



**STATE OF CONNECTICUT
CONNECTICUT VALLEY HOSPITAL
ADVISORY COUNCIL**

MEETING MINUTES

Microsoft TEAMS Call

March 12, 2021

Present Council Members:

Lawrence McHugh, Chairperson; Lakisha Hyatt, CVH/Chief Executive Officer; Margaret O'Hagan-Lynch, CVH/Addiction Services Division Director; Lt. David Goodwin, Middletown Police Department; Celeste Cremin-Endes, RVS/Chief Executive Officer; Nancy Navarretta, Deputy Commissioner, Department of Mental Health & Addiction Services; Cheryl Smith, CVH/General Psychiatry Division Director

Absent/Excused Council Members:

Miriam Delphin-Rittmon, Commissioner, Department of Mental Health & Addiction Services; Joseph Havileck, City of Middletown; Phillip Pessina, Councilman

Call to Order: Mr. McHugh called the meeting to order at approximately 8:06am.

Review of Minutes: Minutes from the December 11, 2020 meeting was distributed and review by the committee. Ms. Hyatt motioned to accept the minutes as presented. Ms. Cremin-Endes seconded. All in favor.

Topic	Discussion	Responsible Person
<p><i>Commissioners Update</i></p>	<p><u>Office of the Commission Updates</u></p> <p>COVID-19 Response</p> <ul style="list-style-type: none"> • Incident Command Team (ICT) continues to meet weekly. • Weekly testing continues for staff. • Vaccination rollout has been successful; staff have received their second doses. Second dose for patients have been received on campus for roll out. • Reopening: Governor has said that he will be starting to open up restrictions as of March 19, 2021. <ul style="list-style-type: none"> i. Restaurant openings ii. Community gatherings • Most of Office of Commissioners (OOC) staff are still teleworking as the vaccination was not available at this time. <p>Budget</p> <ul style="list-style-type: none"> • 2.9 million in recessions that were annualized into next year. • 3.8 million in Human Resources <ul style="list-style-type: none"> ○ Human Resources is being centralized to DAS (45 employees) • 16.7 million in Workers Compensations <ul style="list-style-type: none"> ○ Workers Compensation is being centralized to DAS • Received \$352,000 from DOH for wrap around services for 47 patients. <ul style="list-style-type: none"> ○ Housing assistance vouchers • Prevention Department: Governor proposed legalization of cannabis; Received \$283,000 in year 1 and 1 million in year 2 to address prevention and enforcement activities related to legalization of cannabis. • Workgroup testimony will occur next week. <p>CCP Program</p>	<p>Ms. Navarretta, Deputy Commissioner</p>

	<ul style="list-style-type: none"> • Received emergency funds through FEMA and SAMSHA, crisis-counseling grant. <ul style="list-style-type: none"> ○ Contracted with 11 providers and hired 37 crisis counselors with the focus on people in shelters, unstably housed, older adults, outreached though faith based initiative and general population. ○ Resources on: Vaccinations, COVID testing, Live coaching sessions. Can be accessed thru 211 or ctstronger/coach. 	
<p><i>CVH Updates</i></p>	<p><u>Connecticut Valley Hospital Updates</u></p> <p>Ms. Hyatt introduced Cheryl Smith, new General Psychiatry Division Director.</p> <p>Ms. Hyatt presented an overview of CVH’s Pandemic Management Strategies, areas of success and goals for 2021.</p> <p><u>Goals for 2021</u></p> <ol style="list-style-type: none"> 1. COVID-19 Management and Stabilization 2. Redesign of quality active inpatient treatment in post pandemic era 3. Engaging a campus community of 1500 patient and employees 4. Positioning CVH as vital community within a community <p><u>Pandemic Management Success</u></p> <ol style="list-style-type: none"> 1. Designed and Erected a Seventeen Bed Isolation Unit 2. Covid-19 Positive Diagnosis: 171 Employee; 100 Patients 3. Vaccination Rate: Employees 62% ; Patients 66% 4. Weekly Employee COVID-19 Testing 5. Establish and Sustained Daily PPE need plus a 90 day PPE Reserve 6. Vaccination Clinic for Discharged Patients 7. Robust Contact Tracing 8. Environmental Upgrades (Electrical Distribution & Steam Line) 9. Established No Wrong Door Communications <ul style="list-style-type: none"> • Daily Operations and Briefings • Weekly All Staff Town Hall Sessions • Labor Union Engagement 	<p>Ms. Hyatt, Chief Executive Officer/CVH</p>

- 10. Virtual Technology Implementation
- 11. Treatment Redesign for an Inpatient Psychiatric Setting
 - Smaller groups
 - Increased Clinician One on One Sessions
 - Technology (I-phones and I-pads)
 - Virtual Reality

Operational Focus Areas for 2021

- 1. A Sustained Culture of Safety
- 2. A Sustained Culture of Patient–Centered Care
- 3. A Sustained Culture of Community Care and Inclusion through Patient and Employee Engagement
- 4. Local and Statewide Collaborations and Partnerships

Sustained Culture of Safety

- 1. Managerial Walk-Rounds with a focus on messages of support;
- 2. Executive Town Hall meetings; Daily Safety Huddles
- 3. Increased Camera Implementation and Surveillance;
- 4. Anonymous Employee Complaint line and suggestion box;
- 5. Quality of Work Life Employee and Manager Committee, with required executive presence;
- 6. Redesign Culture of Safety Committee
- 7. Implement the Psychological First Aid Team;
- 8. Multi-Level Team Cohesion and Shared Objective

Patient Centerd Care & Engagment

- 1. Vocational Services Program Assessment and Service Expansion Project
- 2. Expand Trauma Informed and Gender Responsive
- 3. Patient Programming Suggestion Surveys
- 4. Covid -19 Wellness treatment sessions
- 5. Advocacy Unlimited/Toivo Wellness DVD’s for Individual Use
- 6. Patient Focused Town halls- “Cocoa with the CEO” Sessions
- 7. Virtual Reality Capability
- 8. Increase in Clinical One to One Session
- 9. Telemedicine

	<p>10. Maximize Wellness and Integrative Medicine Strategies</p> <ul style="list-style-type: none"> • Yoga, Mindfulness; Auricular acupuncture, Meditation; • Pet Therapy • Increased Fitness/ Activity Focus • Unit Based Comfort Kits • Patient Specific Comfort Kits <p><u>Employee Care & Engagement</u></p> <ol style="list-style-type: none"> 1. Developed a new Psychological First Aid Team 2. Free Employee Wellness Offerings (Auricular acupuncture, Yoga, Meditation, Mindfulness, Aroma Therapy, Drumming) 3. Professional and Consistent Professional Development 4. Daily Employee Kudos and Shout-outs in the Campus Bulletin 5. Social Justice and Courageous Conversations 6. Employee appreciation events (First Responders Appreciation) <p><u>Collaborations & Partnerships</u></p> <ol style="list-style-type: none"> 1. Middletown Rotary 2. Middletown Chamber of Commerce 3. Amazing Grace Food Drive Volunteer 4. MARC Board of Directors <p>Thank you, all board members for your continued support.</p>	
Other Business	Ms. Hyatt mentioned one of the objective of the advisory board is to bring on a member with lived experiences. Mr. McHugh and committee will work on potential new members throughout the upcoming months.	Ms. Hyatt, Chief Executive Officer/CVH
Adjournment	Meeting adjourned at 8:34am.	
Next Meeting	Friday, June 11, 2021 at 8:00am via Microsoft TEAMS call.	

Recorded and Transcribed by: Andreaesa Gidi