

Person Centered Care Planning Questionnaire — Person in Recovery (PIR) Version

Tondora, J., & Miller, R. (2009). Yale Program for Recovery and Community Health.

Please indicate the degree to which you agree or disagree with the following statements about your experiences of care or treatment planning.

The scale ranges from 1 for strongly disagree to 5 for strongly agree, with the following options in between. It also is possible to check DK if you feel you do not know how to rate a specific item.

1	2	3	4	5	DK
Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree	I don't know

		1	2	3	4	5	DK
1.	My provider reminds me that I can bring my family, friends, or other supportive people to my treatment planning meetings.						
2.	I get a copy of the treatment plan to keep.						
3.	My goals are written in my own words in the plan.						
4.	My treatment plan is written so that I can understand it. Words that I don't understand are explained to me.						
5.	I was able to include healing practices based on my culture in the plan.						
6.	I can invite other providers, like my vocational or housing specialist, to the meeting if I want.						
7.	My strengths and talents are talked about in my plan.						
8.	In my plan, I can see how I'll use my strengths to work on my goals.						
9.	In my plan, there are next steps for me and my provider to work on.						
10.	Those areas of my life that I want to work on (like health, social relationships, getting a job, housing, and spirituality) are talked about and included in my plan if I want them.						
11.	My treatment team really understood how I explained what was going on for me, based on how I see it in my culture.						
12.	The goals in my plan are important to me.						
13.	I feel like when my provider and I work on a treatment plan, we work together as a team.						
14.	I decide how the meeting is run and what we'll talk about during my treatment planning meeting.						
15.	In my plan, my provider refers to me as "a person with" a mental health issue and does not define me by a label, e.g., "a schizophrenic" or "a bipolar."						
16.	Cultural factors (such as my spiritual beliefs and my cultural views) are considered in my plan.						

PLEASE TURN OVER

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		1	2	3	4	5	DK
17.	I know ahead of time about when my treatment planning meeting is going to happen.						
18.	My plan talks about what I want to get back in my life, not just what I'm trying to get rid of.						
19.	I know what amount of time I have to work on each step in my plan.						
20.	As part of my planning meetings, I get education about my rights and about my responsibilities in treatment.						
21.	As part of the plan, I have things that I'm supposed to do to work on my goals.						
22.	Other people, like my friends and family, have things that they are supposed to do to help me work on my plan, and those things are written in the plan.						
23.	I am offered education about personal wellness, advanced directives, and Wellness Recovery Action Planning (WRAP) as part of my planning meeting.						
24.	I feel like my plan helps me get back involved in my community, not just in places that provide services for people with mental illness.						
25.	My provider asked me about parts of my culture that she or he did not understand to make the treatment plan better for me.						
26.	I feel like my provider supports me in working on things like getting a job and managing my money, even if I still have other issues.						
27.	I got information about peer support as part of my planning meeting.						
28.	If needed, I was able to get a bilingual/bicultural translator for my treatment planning meeting.						
29.	I feel like my culture was really taken into consideration when working on my treatment plan.						
30.	I feel involved in the treatment planning process.						
31.	It is clear to me in my plan how certain interventions/treatments will help me achieve my goals.						
32.	I have the chance to review and make changes to my plan.						

The best part of the treatment planning process has been...

If I could change something about treatment planning, it would be...

THANK YOU!