

ALCOHOL & DRUG POLICY COUNCIL (ADPC)
Meeting of Monday, October 17, 2016
Legislative Office Building
Hartford, CT
10:00 a.m.

ATTENDANCE

Members/Designees: Charles Atkins, CMHA; Miriam Delphin-Rittmon, DMHAS; Ingrid Gillespie, CT Prevention Network; David Guttchen, OPM; Deborah Henault, DOC; Joette Katz, DCF; Shawn Lang, AIDS CT; Betsy Ritter, Department on Aging; Dora Schriro, DESPP; Xaviel Soto, DCP; Judith Stonger, Wheeler Clinic; Gerard O'Sullivan, Department of Insurance; Robert Zavoski, DSS; Melissa Ziobron, CT General Assembly

Visitors/Presenters: Kristina Stevens, DCF; Alyse Chin, DMHAS; Michael Michaud, DMHAS, Nancy Navarretta, DMHAS; Diana Heyman, DMHAS; Julienne Giard, DMHAS; Kevin Murray, DMHAS; Kyle Zimmer, AFL-CIO; Melissa Sienna, UCONN; Gabriele Krainer, FCA; Charles Dike, DMHAS; Mary Painter, DCF;

Recorder: Karen Urciuoli

The October 17, 2016 meeting of the Alcohol & Drug Policy Council (ADPC) was called to order at 10:00 a.m. by DMHAS Commissioner Miriam Delphin-Rittmon. The meeting was co-chaired by Kristina Stevens, DCF.

Topic	Discussion	Action
Welcome and Introductions	Members of the Council introduced themselves and Commissioner Delphin-Rittmon welcomed all in attendance.	Noted
Review and Approval of Minutes	Minutes were reviewed and approved with the following revision. "Gerard O'Sullivan reported that the Insurance Department is hosting a forum on October 14 th from 10:00 -12:00 in Room 2A at the LOB. Insurance companies will be there to talk about their programs put together to battle the Opioid crisis."	Noted
DMHAS Video Clip	DMHAS shared another PSA produced by Tom Gugliotti. Commissioner Delphin-Rittmon thanked all family members and people in recovery who have shared their stories. All PSA's are on the DMHAS website to be viewed and shared.	Informational
Update on Strategic Planning Process	Commissioner Delphin-Rittmon reported that there was a press conference last week regarding the Plan, and that we are now in the implementation phase. The SAMHSA grants will help with expanding access to Buprenorphine and developing prevention messaging. One goal moving forward is to continue to look for resources and funding. This item will remain on the agenda.	Informational
The Role of Law Enforcement in the Opioid Health Crisis	Commissioner Dora Schriro provided a presentation entitled CT State Police Response to the Opioid Epidemic. The CT State Police Bureau of Criminal Investigation (BCI) is comprised of a series of investigative task forces, among them the Statewide Narcotics Task Force (SNTF). The SNTF focuses on the following programs and partnerships: <ul style="list-style-type: none"> • Local Violent Crime Reduction Program • HIDTA Participation • Domestic Highway Enforcement • Drug Endangered Children The SNTF mission is to identify, disrupt and dismantle drug trafficking organizations with a focus on heroin and controlled prescription drugs, by partnering with local, state, and federal agencies. Outcomes include arrests, seized narcotics, firearms, and currency, and disruption or dismantlement of drug trafficking organizations.	Full presentation can be found on the DMHAS ADPC webpage.
Sub-Committee Reports		
<ul style="list-style-type: none"> • Prevention, Screening and Early Intervention 	Judith Stonger reported that this committee met once since the last ADPC meeting and will be meeting again today at 1:00 p.m., at CVH. The committee welcomed two new members, Dr. Nathaniel Rickles, Associate Clinical Professor at the UCONN School of Pharmacy and Kenyatta Thompson, DMHAS Intern and policy student in the UCONN MSW program. At their last meeting Carol Meredith provided an overview of the federal CT Strategic Prevention Framework (SPF) for	Informational

Topic	Discussion	Action
	<p>Prescription Drugs (RX) grant. The purpose; funding period and amount; opportunities, approach, expectations; and outcomes of the grant were discussed. The Subcommittee is expected to provide advice and guidance for the grant with a smaller steering committee of key partners providing the day-to-day oversight. The following discussions also took place.</p> <p>The ADPC's co-chairs response to Recommendation A was reviewed. The discussion on this topic is summarized as follows:</p> <ul style="list-style-type: none"> • Several on-line and in person courses exist and can be utilized rather than reinventing the wheel • Courses exist but there is a need for minimum standards • Government should not be in the business of dictating these standards. This should be left up to the AMA and medical community • The proliferation of prescription drugs is what needs to be addressed and the responsibility of the medical community to come up with alternative pain management therapies • Look at the using Academic Detailers – educational messages focused on getting prescribers to change their practices <p>The ADPC co-chairs decided that Recommendations B, C, L and M be pursued by the subcommittee. These recommendations were reviewed and their target audiences identified. Discussions included:</p> <ul style="list-style-type: none"> • Tweaking messages depending on the audience and being mindful of cultural differences, geographic areas, communication vehicles and evaluating messages • Looking at the health literacy video from the AMA, identifying what the myths are and adapting fact sheets when considering the physician patient relationship • Reviewing the SAMHSA toolkit and other resources for examples of messages 	<ul style="list-style-type: none"> • Dr. Rickles will share literature on Academic Detailing • A subset of the committee will look at effectiveness research. <p>Carol will draft an implementation plan which will combine the recommendations with the grant requirements.</p>
<ul style="list-style-type: none"> • Treatment and Recovery Supports 	<p>Dr. Charles Atkins provided the following update.</p> <ul style="list-style-type: none"> • With regard to the Recommendation H, which requires the 13 DMHAS operated/funded Local Mental Health Authorities (LMHA) to provide Buprenorphine treatment on-site, including psychosocial and recovery support services. Dr. Dike was consulted about this recommendation; in addition Julienne Giard will be putting together a grid of all the LMHAS indicating where each one is in the process of being able to supply Buprenorphine. • This committee has also begun to plan for Data 2000 Waiver Training; they are thinking it will be a two day conference for physicians, administrators and clinicians, and will be held sometime in May or June 2017. They are currently looking for a venue for the conference. • Dr. Moore, at a recent meeting, presented on advances in corrections as far as increasing access to MAT through a grant, and how to make MAT more available to people especially as they are coming out of corrections. • The committee discussed adolescent SBIRT and urine toxicology screening. The general consensus of the group was to move forward with furthering dissemination of SBIRT but have questions about how and when to obtain urine toxicology screens. Melissa Sienna will see what research there is on urine toxicology screening and adolescents. 	<p>Informational</p>
<ul style="list-style-type: none"> • Recovery and Health Management 	<p>Deb Henault reported that some of this workgroup's recommendations overlapped with those of other committees, particularly with the Prevention, Screening and Brief Intervention Committee. There were a number of ideas that were going to be discussed at their September meeting however the meeting needed to be rescheduled. The co-chairs did meet and talked about what the committee's focus is and its charter. The upcoming meeting, which will be held in early November, will relook at the committee's charter and focus, especially around recovery; recovery coaches, recovery support and the Language of Recovery.</p> <p>With regard to the recommendation the insures all first responders on college campus also have Naloxone, Shawn Lang reported that she has been working with staff at the Board of Regents and they have brought it to the attention of all college presidents at both the state universities and community colleges, and the will be conducting a survey and will then work on an implementation</p>	<p>Informational</p>

Topic	Discussion	Action
	<p>plan to roll this recommendation out.</p> <p>In addition, Shawn has reached out to the National Chapter of School Nurses to see about having Naloxone be a part of their first aid kits. They were going to raise the issue at their next board meeting. Shawn will continue to follow-up on this.</p>	
Adolescent SBIRT	<p>Mary Painter reported that DCF was approached by DMHAS about sharing some SBIRT resources so that DCF could begin to implement an Adolescent SBIRT project in CT.</p> <p>Training DCF began a 10 month initiative where a total of 526 individuals were trained including 152 trained as new instructors of Adolescent SBIRT with another 374 individuals trained in the core Adolescent SBIRT curriculum. Initial training was provided by Boston Children’s Hospital and the University of Connecticut Health Center along with an independent training consultant.</p> <p>Online Training Simulations DCF purchased 7000 Kognito licenses for an online training simulation with 3 modules that are about Adolescent SBIRT and SBIRT and provides CEUs and CMEs.</p> <p>Adolescent Substance Use Recovery Forum A day long training was held that focused on Adolescent SBIRT, adolescent brain development, the use of evidence-based practices for youth with opioid issues as well as a panel of youth and family members. The training was attended by 128 individuals who work with youth in programs utilizing select best practice models.</p> <p>EMPS Pilot EMPS began with a pilot through Wheeler Clinic of screening and has been expanded that so that all EMPS staff are trained and conducting screenings for substance use in their work.</p> <p>Chromebooks for Pediatric Practices DCF has provided some support to the Connecticut Chapter of the American Academy of Pediatrics to facilitate implementation of Adolescent SBIRT with youth at pediatric offices.</p> <p>Educational Materials Materials regarding Adolescent SBIRT has been developed, printed in bulk, and in some cases are available electronically. Alyse Chin reported that DMHAS has many of the same resources available on the adult side and can be found on the DMHAS website at www.ct.gov/dmhas/ctsbirt and also through UCONN Health at sbirtinstitute.uchc.edu.</p>	Informational
Other Business	<p>Ingrid Gillespie reported that the CT Prevention Network is hosting a forum on Wednesday, October 19th and will be discussing synthetic drugs and synthetic marijuana.</p> <p>The City of Hartford, Department of Health and Human Services in collaboration with the Greater Hartford Harm Reduction Coalition will be hosting a Community Form regarding Opioid Overdose Awareness and Prevention. It will be held on Tuesday, October 18th from 5:30 – 7:30 at the Collin Bennett Banquet Hall on Albany Avenue in Hartford. All are welcome to attend.</p> <p>Judith Stonger reported that there will be a Community Conversation on Opioids on in Southington on October 26th at the Southington Public Library at 6:30 p.m. This is a one hour community education opportunity that is hosted by the CT Clearing House.</p> <p>Dr. Atkins reported that he and Commissioner Delphin-Rittmon will be a part of an event at the Quinnipiac School of Social Work on November 18th regarding the Opioid epidemic; the event is sponsored by the CT Women’s Consortium and will be a full day event with CEUs and CMEs attached.</p>	Informational

NEXT MEETING – Tuesday, December 6, 2016, 10:00 – 12:00, LOB, Meeting Room 1C

ADJOURNMENT - The October 17, 2016 meeting of the Alcohol and Drug Policy Council adjourned at 11:30 p.m.