Connect to Services in Your Region:

Region 1
Family and Children’s Agency
Norwalk, CT 06850
Phone: (203) 855-8765, 1-800-676-4066

Region 2
Bridges, Inc.
Milford, CT 06460
Phone: (203) 878-6365

Region 3
United Services
Willimantic, CT 06226
Phone: (860) 456-2261

Region 4
Wheeler Clinic
Plainville, CT 06062
Phone: (860) 793-3500

Region 5
McCall Foundation
Torrington, CT 06790
Phone: (860) 496-2100

Senior Outreach & Engagement Program
Statewide Services/ Older Adults Services

Connecticut Department of Mental Health and Addiction Services
Connecticut Valley Hospital
Shew Hall
P.O. Box 351
Middletown, CT 06457
(860) 262-6966

A program from the Connecticut Department of Mental Health and Addiction Services
Senior Outreach & Engagement

Eligibility Criteria
You are age 55 or older

Program Goal
Provide services in a person-centered, culturally sensitive manner that reduces substance misuse, stabilizes behavioral health symptoms and improves quality of life.

Our Belief
Assisting older adults in remaining integrated in their communities in the least restrictive setting possible.

Senior Outreach and Engagement provides proactive approaches to identify, engage, refer and link older adults to individually tailored community treatment options including:

- Individual Counseling (including in-home counseling)
- Group Counseling
- Referrals for Substance Use Treatment
- Referrals for Mental Health Treatment
- Linkages to Senior Service Networks
- Collaboration with Other Caregivers Including Family Members and Physicians

The program complements existing DMHAS programs that focus on diverting older adults from long-term care and developing home- and community-based services to assist older adults with “aging in place”.

The Senior Outreach and Engagement staff also provide:

- Education and consultation to local agencies to promote integration and collaboration of services for older adults.
- A coordinated system of aftercare for older adults identified by the program.
- Assistance to older adults in identifying strengths and fostering community connectedness.
- Continuity of care for customers in an integrated, coordinated fashion.
- Services that are free and confidential.