



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Need Treatment? Call Access at 1-800-563-4086</b>	<b>1</b> ARM 12:30 Gentle yoga 1:45-2:15 NA 7:00	<b>2</b> <b>WRCC Open at Noon</b>	<b>3</b> SMART Recovery 10:00 ARM 12:30 Spanish ARM 1:45 Game Day 3:00	<b>4</b> Writer's group 10:00 ARM 12:30 Recovery Coach Support 3:00 Young People's ARM 7:00	<b>5</b> No Matter What 9:00 WARM 10:00 ARM 12:30	<b>6</b>
<b>7</b> AA: 7:00pm	<b>8</b> Gambling Support 11:00 ARM 12:30 Gentle yoga 1:45-2:15 NA 7:00	<b>9</b> Receptionist Training 10:00 ARM 12:30 Advocacy Training: "Public Speaking" 2:00	<b>10</b> SMART Recovery 10:00 ARM 12:30 Spanish ARM 1:45 Game Day 3:00	<b>11</b> Writer's group 10:00 ARM 12:30 Recovery Coach Support 3:00 Young People's ARM 7:00	<b>12</b> No Matter What 9:00 WARM 10:00 ARM 12:30 Peer Facilitation 1:30	<b>13</b>
<b>14</b> AA: 7:00pm	<b>15</b> ARM 12:30 Gentle yoga 1:45-2:15 NA 7:00	<b>16</b> ARM 12:30	<b>17</b> SMART Recovery 10:00 ARM 12:30 Spanish ARM 1:45 Game Day 3:00	<b>18</b> Writer's group 10:00 ARM 12:30 Recovery Coach Support 3:00 Young People's ARM 7:00 <b>Third Thursday!!!</b>	<b>19</b> No Matter What 9:00 WARM 10:00 ARM 12:30 TED Talk 1:30	<b>20</b> <b>Sign up to get TRS calls! Use the handy code Below!</b>
<b>21</b> AA: 7:00pm	<b>22</b> Gambling Support 11:00 ARM 12:30 Gentle yoga 1:45-2:15 NA 7:00	<b>23</b> Volunteer Orientation 10:00 ARM 12:30 Recovery Coach Support with Phil! 2:00	<b>24</b> SMART Recovery 10:00 ARM 12:30 Community meeting 1:30 Spanish ARM 1:45 Game Day 3:00	<b>25</b> Writer's group 10:00 ARM 12:30 NARCAN Training 1:30 Recovery Coach Support 3:00 Young People's ARM 7:00	<b>26</b> No Matter What 9:00 WARM 10:00 ARM 12:30 TRS Training 1:30	<b>27</b> 
<b>28</b> <b>Hiking Club</b> <b>9:00 AM</b> AA 7:00	<b>29</b> ARM 12:30 Gentle yoga 1:45-2:15 NA 7:00	<b>30</b> ARM 12:30 CCAR Ambassador Training 1:30	<b>31</b> SMART Recovery 10:00 ARM 12:30 Spanish ARM 1:45 Game Day 3:00	<b>HOURS:</b> <b>Mon – Fri</b> <b>8:30am – 4:30pm</b>		

**RECURRING VIRTUAL MEETINGS:**  
**All Recovery Meeting (ARM):** Mon-Fri 12:30pm [Zoom ID: 738 520 747]  
**Friends, Families, Allies Support:** Mondays at 5pm [Zoom ID: 560 608 198]  
**Recovery Capital:** Wednesdays at 10am [Zoom ID: 849 864 80030]  
**Recovery on a High Note:** Wednesdays at 3pm [Zoom ID: 856 929 83103]  
**Parents in Recovery:** Wednesdays at 5:30pm [Zoom ID: 851 3570 7081]  
**Women's ARM:** Fridays at 10am [Zoom ID: 495 736 963]