

ALCOHOL & DRUG POLICY COUNCIL (ADPC)
 Recovery and Health Management Sub-Committee
 Meeting of May 11, 2017
 CCAR Hartford Recovery Center, Hartford, CT

PRESENT: Co-Chairs: Hope Auerbach , Phil Valentine Members Present: Jason Bannon; Virginia Adams; Ece Tek; Julie Revaz; Yanique . Staff Present: Lauren Siembab (DMHAS); Ines Eaton (DCF)

Topic	Discussion	Action
The “Language of Recovery” handout	We generally agreed that the Language of Recovery document is complete, but we now need to figure out some different ideas on how to use it. It needs to be incorporated into training for the judicial branches, using State, and Federal resources, but also needs to trickle down to the support staff at all addiction treatment facilities.	
Continued discussion of recommendations related to Recovery Management.	<p>Discussion of types of “messages” the group would like to promote about recovery:</p> <p>1) There are multiple pathways to recovery, and none of them is better than another. 2) Each person has his or her own path, and all are cause for celebration. 3) You are in recovery if you say you are. (I know there were more but I didn’t write them down.)</p> <p>We discussed how to reach the younger population using technological and social media. Phil talked about Recovery Live on Facebook and asking some basic questions of the recovery community about how to help support their recovery. Potentially a campaign that asks what does YOUR recovery look like? Inez talked about doing blast emails for staff, and we also discussed approaching Infoline to further the campaign to educate people about resources available to them.</p> <p>In general we want to portray positive messages through many avenues. September is Recovery month and there is a Heroes in Recovery 5K run to raise awareness in an uplifting way.</p>	
Next Sub-Committee Meeting		7/13/17, 9 am – 10:30 am
Next scheduled meeting of the ADPC		Tuesday, June 20, 10:00-12:00.