

Advancing Peer Support & Lived Experience Leadership

2021 UPWARD SPIRAL SUMMER SUMMIT



To bring together and strengthen the peer support workforce in CT and beyond. This includes Recovery Support Specialists, Recovery Coaches, Peer Navigators, advocates, activists, and other people working in roles using their lived experience.

JULY 14TH VIRTUAL @1PM - 3PM

Supervision, Co-reflection and Mentorship in Peer Support

Featuring Annette Diaz, Chyrell Bellamy, & Becca Miller



Becca Miller, PhD, is a clinical psychologist and Associate Professor at the Yale School of Medicine, Department of Psychiatry. She works as Director of Peer Support at Connecticut Mental Health Center in New Haven, using her lived experience with mental and Parkinson's Disease to inform her work. Her publications and other scholarship have focused on peer support, person-centered and recovery-oriented approaches, alternative experiential approaches to clinical training, and deprescribing in psychiatry. She co-chairs the psychology section's diversity, equity and inclusion committee and co-authored the book, "Deprescribing in Psychiatry", published by Oxford University Press in 2019

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FUTURE WEBINAR DATES:

Wednesday 7/23 @ 1-3pm "Latinx Cultural Values and Peer Support"

Wednesday 8/11 @ 1-3pm "Power Threat Meaning Framework"



Annette Diaz is a Latina advocate & Recovery Support Specialist, & a Recovery Coach who has been in long term recovery since 2007 from Mental Health, Trauma, being homeless, Residing at the department of corrections, and Substance Abuse. She comes with over 10 years of Professional experience with working at one of the largest behavioral health networks in Eastern CT as the Coordinator of Recovery Support Services. Annette also served as a Trustee for CT Hearing voices movement and played a major role with its development in her state. She believes that when Recovery is understood and embraced that people will have a chance to transform their lives. People in the recovery can be resilient and bounce back into being part of the community. We all deserve this opportunity! "Keep Hope Alive"



Chyrell D. Bellamy, PhD, MSW is an Associate Professor of Yale School of Medicine's Department of Psychiatry, Program for Recovery and Community Health (PRCH) and serves as the Director of Peer Support Services and Research and the Director of the Yale Lived Experience Transformational Leadership Academy (LET(s)Lead).

Dr. Bellamy serves as the Interim Director of the Office of Recovery Community Affairs, Connecticut Department of Mental Health and Addictions Services. She has experience as a frontline service provider, community educator and organizer, community and academic researcher, and as a person with lived experience of trauma, mental illness and addictions. Her expertise includes developing and conducting peer support and community-based research initiatives. She has received various federal and state grants for her research and programs addressing health care and health outcomes for people with mental and physical health conditions and to develop and study peer and community-based approaches. She is known nationally and internationally for her work in developing, implementing and disseminating peer support approaches for organizations and communities.



Questions/Accommodations needed,
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