

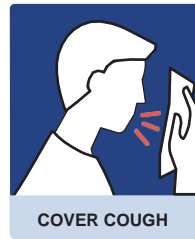
## CORONAVIRUS INFORMATION

- **State of Connecticut:** <https://portal.ct.gov/Coronavirus>
- **United Way 2-1-1 Infoline:** Dial 2-1-1; CTCOVID289211; (Text) 1-800-203-1234; (Videophone); 1-800-671-0737 (TTY) <https://www.211ct.org/>

**Relay CT:** Dial 7-1-1 or [www.relayconnecticut.com/](http://www.relayconnecticut.com/)  
860-899-1097 (Videophone); 860-986-7234 (Voicemail); [accessibility@sprint.com](mailto:accessibility@sprint.com) (Email)

Relay CT is a free service providing full telephone access to people who are deaf, hard-of-hearing, deafblind or have other speech disabilities

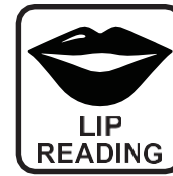
## PREVENTING ILLNESS



## GET MEDICAL HELP



## PREFERRED METHOD OF COMMUNICATION



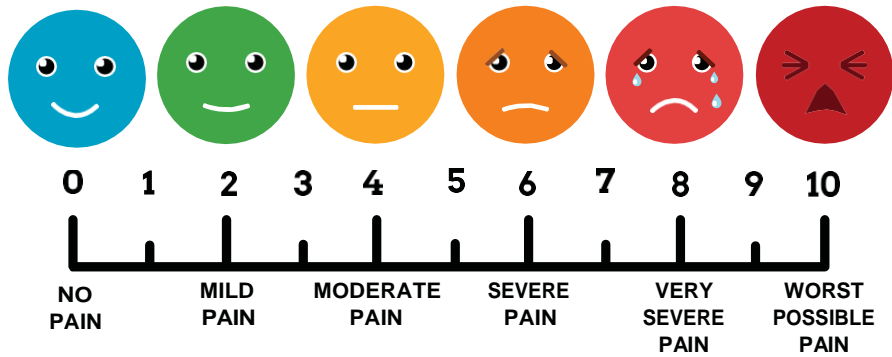
## QUICK COMMUNICATION



## TIPS FOR HEALTH PROVIDER

- ▶ Ask the person their preferred method of communication
- ▶ Get the person's attention and make eye contact
- ▶ Repeat rephrase or write down your request Ask and/or indicate before touching the person
- ▶ Do not cover your mouth when speaking
- ▶ Minimize the number of people interacting with the person
- ▶ Hearing aids/cochlear implants improve hearing, but a person using an assistive listening device may still not understand all that you say

## HOW DO YOU FEEL?



## HOW LONG HAVE YOU HAD SYMPTOMS?

MINUTES: 1, 2, 3, 4, 5, 6, 7

HOURS: 8, 9, 10, 11, 12, 13, 14

DAYS: [Blank calendar icon]

WEEKS: [Blank calendar icon]

MONTHS: [Blank calendar icon]

YEARS: [Blank calendar icon]

Time of day icons: Morning (sun), Afternoon (sun and clouds), Night (moon).

## SITUATION, HISTORY & SYMPTOMS

FEVER	COUGH	SHORT OF BREATH	SORE THROAT
HEADACHE	WEAR A MASK	VOMITING	DIARRHEA
BLOOD PRESSURE	HEART	AIRPLANE	HOSPITAL BED

## TREATMENT & CARE

MEDICAL STAFF	CONTACT DOCTOR	AMBULANCE	HOSPITAL
MEDICAL TEST	OXYGEN	INHALER	MEDICINE
CONTACT DOCTOR	CALENDAR	STAY HOME	HAND WASHING

Developed by the Massachusetts Commission for the Deaf and Hard of Hearing (<https://mass.gov>) with elements from the Wisconsin Council on Disabilities