# Alcohol and Drug Policy Council  
## Prevention, Screening and Early Intervention Subcommittee  
### Meeting Summary

<table>
<thead>
<tr>
<th>Meeting Date/Location</th>
<th>Monday, September 19, 2016, 1:30PM – CT Valley Hospital, Merritt Hall/Finkelstein Room</th>
</tr>
</thead>
</table>
| Participants in Attendance | In Person: Alyse Chin, Carol Meredith, Judith Stonger, Kenyatta Thompson, Kristen Granatek, Matthew Grossman, Nancy Turner, Nathaniel Rickles  
Conference Line: Anthony Tomassoni, Bob Brex, Gary Shangold, Ingrid Gillespie, Rudy Marconi |

### Topic  
#### Welcome & Introductions:

The meeting was called to order by Judith Stonger at 1:10PM and began with introductions of attendees and a recap of the last meeting. Two new attendees were introduced: Dr. Nathaniel Rickles, Associate Clinical Professor at the UCONN School of Pharmacy and Kenyatta Thompson, DMHAS intern and policy student in the UConn MSW program.

#### Prevention Grant Overview

An overview of the federal CT Strategic Prevention Framework (SPF) for Prescription Drugs (RX) grant was presented. The purpose; funding period and amount; opportunities, approach, expectations; and outcomes of the grant were discussed. The Subcommittee is expected to provide advice and guidance for the grant with a smaller steering committee of key partners providing the day-to-day oversight. This latter group will be meeting during this week to review the proposal, clarify roles and expectations and concretize the work plan.

#### Discussion of Recommendations

The ADPC’s co-chairs response to Recommendation A was reviewed. The discussion on this topic is summarized as follows:

- Several on-line and in person courses exist and can be utilized rather than reinventing the wheel
- Courses exist but there is a need for minimum standards
- Government should not be in the business of dictating these standards. This should be left up to the AMA and medical community
- The proliferation of prescription drugs is what needs to be addressed and the responsibility of the medical community to come up with alternative pain management therapies
- Look at the using Academic Detailers – educational messages focused on getting prescribers to change their practices

The ADPC co-chairs decided that Recommendations B, C, L and M be pursued by the subcommittee. These recommendations were reviewed and their target audiences identified. Discussions included:

- Tweaking messages depending on the audience and being mindful of cultural differences, geographic areas, communication vehicles and evaluating messages
- Looking at the health literacy video from the AMA, identifying what the myths are and adapting fact sheets when considering the physician patient relationship
- Reviewing the [SAMHSA toolkit](https://www.samhsa.gov) and other resources for examples of messages
- The book *Dreamland by Sam Quinones* is a must read and speaks to the history of the heroin problem.

- Dr. Rickles will share literature on Academic Detailing
- It was decided that a subset of the committee will look at effectiveness research. This group will include CMA, Dr. Tobin & the CT Chapter of Emergency Physicians

- Carol will draft an implementation plan which will combine the recommendations with the grant requirements.

#### Other

Carol asked the members to consider acting as the advisory body for another federal grant currently managed by DMHAS and is now in its second year. While the grant focuses broadly on the prevention of

- Carol will provide the membership with additional
underage alcohol use and other illegal drugs, a major goal is to reduce prescription drug and illicit opioid misuse in 12-25 year olds. This leadership function will facilitate the collaboration and coordination of efforts addressing prescription drugs and opioid misuse across the state. The members requested more information in order to consider the request.

<table>
<thead>
<tr>
<th>Adjournment &amp; Meeting Reminders</th>
</tr>
</thead>
<tbody>
<tr>
<td>The meeting was adjourned at 3PM.</td>
</tr>
<tr>
<td>The next subcommittee meeting is scheduled for October 17th from 1-3PM at the CT Valley Hospital, Page Hall, Room 212.</td>
</tr>
<tr>
<td>The next full ADPC meeting is scheduled for December 6, 2016 at the Legislative Office Building, Room 1C.</td>
</tr>
</tbody>
</table>

information on the federal Partnership for Success (PFS) 2015 five-year grant.