursing

AXIS Medical Education designates this continuing nursing education activity for 3.0 contact hours.

Learners are advised that accredited status does not imply endorsement by the provider or ANCC of any commercial products displayed in conjunction with an activity.



Social Workers

As a Jointly Accredited Organization, AXIS Medical Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AXIS Medical Education maintains responsibility for this course. Social workers completing this course receive 3.0 continuing education credits.

Quality Professionals

This program is pending approval by the National Association for Healthcare Quality (NAHQ) to provide CPHQ CE credit.

Risk Management

This program is pending approval for a total of 3.0 contact hours of continuing education credit toward fulfillment of the requirements of ASHRM designations of fellow (FASHRM) and distinguished fellow (DFASHRM) and towards certified professional in healthcare risk management (CPHRM) renewal.

Healthcare Executives

ACHE Qualified Education credit must be related to healthcare management (i.e., it cannot be clinical, inspirational, or specific to the sponsoring organization). It can be earned through educational programs conducted or sponsored by any organization qualified to provide education programming in healthcare management. Programs may be sponsored by ACHE, chapters, or other qualified sources, whether the programming is face-to-face or distance offerings (webinars, online seminars, self-study courses, etc.). You will receive a certificate of completion for 3.0 hours.

AXIS Contact Information

For information about the accreditation of this program please contact AXIS at info@axismeded.org.

Disclosure of Conflicts of Interest

AXIS Medical Education requires faculty, instructors, authors, planners, directors, managers, reviewers and other individuals who are in a position to control the content of this activity to disclose all real or apparent conflicts of interest they may have with ineligible companies. An ineligible entity is any organization whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant conflicts of interest are identified and mitigated prior to initiation of the planning phase for an activity.

AXIS has mitigated and disclosed to learners all relevant conflicts of interest disclosed by staff, planners, faculty/authors, peer reviewers, or others in control of content for this activity. Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of a presentation or activity. Disclosure information for faculty, authors, course directors, planners, peer reviewers, and/or relevant staff is provided with this activity.

The **faculty** reported the following relevant financial relationships or relationships they have with ineligible companies of any amount during the past 24 months:

| Name of Faculty or Presenter | Reported Financial Relationship |
|------------------------------|---------------------------------|
| Bonnie McRee, PhD, MPH | Nothing to disclose |
| Lauren Doninger, Ed.D., LPC | Nothing to disclose |
| Marilyn R. Sanders, MD | Nothing to disclose |

The **directors, planners, managers and reviewers** reported the following financial relationships they have with any ineligible company of any amount during the past 24 months:

| Name of Planner/Manager/Reviewer | Reported Financial Relationship |
|--|---------------------------------|
| Mary Reich Cooper, MD, JD | Nothing to disclose |
| Ellen Crowe, RN | Nothing to disclose |
| Donna Novella, RN, MSN | Nothing to disclose |
| Stephanie Bozak | Nothing to disclose |
| Shelly Nolan | Nothing to disclose |
| Bridget Aliaga | Nothing to disclose |
| Holly M. Hampe, DSc., RN, MHA, MRM, CPHQ | Nothing to disclose |
| Dee Morgillo, MEd., MT(ASCP), CHCP | Nothing to disclose |

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Requirements for credit:

- Attend/participate in the educational activity and review all course materials.
- Complete the CE Declaration form online by 11:59 p.m. ET May 12, 2021. The portal will open and the conclusion of the last session on 12/17/20. Instructions will be provided at that time. If you do not enter the online portal by the above date, you will not be able to retrieve your statement of participation.
- Upon successful completion of the online form, your statement of completion will be presented to you to print.