



**STATE OF CONNECTICUT**  
**DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES**  
*A Healthcare Service Agency*

NED LAMONT  
GOVERNOR

MIRIAM E. DELPHIN-RITTMON, Ph.D.  
COMMISSIONER

**MEMORANDUM**

**To:** DMHAS Staff

**From:** Miriam E. Delphin-Rittmon, Ph.D.

**Date:** July 1, 2020

**Subject:** DMHAS COVID-19 Staff Update #23 Staff Quarantine After Travel from States with High COVID-19 Infection rates

I am writing to update staff about a very important issue that has arisen because of a recent Governor's Order. Governor Lamont issued an Executive Order 7BBB "Self-Quarantine by Travelers from States Experiencing High Infection Rates". In brief, the Executive Order states that travelers entering Connecticut from a state with a positive test rate higher than 10 per 100,000 residents, or higher than a 10% test positivity rate over a seven-day rolling average, shall self-quarantine for a period of 14 days. It has been determined that this applies to DMHAS and other state employees who are traveling from one of these states.

A list of the current states that meet the criteria detailed above was posted today. The list can be accessed at the following link: <https://portal.ct.gov/Coronavirus/Covid-19-Knowledge-Base/Travel-In-or-Out-of-CT> . The list currently includes the following states:

- Alabama
- Arkansas
- Arizona
- California
- Florida
- Georgia
- Iowa
- Idaho
- Louisiana
- Mississippi
- North Carolina
- Nevada
- South Carolina
- Tennessee
- Texas
- Utah

(860) 418-7000  
410 Capitol Avenue, P.O. Box 341431, Hartford, Connecticut 06134  
<https://portal.ct.gov/dmhas>  
*An Affirmative Action/Equal Opportunity Employer*

It is expected that the list will be updated as the status of specific states changes. The link provides more information regarding the self-quarantine.

Staff that have returned from one of these states must quarantine for 14 days. If a staff person has met criteria for teleworking, you would be able to work at home during the self-quarantine period. It is our understanding that if staff have not used COVID leave or have unused balances of COVID leave this can be applied to your leave time. However, affected staff should contact your facility's human resources staff to clarify how time should be recorded and to determine what leave time is available to be applied to this situation. Your facility human resource director will clarify what type of documentation is needed related to the travel and what documentation will be required in order to return to work. I am asking that all staff comply with this order in order to help us to continue to protect our patients and staff during the pandemic.