

ALCOHOL & DRUG POLICY COUNCIL (ADPC)  
 Recovery and Health Management Sub-Committee  
 Meeting of April 13, 2017  
 CVH, Middletown, CT

PRESENT: Co-Chairs: Hope Auerbach , Phil Valentine Members Present: Kyle Zimmer; Jason Bannon; Sarah Howroyd; Virginia Adams; Ece Tek; Mark Vanacore (DMHAS); Staff Present: Daryl McGraw (DMHAS)

Topic	Discussion	Action
<b>Member</b>	Jennifer Kelly was recommended to join the group by Sarah and approved by the committee.	Get Jennifer's contact info for email list.
Continued discussion of recommendations related to Recovery Management.	<p>Our group will focus on communicating and making the multiple pathways to recovery widely available through various means.</p> <p>We discussed a number of ideas, including, but not limited to:</p> <ul style="list-style-type: none"> <li>• the lack of the <b>medical community's</b> understanding and compassion toward people with repeated trips to the ER for substance use disorders, Dr. Tek was instrumental in communicating the medical community's sense of near hostility from the recovery community. She suggested that we need to find a way to work together, saying how helpful it is for her to hear the other side of things.</li> <li>• The need to create a <b>document/plan for doctors</b>, to help them empower patients in recovery. Recovery coaches are becoming the go-to people for menu choices for recovery. <b>Facing Addiction is creating a resource document that focuses on the multiple pathways to recovery</b>, so will try to incorporate that rather than re-inventing the wheel. Daryl proposed going further, and holding a Recovery Symposium for the medical community to present the ideas of this group, so they are aware of the multiple pathways to recovery...potentially make it mandated as part of continuing education, ideally for all physicians, but definitely for doctors who prescribe Suboxone.</li> <li>• Sarah suggested we could use a similar tactic with <b>police departments</b>, as she is already doing with the Manchester PD.</li> <li>• Yanike brought up the need to <b>use technology to get the information of recovery pathways out</b> there to a broader audience of people who want help. One idea was to create an app for phones that has links to recovery resources...(maybe including access to care, information about/contact information for recovery coaches, types of medication available to discuss with doctors, mental health care information, volunteer and vocational resources, 12 step programs, Celebrate</li> </ul>	

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	<p>Recovery or other faith based recovery choices??) Another idea is utilizing social media more broadly, with a central site that makes it easy to navigate the system.</p> <ul style="list-style-type: none"> <li>• Kyle and Jason advocated for <b>labor and shared that union members</b> are sending recovery coaches into prison to help members begin recovery before release. Kyle will reach out to/discuss getting insurance community on board with paying for more recovery focused treatment, rather than just traditional medical coverage. (Yoga, acupuncture, sober housing, recovery coaches, etc.)</li> </ul>	
Next Sub-Committee Meeting		5/11/17, 9 am – 10:30 am
Next scheduled meeting of the ADPC		Tuesday, June 20, 10:00-12:00.