



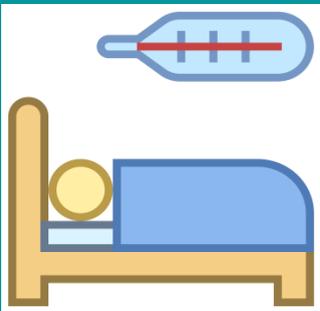
# Who Should Wear A Mask

The Centers for Disease Control and Prevention (CDC) recommends the use of masks if you are:



**Taking care of a person suspected of having COVID-19**

OR



**A person who is coughing, sneezing, or sick with COVID-19**

Masks are only effective when used and disposed of properly AND in combination with frequent handwashing with soap and water.

For information go to [portal.ct.gov/DMHAS-COVID-19](https://portal.ct.gov/DMHAS-COVID-19).

