

October 2022

CCAR
HARTFORD
CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY

198 Wethersfield Avenue
Hartford, CT 06114
(860) 244-3343

Cathy Bergren, Center Manager
Geraldo Rivera, Volunteer Manager

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HOURS: Mon – Fri 8:30am – 4:30pm						1
2	3 9am Vol. Orientation 9:30 Goodwin College 10:30 ARM 12:30 Healthy Living w/ Patrick 3pm ARM	4 CCAR Opens at 12 Noon 2pm Recovery Lifestyles Mtg	5 9:30 ARM 10:30 ARM 11:30 RC Module w/Geraldo	6 9:30 ARM 10:30 ARM 11:30 Community Meeting 1pm Volunteer of the Month Recognition	7 9am Meditation w/Liz 9:30 ARM 10:30 ARM	8
9	10 9am Vol. Orientation 9:30 ARM 11am Advocacy w/Rebecca 3pm ARM	11 9:30 ARM 10:30 ARM 11:45 Receptionist Training	12 9:30 ARM 10:30 DOC Coach Meet n Greet 11:30 RC Module w/Geraldo 12:30 Phoenix Group	13 9:30 ARM 10:30 ARM 2pm Conversation w/Phil	14 9am Meditation w/Liz 9:30 ARM 10:30 ARM 1pm Rock Painting	15
16	17 9am Vol. Orientation 9:30 ARM 10:30 ARM 12:30 Healthy Living w/ Patrick 3pm ARM	18 9:30 ARM 10:30 ARM 11:45 TRS Training	19 9:30 ARM 10:30 ARM 11:30 RC Module w/Geraldo	20 9:30 ARM 10:30 ARM 2pm Crafts w/Dec	21 9 Meditation w/Liz 9:30 ARM 10:30 ARM	22
23	24 9am Vol. Orientation 9:30 ARM 10:30 ARM 11:30 Community Meeting 3pm ARM	25 9:30 ARM 10:30 ARM 11:45 Group Facilitation Training	26 9:30 ARM 10:30 ARM 11:30 RC Module w/Geraldo 12:30 Phoenix Group	27 9:30 ARM 10:30 ARM 2pm Professionalism Training	28 9 Meditation w/Liz 9:30 ARM 10:30 ARM	29
30	31 9am Vol. Orientation 9:30 ARM 10:30 ARM 12pm Halloween Celebration 3pm ARM	RECURRING VIRTUAL MEETINGS: All Recovery Meeting (ARM): Mon-Fri 12:30pm [Zoom ID: 738 520 747] Friends, Families, Allies Support: Mondays at 5pm [Zoom ID: 560 608 198] Parents in Recovery: Wednesdays at 5:30pm [Zoom ID: 851 3570 7081] Women’s ARM: Fridays at 10am [Zoom ID: 495 736 963#]				