

# Advancing Peer Support & Lived Experience Leadership

## 2021 UPWARD SPIRAL SUMMER SUMMIT

### SUMMER SUMMIT (VIRTUAL) June 9<sup>th</sup> @1PM-3PM

### Intentional Peer Support (IPS) In Communities

To bring together and strengthen the peer support workforce in CT and beyond. This includes Recovery Support Specialists, Recovery Coaches, Peer Navigators, advocates, activists, and other people working in roles using their lived experience.



A New Zealander by birth, Chris Hansen is the Director of Intentional Peer Support, and has been co-teaching and developing Intentional Peer Support in the United States and in other countries with Shery Mead for the past fifteen years.

Intentional Peer Support was an integral training in the Parachute Project for New York City from 2012-2015-collaborating with NATM (Needs Adapted Treatment Modalities- an Open Dialog-related approach). She has since participated in the Collaborative Networks Approach (Open Dialog-informed) training run in Vermont.

Intentional Peer Support is a social enterprise owned by Chris Hansen and Shery Mead, working to develop into cooperative structure.

Chris has spent twenty years involved in local, regional, national and international peer support and advocacy initiatives, and in mental health sector planning and politics from a service user perspective. Other roles have included clinical and management roles in both inpatient and outpatient mental health services, leadership within NZ's award-winning anti-discrimination campaign, research for the NZ Mental Health Commission, and involvement in the development of the NZ national mental health strategic plan and workforce development strategy. Chris was a member of the New Zealand delegation to the United Nations for the development of the Convention for the Rights of Persons with Disabilities; has served on the board of the World Network of Users and Survivors of Psychiatry and has played a key role in the development of a number of peer-run crisis alternatives.

### REGISTER TODAY!

[Click here](#)



#### Future Webinar Dates:

June 23<sup>rd</sup> 1-3pm: – Peer Support Values

Questions/If you need an accommodation, please contact Cheri Bragg: [cheri.bragg@ct.gov](mailto:cheri.bragg@ct.gov) ASAP



Ashley Wilksen is currently the Program Coordinator of the Honu Home for the Mental Health Association of Nebraska (MHA). She has been with MHA for 10 years and has successfully participated in the development, implementation, and management of Nebraska's only peer run respite houses. Ashley is a WRAP facilitator and has experience facilitating WRAP in the hospital, schools, and prisons. Ashley is also an Intentional Peer Support facilitator and has completed trainings for MHA staff as well as assisting in developing a new program bringing IPS to prison facilities. Ashley has lived experience with mental health issues, is a trauma survivor and considers Peer Support the avenue for which she is able to maintain wellness, actively work towards healthy relationships and find healing. Ashley has two children, is engaged to be married next year and has a passion for people!