



FEMA

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FEMA News Desk: (609) 508-2235

News Release

Keep Your Recovery on Track – Stay in Touch with FEMA

Connecticut residents who registered with FEMA for help after severe storms and flooding caused by remnants of Hurricane Ida, should stay in touch with FEMA to ensure the disaster assistance process stays on track.

Whether you need to update contact information, provide documents, or file an appeal, it's important that you stay in touch with FEMA and update information as soon as possible.

Having accurate contact information on file is especially important, as FEMA may need to reach you to perform home inspections or ask for additional information needed to complete the application process.

FEMA encourages survivors to request direct deposits of disaster assistance to their checking or savings accounts. Survivors should let FEMA know as soon as possible of any changes to their banking information.

It's important to note that FEMA disaster assistance checks cannot be forwarded. If you cannot access your home address, you can request the postal service to hold your mail.

Survivors who registered with FEMA may update contact information the following ways:

- Going online at DisasterAssistance.gov
- Downloading the [FEMA app](#)
- Calling **800-621-3362** (TTY: 800-462-7585). The toll-free telephone lines operate from 7 a.m. to 11 p.m. ET, seven days a week. If you use a relay service, such as video relay service (VRS), captioned telephone service or others, give FEMA the number for that service.

For the latest information visit fema.gov/disaster/4629. Follow the FEMA Region 1 Twitter account at twitter.com/FEMARegion1.

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FEMA's mission is helping people before, during, and after disasters.