



STATE OF CONNECTICUT
DEPARTMENT OF MENTAL HEALTH & ADDICTION SERVICES
CONNECTICUT VALLEY HOSPITAL



TO: Connecticut Valley Hospital and Campus Tenants

DATE: March 13, 2020

FROM: Lakisha Hyatt, RN, MSN, Acting Chief Executive Officer

CC: Hal Smith WFH CEO; Celeste Cremin-Endes, RVS CEO; Barbara Bugella, Asst. to the Commissioner

RE: Connecticut Valley Hospital Employee Fitness Center and Valley View Cafe

The CDC has been very clear that the best way to prevent COVID-19, or coronavirus disease 2019, is to avoid exposure to the virus. The virus is believed to spread mainly from person-to-person between people who are in close contact with one another (within about 6 feet) and through respiratory droplets produced when an infected person coughs or sneezes.¹

After careful consideration, the decision has been made to close the CVH Employee Fitness Center located in Russell Hall effective immediately. Additionally, the Valley View Café will be closing effective Monday, March 16, 2020. Both closures will be in effect until further notice. While we understand the inconvenience this may cause, we believe these are essential steps to help prevent the spread of COVID-19 on our campus. We fully appreciate the value of the fitness center and Valley View Café and hope to reopen these facilities as soon as it has been determined safe to do so.

Thank you for your patience and understanding. If you have any questions or concerns, please don't hesitate to contact me.

¹<https://www.cdc.gov/coronavirus/2019-ncov/about/prevention.html>