

HERE,
TAKE
SOME
NARCAN!

THANKS,
BUT HOW
DO I USE
IT?

FREE NARCAN
TRAINING

HARM REDUCTION LANE

VOLUNTEER

MIDDLETOWN
HARM REDUCTION
INITIATIVE

Narcan nasal spray is a safe and effective way to reverse an opioid overdose. The first step is to identify the common signs of overdose in the person whom you're trying to help. Anyone can administer Narcan – you don't need to be a medical professional!



VOLUNTEER

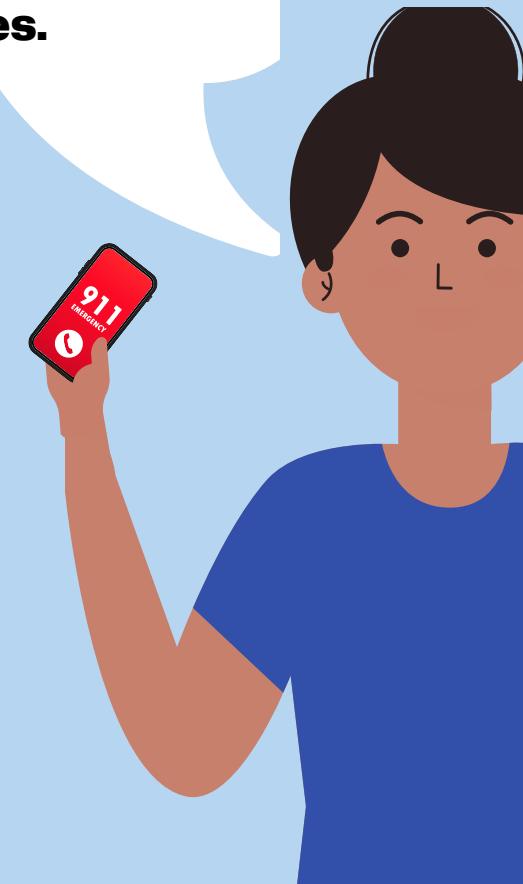
SIGNS OF AN OVERDOSE

- **Unconscious, doesn't wake up when you shake them or call their name**
- **Small pupils**
- **Slow or no breathing**
- **Snoring sound**
- **Blue, grey, or pale skin color**

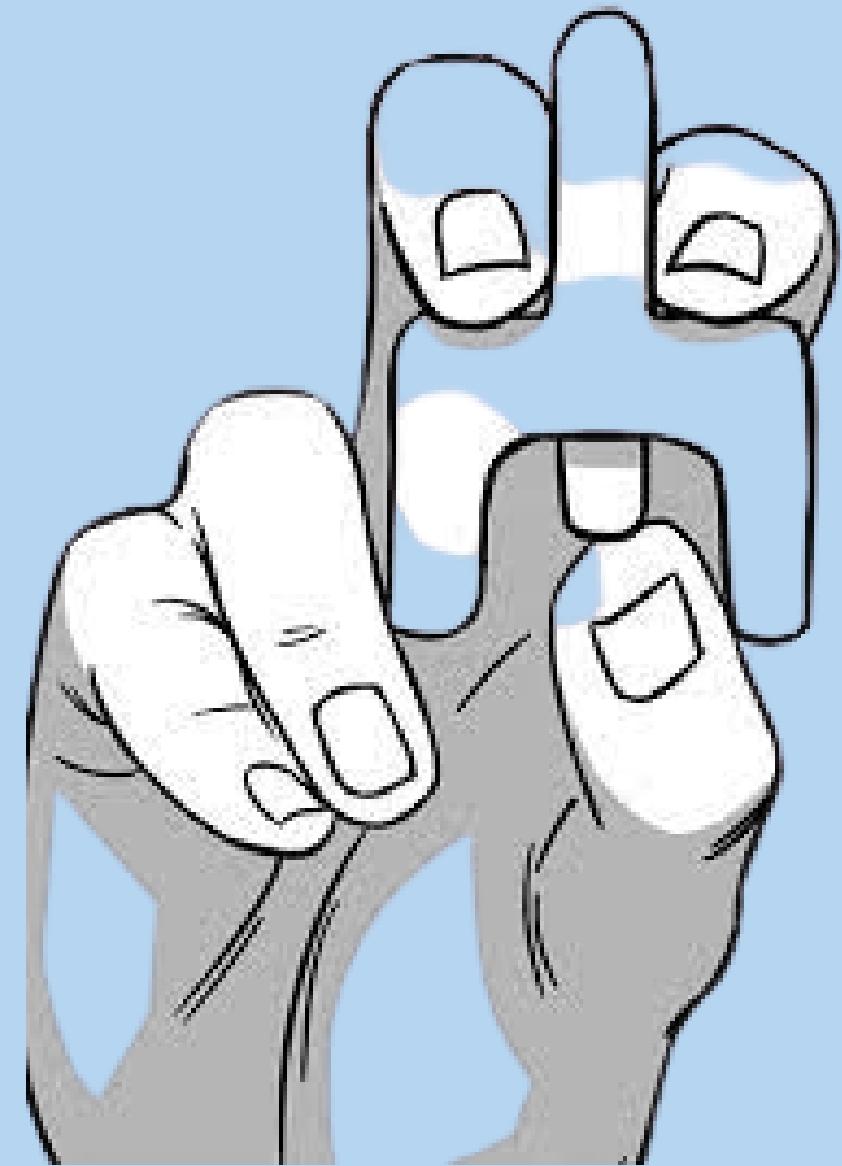
Once you've determined that the person is likely experiencing an overdose, **call 911 immediately**. Give them your **address**, and state that you think the person is **experiencing an opioid overdose**. While they're on the way, it's time for you to administer your unexpired Narcan.



Hi, I'm at 123 MHRI Street. I think my friend is experiencing an opioid overdose. I'll administer Narcan and wait with them until the ambulance arrives.



**Now, peel back the tab to access the Narcan.
Insert the tip into either nostril until your
fingers are touching the person's nose. Push
the plunger upwards with your thumb. One
spray = the entire dose. Be sure to tilt back
and support their head with your spare hand!**



Wait and watch the person closely. If after two minutes they still do not respond, give another dose of Narcan, just as you did the first time.



If there's still no response:

- **If the person is breathing, turn them on their side with their hand supporting their head and their knee out to prevent rolling onto the stomach.**
- **If the person is not breathing and has no pulse, do rescue breathing and CPR (if you know how).**

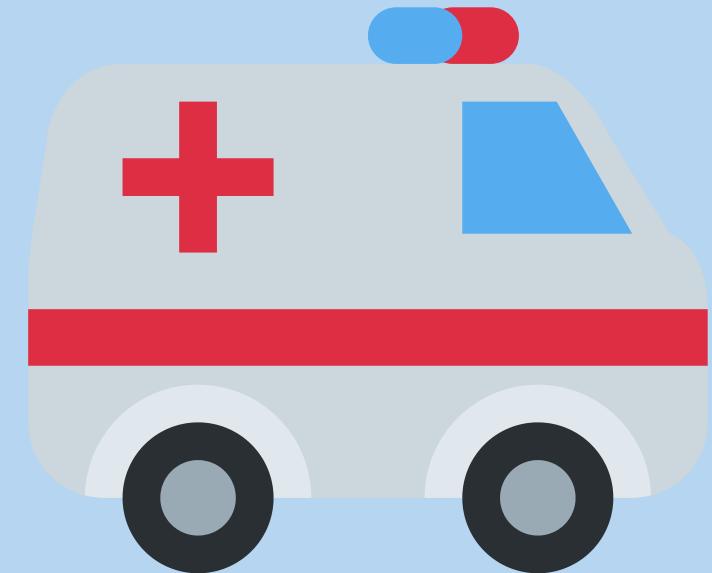


Narcan wears off after 30-90 minutes, so its important that you stay with them until the ambulance arrives. Be sure to tell the EMTs that Narcan has been given.



I gave my friend two doses of Narcan about five minutes ago.

You just saved your friend's life. Good job. We'll take it from here.



HI, I
NEED
MORE
NARCAN!

SURE
THING!

