

Advancing Peer Support & Lived Experience Leadership

2021 UPWARD SPIRAL SUMMER SUMMIT



To bring together and strengthen the peer support workforce in CT and beyond. This includes Recovery Support Specialists, Recovery Coaches, Peer Navigators, advocates, activists, and other people working in roles using their lived experience.

AUG 11TH VIRTUAL @1PM - 3PM

The Power Threat Meaning Framework

Featuring Geraldine Esdaille, Mary Boyle & Lucy Johnstone: An alternative, non-diagnostic conceptualisation of distress published by the British Psychological Society and attracting international attention.



Geraldine Esdaille is part of the PTMF (Power Threat Meaning Framework) committee and has used the PTMF in her work supporting black women who have experienced trauma and multiple injustices. Ms. Esdaille is founder and creator of the “weareblack.gold” website, with associated social media presence on Facebook, Twitter and Instagram:

<https://www.facebook.com/WeAreBlackGold>
https://www.instagram.com/weareblack_gold/
https://www.twitter.com/weareblack_gold

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FUTURE WEBINAR DATES:
Wednesday 8/25 @ 1-3pm
“Nurturing the Self in Peer Support Roles: Wellness, Creativity, Soul Work, Education & Expression”
Save the Date: 9/8 @ 1-3pm



Mary Boyle has worked mainly in clinical psychology education and training and in National Health Service posts in adult mental health and women's health. She is a long-time critic of the medical/diagnostic approach and of individualistic approaches more generally in the health field. As well as co-authoring 'A Straight Talking Introduction to the Power Threat Meaning Framework' (PCCS Books), she is also the author of 'Schizophrenia: A scientific delusion?' And 'Rethinking Abortion: Psychology, gender power and the law' (Routledge) and has published many articles and chapters on feminist approaches to women's health and on problems of and alternatives to psychiatric diagnostic models. She is Emeritus Professor of Clinical Psychology at the University of East London, UK, where she was Head of the Doctoral Programme in Clinical Psychology for many years before her retirement.



Dr. Lucy Johnstone is a consultant clinical psychologist, author of 'Users and abusers of psychiatry' (2nd edition Routledge 2000) and co-editor of 'Formulation in psychology and psychotherapy: making sense of people's problems' (Routledge, 2nd edition 2013) and 'A straight-talking guide to psychiatric diagnosis' (PCCS Books 2014), along with a number of other chapters and articles taking a critical perspective on mental health theory and practice. She is the former Programme Director of the Bristol Clinical Psychology Doctorate and was the lead author of 'Good practice guidelines on the use of psychological formulation' (Division of Clinical Psychology, 2011.) She has worked in Adult Mental Health settings for many years, most recently in a service in South Wales. She was lead author, along with Professor Mary Boyle, for the 'Power Threat Meaning Framework' (2018), a Division of Clinical Psychology-funded project to outline a conceptual alternative to psychiatric diagnosis. Lucy is an experienced conference speaker and lecturer, and currently works as an independent trainer. Her particular interest and expertise is in the use of psychological formulation, in both its individual and team versions, and in promoting trauma-informed practice.



Questions/Accommodations needed,
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