

MEETING MINUTES
Alcohol and Drug Policy Council: Recovery and Health Management Subcommittee

Meeting Date: 12/12/2019

Present: Jason Bannon, Ana Gopian, Bill Bueller, Hector Maldonado, Karen Ablondi, Jennifer Chadukiewicz, Anne Trimachi, Jody Davis, Lauren Siembab (DMHAS), Justin Mehl (DMHAS)

TOPIC	DISCUSSION	ACTION
INTRODUCTIONS		
REVIEW OF PREVIOUS MEETING MINUTES	No changes to minutes.	
RECOVERY FRIENDLY COMMUNITY UPDATE	<p>Lauren reviewed the current RFC status list. The following ten towns/cities have self-identified as “Recovery Friendly” following review of this Committee’s rubric: Danbury, New London, Bristol, Wilton, New Canaan, Fairfield, Ridgefield, Stafford, Somers and Enfield. Sub-Committee members continue to respond to requests for assistance with a variety of other communities.</p> <p>“We Are Recovery Friendly” window clings were distributed.</p> <p>The issue was raised on not having mental health resources included on the RFC rubric.</p>	<p>Sub-committee members will continue to follow up with interested communities.</p> <p>This needs to be discussed at next meeting.</p>
YOUTH IN RECOVERY UPDATE	<p>We continued to discuss this sub-committee’s interest in expanding available resources for youth/young adults perhaps using the Recovery Team model at the Children’s’ Center. We agreed that utilizing one or more of the RBHAOs might be the way to go.</p> <p>If this plan is supported by the necessary parties, this sub-committee will develop guidelines for RBHAOs that may be interested in replicating the model. Some initial thoughts were:</p> <ul style="list-style-type: none"> • Availability of a youth center • Working with the RFC champion or creating an RFC in the location • Identify and engage existing youth resources • Go through Recovery Coach and SMART Recovery training • Hire a young person (<30) with lived experience 	<p>Ana will reach out to The Children’s Center CEO to assess their willingness to share their model in our effort to replicate it in another part of the State.</p> <p>Lauren will discuss the possible partnership with the RBHAOs with DMHAS Prevention Director, Carol Meredith.</p>

<p>RECOVERY FRIENDLY COLLEGES</p> <p>DOL OPIOID GRANT – RECOVERY FRIENDLY EMPLOYERS</p>	<p>Our conversation led us to thinking about Recovery Friendly high schools or colleges. Hector pointed out that there is an existing “Healthy Campus” initiative already going on and perhaps they, or a sub-group of that group, would like to collaborate on developing a Recovery Friendly College rubric. More to follow.</p> <p>Lauren reported that the Department of Labor implementing their new opioid project. We have shared the RFC logo as well as the RFC rubric and offered to assist with the development of a Recovery Friendly Employer rubric. More to follow.</p>	<p>We will consider involving the Region 2 RBHAO, Pam Mautte, for TA and consultation with the Children’s Center and the other RBHAOs.</p> <p>Invite Shayne from the “Recovery Team” to the next sub-committee meeting?</p> <p>Hector will be meeting with the Healthy Campus group on 12/13 and will float the idea.</p>
<p>OTHER</p>	<p>Hector announced a call for presenters for the May Youth Conference; applications are due 1/13/20. Karen announced that CT-ARR is applying to sponsor the national conference in Hartford. Jennifer announced the next CCAR conference in FL, 10/27-10/30/20. Ana announced the Tri -Circle block party on 6/13/20.</p>	
<p>UPCOMING MEETINGS</p>	<p>Next subcommittee meeting: 1/10/20; 9 – 10:30 @ Amplify, 151 New Park Avenue, Hartford Next ADPC meeting: 2/18/20; 10:00-12:00 @ LOB presentations by DOC, DDS, and Yale</p> <p>February 13th sub-committee meeting @ Tri-Circle March 12th sub-committee meeting at Wheeler</p>	