

# Chapter 1 – Introduction

## Purpose and Applicability of the Manual

The Connecticut Stormwater Quality Manual (Manual) provides guidance on the measures necessary to protect the waters of Connecticut from the adverse impacts of stormwater runoff. States like Connecticut, which are National Pollutant Discharge Elimination System (NPDES) authorized, are required to address stormwater pollution from three potential sources: construction activities, municipal separate storm sewer systems (MS4s), and industrial activities. While the NPDES permits are the driver for the requirements, this Manual provides guidance for operators of these sources to evaluate and select the best stormwater design options to

meet the requirements in these various permits. The guidance provided in this Manual is applicable to post-construction stormwater controls for new development, redevelopment, and upgrades to existing development (i.e., retrofits).

The Manual emphasizes the use of source controls and pollution prevention, non-structural Low Impact Development (LID) site planning and design strategies, and structural stormwater Best Management Practices (BMPs). Related topics such as construction-phase soil erosion and sediment control and storm drainage system design are integral components of a comprehensive stormwater management strategy. These topics, which are included in the Manual as secondary considerations, are addressed in detail in other related state-wide design manuals. Specifically, construction-phase soil erosion and sediment control guidance is provided in the [Connecticut Guidelines for Soil Erosion and Sediment Control](#).

The Manual does not address agricultural<sup>1</sup> nonpoint source runoff. However, many of the LID and structural stormwater BMPs contained in this manual should be considered for existing and new agricultural uses, in addition to other agricultural conservation practices, to address water quality concerns.

### What's New in this Chapter?

- ❖ Summary of major revisions to the Manual and where to find information on future updates
- ❖ Updates to the organization and use of the Manual
- ❖ Updates to the applicability and regulatory basis of the Manual
- ❖ Updated descriptions of federal, state, and local regulatory stormwater programs as they relate to the Manual (moved to the Manual appendices)

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<sup>1</sup> The Natural Resource Conservation provides additional information specific to agriculture and stormwater control: [https://www.nrcs.usda.gov/wps/portal/nrcs/detail/national/water/?cid=nrcs144p2\\_027171](https://www.nrcs.usda.gov/wps/portal/nrcs/detail/national/water/?cid=nrcs144p2_027171)

## Revisions to the Manual

### Summary of 2023 Revisions

The practice of stormwater management, the scientific understanding of water quality impacts of stormwater runoff, and the state and federal regulatory environment have evolved substantially since the original Connecticut Stormwater Quality Manual was released in 2004 and then the LID Appendix in 2011. The primary objectives of the 2023 revisions to the Manual were to:

- Incorporate updated information on structural stormwater BMPs based on the current understanding of BMP selection, design, construction, and performance.
- Resolve conflicts and improve consistency between the Connecticut Stormwater Quality Manual and the Connecticut Guidelines for Soil Erosion and Sediment Control for more effective integration of construction-phase and post-construction stormwater management.
- Update the Manual for consistency with the CT DEEP stormwater general permit programs, in particular the post-construction stormwater management requirements of the General Permit for the Discharge of Stormwater from Small Municipal Separate Storm Sewer Systems (MS4 General Permit), the General Permit for the Discharge of Stormwater from Department of Transportation Separate Storm Sewer Systems (CTDOT MS4 General Permit), and the General Permit for the Discharge of Stormwater and Dewatering Wastewaters from Construction Activities (Construction Stormwater General Permit).
- Incorporate climate change and resilience considerations for stormwater management design and implementation.
- Enhance the usability of the Manual from the perspective of project designers and reviewers.

The 2023 revisions to the Connecticut Stormwater Quality Manual were made in conjunction with revisions to the [Connecticut Guidelines for Soil Erosion and Sediment Control](#). This parallel process was initiated to ensure these two documents provided consistent and complementary guidance.

The 2023 version of the Connecticut Stormwater Quality Manual incorporates revisions that include but are not limited to:

- Update and streamlining of the stormwater management standards and performance criteria ([Chapter 4 - Stormwater Management Standards and Performance Criteria](#)) for consistency with the post-construction stormwater retention and treatment requirements of the CT DEEP stormwater general permits, including incorporation of permit concepts such as on-site retention of runoff and disconnection of Directly Connected Impervious Area (DCIA). The updated manual also includes a process for demonstrating compliance

with the stormwater management standards and performance criteria, incorporating use of the EPA stormwater BMP performance curves for demonstrating compliance with pollutant-specific pollutant load reduction targets when retention of the applicable water quality volume is not achievable.

- Consistent with the CT DEEP stormwater general permits and stormwater management approaches adopted by other states within EPA Region 1, greater emphasis on retention of stormwater as the preferred strategy for reducing stormwater pollutant loads (pollutant concentrations and volumes) and for restoring and maintaining pre-development site hydrology with respect to groundwater recharge and the volume, flow rate, duration, and temperature of runoff.
- Development of a new chapter ([Chapter 10 - General Design Guidance for Stormwater Infiltration Systems](#)) on the design of stormwater infiltration systems, which is the primary means of achieving the retention standard. This section provides updated guidance on site suitability, soil evaluation methods, sizing methods, and other design requirements for stormwater infiltration systems.
- Update and consolidation of the LID section of the 2004 Manual and the 2011 LID Appendix into a new chapter ([Chapter 5 - Low Impact Development Site Planning and Design Strategies](#)) on LID site planning and design strategies. The updated chapter provides additional guidance on the LID site planning and design process, LID hydrologic analysis, and criteria/credits for reducing DCIA through simple disconnection and other non-structural site planning and design techniques.
- Recategorization of structural stormwater BMPs based on function, replacing the previous “Primary and Secondary Treatment Practices” terminology and framework from the 2004 Manual.
- Update of design storm precipitation to incorporate available precipitation-frequency data for Connecticut for more resilient stormwater management designs. This includes updates to design storm precipitation for stormwater quantity control ([NOAA Atlas 14](#)) and an updated water quality design storm (90th percentile 24-hour rainfall) based on updated rainfall data for Connecticut as of the development of this Manual.
- Incorporation of other climate resilience considerations including sea level rise and coastal considerations in the selection and design of stormwater BMPs in coastal areas, as well as design considerations for mitigating the potential negative impacts of climate change on stream temperatures and nutrient loads.
- Updated structural stormwater BMP selection criteria and matrices, as well as a new stormwater BMP selection flowchart to guide designers and reviewers in the selection of appropriate structural stormwater BMPs for a given project and site ([Chapter 8 - Selection Considerations for Stormwater BMPs](#)).

- An updated section on stormwater retrofits ([Chapter 9 - Stormwater Retrofits](#)), reflecting the importance of retrofits to the success of municipal stormwater management programs in achieving the DCIA disconnection goals of the CT DEEP MS4 General Permit. The updated stormwater retrofit guidance in the Manual also incorporates and/or references information from a regional stormwater retrofit manual that has been developed for New England.
- Updated section on the appropriate use of proprietary stormwater BMPs ([Chapter 11 - Proprietary Stormwater BMPs](#)), as well as new or emerging technologies, including criteria for evaluating the use of such systems and recommended third-party performance programs.
- Updated design guidance for specific types of structural stormwater BMPs with a focus on practices that are most used to meet the retention and treatment standards in the revised Manual ([Chapter 13 - Structural Stormwater BMP Design Guidance](#)).
- Greater emphasis on integrating construction and post-construction phase stormwater management, particularly how construction activities should be integrated with LID site planning and design strategies or can impact the effectiveness of post-construction stormwater controls such as infiltration systems.

### Updates and Future Revisions

Technical information regarding updates to the Manual will be available at:

<http://www.ct.gov/deep/stormwaterqualitymanual>

Future versions of the Manual will reflect the technical updates found on the website. Notices regarding future revisions of the Manual will also be posted at this website.

### Applicability and Regulatory Basis of the Manual

The Manual itself has no independent regulatory authority. Rather, it establishes guidelines that are implemented through a framework of existing laws and regulations. Many municipalities have incorporated the Manual by reference into municipal planning, subdivision, and inland wetlands regulations. The CT DEEP MS4 General Permit specifically requires municipalities to update their local regulations to incorporate post-construction stormwater management requirements that meet or exceed the guidance contained in the Connecticut Stormwater Quality Manual. Similarly, state agencies have incorporated the Manual by reference into state regulatory and permit programs including the CT DEEP stormwater general permits.

The Manual is therefore applicable to all new development, redevelopment, and other land disturbance activity in the State of Connecticut, whether considered individually or collectively as part of a larger common plan, which triggers a local, state, or federal regulatory requirement to address post-construction stormwater management. This includes projects and activities undertaken by private entities, municipalities, or state agencies. [Appendix A – Stormwater](#)

[Regulation](#), contains a summary of local, state, and federal regulatory programs in Connecticut that require consideration of post-construction stormwater management.

The Manual also applies to the design and implementation of stormwater retrofits, which can help municipalities meet the DCIA disconnection goals in the MS4 General Permit, as well as non-regulatory water quality improvement projects (e.g., implementation of watershed management plans or other voluntary nonpoint source management programs).

## Organization and Use of the Manual

The Manual is organized into three major functional components. Part 1 (Chapters 1 through 3) contains background information on the Manual and its use, the stormwater-related impacts of land development, and approaches for preventing and mitigating stormwater impacts. Part 2 (Chapters 4 through 13) provides design guidance and is organized around the recommended stormwater management planning and design process. The Manual appendices contain supplemental information on the planning, design, and implementation of stormwater management measures.

### Part 1 – Background

- [Chapter 1 - Introduction](#) describes the Manual’s purpose, current and future revisions, users and organization, and applicability and regulatory basis.
- [Chapter 2 - Stormwater Impacts](#) describes stormwater runoff and its impacts on watershed hydrology, water quality, and ecology. Chapter 2 also introduces the concept of impervious cover and the importance of disconnecting Directly Connected Impervious Area (DCIA). Climate change impacts on stormwater quality and quantity are also discussed.
- [Chapter 3 - Preventing and Mitigating Stormwater Impacts](#), presents an overview of approaches for preventing and mitigating stormwater impacts through LID site planning and design, source controls and pollution prevention, construction soil erosion and sedimentation controls, and post-construction stormwater management.

### Part 2 – Design

- [Chapter 4 - Stormwater Management Standards and Performance Criteria](#), describes updated stormwater management standards and performance criteria for new development, redevelopment, and retrofit projects. This chapter also provides updated design storm precipitation for stormwater quantity control and the water quality design storm, as well as a process for demonstrating compliance with the stormwater management standards and performance criteria.
- [Chapter 5 - Low Impact Development Site Planning and Design Strategies](#), addresses non-structural Low Impact Development (LID) site planning and design strategies that can

be used to reduce or disconnect impervious surfaces and retain and infiltrate stormwater on-site, thereby eliminating or reducing the need for structural stormwater BMPs. [Chapter 5](#) integrates information from the 2011 LID Appendix and provides additional guidance on the LID site planning and design process, hydrologic analysis, and criteria/credits for reducing DCIA through simple disconnection and other non-structural site planning and design techniques.

- [Chapter 6 - Source Control Practices and Pollution Prevention](#), addresses source control and pollution prevention practices, which are operational practices to limit the generation of stormwater pollutants at their source. This chapter has been abbreviated to provide website links to current information on common source control and pollution prevention practices.
- [Chapter 7 - Overview of Structural Stormwater Best Management Practices](#), introduces functional categories of structural stormwater Best Management Practices (BMPs) that can be used after consideration and use of LID site planning and design techniques to meet the stormwater management standards and performance criteria described in [Chapter 4](#).
- [Chapter 8 - Selection Considerations for Stormwater BMPs](#), provides guidance on selecting appropriate structural stormwater BMPs for a development site based on the requirements and needs of the site. This chapter includes an updated selection process and selection factors.
- [Chapter 9 - Stormwater Retrofits](#), describes techniques for retrofitting existing developed sites to improve or enhance the water quality mitigation functions of the sites. [Chapter 9](#) also discusses the conditions for which stormwater retrofits are appropriate and the potential benefits of stormwater retrofits. This updated chapter discusses the role of stormwater retrofits in meeting DCIA disconnection goals for municipal stormwater management programs.
- [Chapter 10 - General Design Guidance for Stormwater Infiltration Systems](#), addresses the design of stormwater infiltration systems, including updated guidance on site suitability, soil evaluation methods, sizing methods, and other general design requirements for stormwater infiltration systems.
- [Chapter 11 - Proprietary Stormwater BMPs](#), provides guidance on the appropriate use of proprietary stormwater BMPs, as well as new or emerging technologies, including criteria for evaluating the use of such systems and recommended third-party performance programs and testing criteria
- [Chapter 12 – Stormwater Management Plan](#), describes how to prepare a stormwater management plan for review by local and state regulatory agencies. The chapter includes a recommended plan format and contents, and a completeness checklist for use by the plan preparer and reviewer.

- [Chapter 13 - Structural Stormwater BMP Design Guidance](#), provides detailed technical design guidance for each of the structural stormwater BMPs. This chapter includes guidance on the selection, design, construction, and maintenance of these practices, as well as summary information on selection and sizing criteria addressed in previous chapters.

# Chapter 2 – Stormwater Impacts

## Stormwater and Land Development Impacts

Stormwater is from rain or snowmelt that runs off land surfaces such as rooftops, streets, highways, parking lots, and lawns. Along the way, the stormwater may pick up and transport contaminants. These contaminants might include motor oils, gasoline, antifreeze, and brake dust (commonly found on pavements), deposition from atmospheric sources, fertilizers and pesticides (found on landscaped areas), heavy metals and pathogens (commonly found on roofs)<sup>2</sup> and soil sediments (from farms and construction sites).

Stormwater eventually flows into a local stream, river or lake, or into a storm drain and continues through storm pipes until it is discharged into a local waterbody. Stormwater that seeps into the ground receives some treatment by natural soil processes and eventually replenishes groundwater aquifers and surface waters such as lakes, streams, and oceans.

Stormwater is one component of the hydrologic cycle, which is the distribution and movement of water between the earth's atmosphere, land, and water bodies (Figure 2-1). While stormwater itself is a natural process, the development of the landscape with impervious surfaces such as buildings, roads, and parking lots, as well as storm sewer systems and other man-made features, alters the stormwater flow and composition, and even other parts of the hydrologic cycle, which can adversely impact water quality and aquatic habitat of a site or watershed. Even conversion of natural vegetation (wooded areas and meadows) to lawn can significantly alter the infiltration and water holding capacity of native soils by eliminating vegetation with deep root systems and compacting soils during construction. In addition, natural pollutant removal mechanisms provided by on-site vegetation and soils have less opportunity to remove pollutants from stormwater runoff in developed areas. This transformation increases the amount of stormwater runoff from a site, decreases infiltration and groundwater recharge, and alters natural drainage patterns.

Stormwater runoff can be considered both a point source and a nonpoint source of pollution. Stormwater runoff that flows into a conveyance system and is discharged through a pipe, ditch, channel, or other structure is considered a point source discharge under EPA's National Pollutant Discharge Elimination System (NPDES) permit program, as administered by CT DEEP.

### What's New in this Chapter?

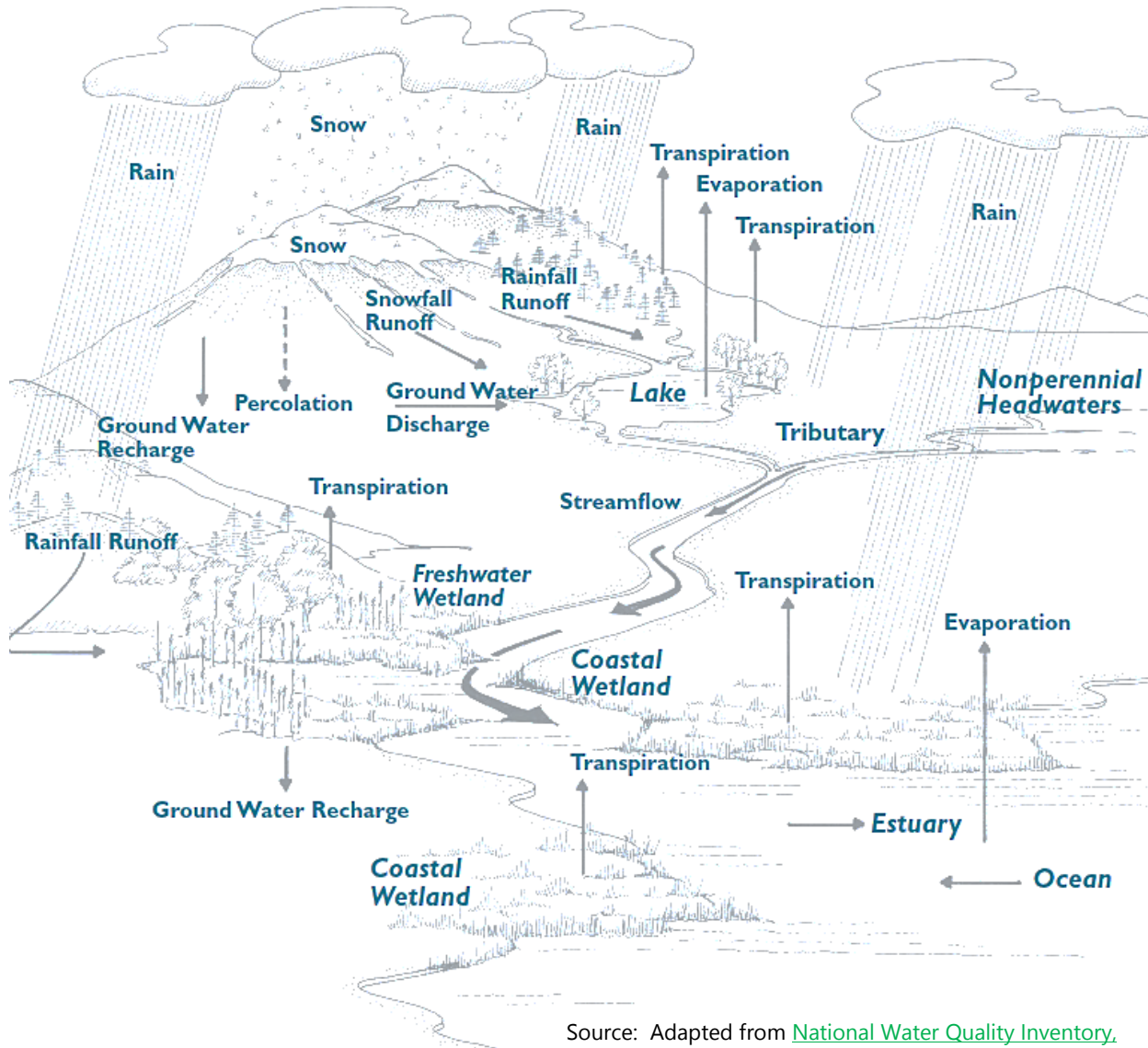
- ❖ Advances in scientific understanding of the water quality impacts of stormwater runoff
- ❖ Concepts of Directly Connected Impervious Area (DCIA) and DCIA disconnection from the CT DEEP MS4 General Permit
- ❖ Discussion of climate change impacts and stormwater management

<sup>2</sup> Lye DJ. Rooftop runoff as a source of contamination: a review. *Sci Total Environ.* 2009 Oct 15;407(21):5429-34. doi: [10.1016/j.scitotenv.2009.07.011](https://doi.org/10.1016/j.scitotenv.2009.07.011). Epub 2009 Jul 31. PMID: 19647287.



Stormwater runoff that flows over the land surface and is not concentrated in a defined channel is considered a type of nonpoint source pollution. In most cases stormwater runoff begins as a nonpoint source (i.e., sheet flow) and becomes a point source discharge (i.e., shallow concentrated flow or flow conveyed by a gutter, ditch, drainpipe, etc.).

**Figure 2-1. Hydrologic Cycle**



Source: Adapted from [National Water Quality Inventory](#).

The stormwater-related impacts of land development on rivers, streams, and other receiving waters can be grouped into four categories, which are described further in the following sections:

1. Hydrologic Impacts
2. Stream Channel and Floodplain Impacts
3. Water Quality Impacts
4. Habitat and Ecological Impacts

### Hydrologic Impacts

Development can dramatically alter the hydrologic regime of a site or watershed as a result of increases in impervious surfaces. The impacts of development on hydrology may include:

- Increased runoff volume
- Increased peak discharges
- Decreased runoff travel time
- Reduced groundwater recharge
- Reduced stream baseflow
- Increased frequency of bankfull and overbank flow
- Increased flow velocity during storms
- Increased frequency and duration of high stream flow

[Figure 2-2](#) depicts typical pre-development and post-development streamflow hydrographs for a developed watershed.

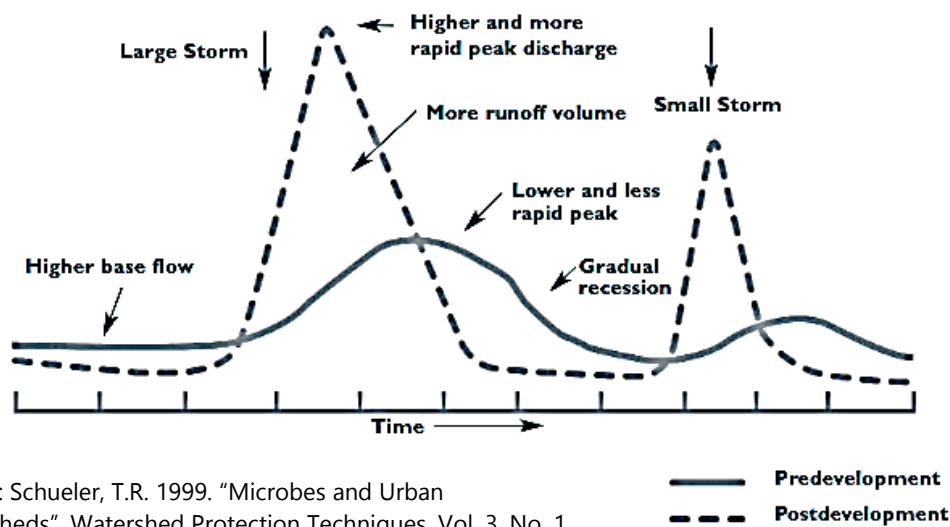
### Stream Channel and Floodplain Impacts

Stream channels in developed areas respond to and adjust to the altered hydrologic regime that accompanies urbanization. The severity and extent of stream adjustment is a function of the degree of watershed imperviousness.<sup>3</sup> The impacts of development on stream channels and floodplains may include:

- Channel scour, widening, and downcutting
- Streambank erosion and increased sediment loads
- Shifting bars of coarse sediment
- Burying of stream substrate and increase in embeddedness
- Loss of pool/riffle structure and sequence
- Man-made stream enclosure or channelization
- Floodplain expansion

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<sup>3</sup> Water Environment Federation (WEF) and American Society of Civil Engineers (ASCE). 1998. Urban Runoff Quality Management (WEF Manual of Practice No. 23 and ASCE Manual and Report on Engineering Practice No. 87).

**Figure 2-2. Changes in Stream Hydrology as a Result of Land Development**

Source: Schueler, T.R. 1999. "Microbes and Urban Watersheds". Watershed Protection Techniques. Vol. 3, No. 1.

### Water Quality Impacts

Land development and urbanization of the landscape increases the discharge of pollutants in stormwater runoff. Development introduces new sources of stormwater pollutants and provides impervious surfaces that accumulate pollutants between storms. Structural stormwater collection and conveyance systems allow stormwater pollutants to quickly wash off during storm or snowmelt events and discharge to downstream receiving waters. By contrast, most undeveloped areas have better depression storage and pervious surfaces. Natural processes, such as infiltration, interception, depression storage, filtration by vegetation, and evaporation, can reduce the quantity of stormwater runoff and remove pollutants. Impervious areas decrease the natural stormwater purification functions of watersheds and increase the potential for water quality impacts in receiving waters.

In Connecticut, stormwater is a major source of pollution to surface waters throughout the State. This pollution can limit the use of impacted waterbodies, which may include primary contact recreation, such as swimming and boating, and the ability to support healthy aquatic life. Stormwater runoff is also a contributor to excessive nutrient enrichment in lakes and ponds, as well as a continued threat to estuarine waters and Long Island Sound.<sup>4</sup> In urban communities with combined storm and sanitary sewer systems, stormwater runoff also contributes to combined sewer overflows (CSOs), which can have significant surface water quality and public health impacts during and after storm events.

Waterbodies in Connecticut that are impacted by pollutants may be determined to be impaired (i.e., not meeting water quality standards for certain uses) as a result of stormwater or other

<sup>4</sup> United States Environmental Protection Agency (EPA). 2001. National Water Quality Inventory: 1998 Report to Congress. EPA620-R-01-005. Office of Water, Washington, D.C.

related stressors related to urbanization. Impaired waters are identified in the [Connecticut Integrated Water Quality Report](#), which is updated by CT DEEP approximately every two years. This information is also available through an interactive map viewer maintained by UConn at: <https://nemo.uconn.edu/ms4/tools/ms4map.html>.

Stormwater runoff from developed areas can also degrade groundwater quality if stormwater with high pollutant loads is directed into the soil without adequate treatment. Certain land uses and activities, sometimes referred to as stormwater “hotspots” (e.g., commercial parking lots, vehicle service and maintenance facilities, and industrial rooftops), are known to produce higher loads of pollutants such as metals and toxic chemicals. Soluble pollutants can migrate into groundwater and potentially contaminate wells in groundwater supply aquifer areas.

[Table 2-1](#) lists the principal pollutants found in stormwater runoff, typical pollutant sources, related impacts to receiving waters, and factors that promote pollutant removal. [Table 2-1](#) also identifies those pollutants that commonly occur in a dissolved or soluble form, which has important implications for the selection and design of stormwater management practices described later in this Manual. [Chapter 3 - Preventing and Mitigating Stormwater Impacts](#) contains additional information on pollutant removal mechanisms for various stormwater pollutants.

**Table 2-1. Summary of Stormwater Pollutants**

Stormwater Pollutant	Potential Sources	Receiving Water Impacts	Removal Promoted By <sup>1</sup>
Excess Nutrients - Nitrogen, Phosphorus (soluble)	Animal waste, fertilizers, failing septic systems, landfills, atmospheric deposition, erosion and sedimentation, illicit sanitary connections	Algal growth, nuisance plants, ammonia toxicity, reduced clarity, oxygen deficit (hypoxia), pollutant recycling from sediments, decrease in submerged aquatic vegetation (SAV)	<p>Phosphorus: High soil exchangeable aluminum and/or iron content, vegetation, presence of carbon in the filtration medium and aquatic plants</p> <p>Nitrogen: Alternating aerobic and anaerobic conditions, low levels of toxicants, near neutral pH (7)</p>
Sediments - Suspended, Dissolved, Deposited, Sorbed Pollutants	Construction sites, streambank erosion, wash off from impervious surfaces, winter sand application	Increased turbidity, lower dissolved oxygen, deposition of sediments, aquatic habitat alteration, sediment and benthic toxicity	Lowering turbulence, increasing residence time
Pathogens - Bacteria, Viruses	Animal waste, failing septic systems, illicit sanitary connections	Human health risk via drinking water supplies, contaminated swimming beaches, and contaminated shellfish consumption	High light (ultraviolet radiation), increasing residence time, filtration by media/soil filtration, disinfection
Organic Materials - Biochemical Oxygen Demand, Chemical Oxygen Demand	Leaves, grass clippings, brush, failing septic systems	Lower dissolved oxygen, odors, fish kills, algal growth, reduced clarity	Aerobic conditions, high light, high soil organic content, low levels of toxicants, near neutral pH (7)

Stormwater Pollutant	Potential Sources	Receiving Water Impacts	Removal Promoted By <sup>1</sup>
Hydrocarbons - Oil and Grease	Industrial processes; commercial processes; automobile wear, emissions, and fluid leaks; improper oil disposal	Toxicity of water column and sediments, bioaccumulation in food chain organisms	Lowering turbulence, increasing residence time, physical separation or capture techniques
Metals - Copper, Lead, Zinc, Mercury, Chromium, Aluminum (soluble)	Industrial processes, normal wear of automobile brake linings and tires, automobile emissions and fluid leaks, metal roofs	Toxicity of water column and sediments, bioaccumulation in food chain organisms	High soil organic content, high soil cation exchange capacity, near neutral pH (7)
Synthetic Organic Chemicals - Pesticides, VOCs, SVOCs, PCBs, PAHs, PFAS, other contaminants of emerging concern (soluble)	Residential, commercial, and industrial application of herbicides, insecticides, fungicides, rodenticides; industrial processes; commercial processes; food packaging, commercial household products, industry (PFAS); residues of tire wear most often in urban runoff (6-PPD Quinone) <sup>5</sup>	Toxicity of water column and sediments, bioaccumulation in food chain organisms, health effects of drinking water contamination (PFAS)	Aerobic conditions, high light, high soil organic content, low levels of toxicants, near neutral pH (7), high temperature and air movement for volatilization of VOCs; treatability for PFAS and 6-PPD Quinone in stormwater is an evolving area of research.

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<sup>5</sup>Markus Brinkmann, David Montgomery, Summer Selinger, Justin G. P. Miller, Eric Stock, Alper James Alcaraz, Jonathan K. Challis, Lynn Weber, David Janz, Markus Hecker, Steve Wiseman. Acute Toxicity of the Tire Rubber-Derived Chemical 6PPD-quinone to Four Fishes of Commercial, Cultural, and Ecological Importance. Environmental Science & Technology Letters, 2022; DOI: 10.1021/acs.estlett.2c00050

Stormwater Pollutant	Potential Sources	Receiving Water Impacts	Removal Promoted By <sup>1</sup>
Deicing Constituents - Sodium, Calcium, Potassium, Chloride, Ethylene Glycol, Other Pollutants (soluble)	Road salting and uncovered salt storage. Snowmelt runoff from snow piles in parking lots and roads during the spring snowmelt season or during winter rain on snow events.	Toxicity of water column and sediments, contamination of drinking water, harmful to salt intolerant plants. Concentrated loadings of other pollutants as a result of snowmelt.	Aerobic conditions, high light, high soil organic content, low levels of toxicants, near neutral pH (7)
Trash and Debris	Litter washed through storm drain network	Degradation of aesthetics, threat to wildlife, potential clogging of storm drainage system	Lowering turbulence, physical straining/capture
Freshwater Impacts	Stormwater discharges to tidal wetlands and estuarine environments	Dilution of the high marsh salinity and encouragement of the invasion of brackish or upland wetland species such as <i>Phragmites</i>	Stormwater retention and volume reduction
Thermal Impacts	Runoff with elevated temperatures from contact with impervious surfaces (pavement)	Adverse impacts to aquatic organisms that require cold and cool water conditions	Retention/infiltration of runoff, use of vegetation and trees for shading of impervious surfaces, increased pool depths in stormwater ponds/wetlands

Stormwater Pollutant	Potential Sources	Receiving Water Impacts	Removal Promoted By <sup>1</sup>
<p><sup>1</sup>Factors that promote removal of most stormwater pollutants include:</p> <ul style="list-style-type: none"> <li>○ Increasing hydraulic residence time</li> <li>○ Lowering turbulence</li> <li>○ Flow through fine, dense herbaceous plants</li> <li>○ Filtration through medium-fine textured soil</li> <li>○ Presence of carbon in the filtration medium</li> </ul>			

Table above is developed from a compilation of sources.<sup>6,7,8,9,10,11</sup>

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<sup>6</sup> Ali, W.; Takaijudin, H.; Yusof, K.W.; Osman, M.; Abdurrasheed, A.S. The Common Approaches of Nitrogen Removal in Bioretention System. Sustainability 2021, 13, 2575. <https://doi.org/10.3390/su13052575>

<sup>7</sup> Watershed Management Institute, Inc. 1997. Operation, Maintenance, and Management of Stormwater Management Systems. In cooperation with U.S. Environmental Protection Agency, Office of Water, Washington, D.C.

<sup>8</sup> Metropolitan Council. 2001. Minnesota Urban Small Sites BMP Manual: Stormwater Best Management Practices for Cold Climates, prepared by Barr Engineering Company, St. Paul, Minnesota

<sup>9</sup> Ismail W. Almanassra, Viktor Kochkodan, Gordon Mckay, Muataz Ali Atieh, Tareq Al-Ansari, Review of phosphate removal from water by carbonaceous sorbents, Journal of Environmental Management, Volume 287, 2021, 112245, ISSN 0301-4797, <https://doi.org/10.1016/j.jenvman.2021.112245>.

<sup>10</sup> Bettina Seiwert, Maolida Nihemaiti, Mareva Troussier, Steffen Weyrauch, Thorsten Reemtsma, Abiotic oxidative transformation of 6-PPD and 6-PPD quinone from tires and occurrence of their products in snow from urban roads and in municipal wastewater, Water Research, Volume 212, 2022, 118122, ISSN 0043-1354, <https://doi.org/10.1016/j.watres.2022.118122>.

<sup>11</sup> Connecticut Department of Environmental Protection (DEP). 1995. Assessment of Nonpoint Sources of Pollution in Urbanized Watersheds: A Guidance Document for Municipal Officials, DEP Bulletin #22. Bureau of Water Management, Planning and Standards Division, Hartford, Connecticut.



## Excess Nutrients

Urban stormwater runoff typically contains elevated concentrations of nitrogen and phosphorus that are mostly derived from lawn fertilizer, detergents, animal waste, atmospheric deposition, organic matter, and improperly installed or failing septic systems. Nutrient concentrations in urban runoff are like those found in secondary wastewater effluents (American Public Works Association and Texas Natural Resource Conservation Commission). Elevated nutrient concentrations in stormwater runoff can result in excessive growth of vegetation or algae in streams, lakes, reservoirs, and estuaries, a process known as accelerated eutrophication. Phosphorus is typically the growth-limiting nutrient in freshwater systems, while nitrogen is growth-limiting in estuarine and marine systems. This means that in marine waters algal growth usually responds to the level of nitrogen in the water, and in fresh waters algal growth is usually stimulated by the level of available or soluble phosphorus.<sup>12</sup>

Nutrients are a major source of degradation in many of Connecticut's water bodies. Excessive nitrogen loadings have led to hypoxia, a condition of low dissolved oxygen, in Long Island Sound. A Total Maximum Daily Load (TMDL) for nitrogen has been developed for Long Island Sound, which will restrict nitrogen loadings from point and non-point sources throughout Connecticut. Phosphorus in runoff has impacted the quality of many of Connecticut's lakes and ponds, which are susceptible to eutrophication from phosphorus loadings. Nutrients are also detrimental to submerged aquatic vegetation (SAV). Nutrient enrichment can favor the growth of epiphytes (small plants that grow attached to other things, such as blades of eelgrass) and increase amounts of phytoplankton and zooplankton in the water column, thereby decreasing available light. Excess nutrients can also favor the growth of macroalgae, which can dominate and displace eelgrass beds and dramatically change the food web.<sup>13</sup>

## Sediment

Sediment loading to waterbodies occurs from washed off particles that are deposited on impervious surfaces such as roads and parking lots (through winter sand application or vehicle tracking), soil erosion associated with construction activities, and streambank erosion. Although some erosion and sedimentation is natural, excessive sediment loads can be detrimental to aquatic life including phytoplankton, algae, benthic invertebrates, and fish by interfering with photosynthesis, respiration, growth, and reproduction. Solids can either remain in suspension or settle to the bottom of the water body. Suspended solids can make the water cloudy or turbid, detract from the aesthetic and recreational value of a water body, and harm SAV, finfish, and

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<sup>12</sup> Connecticut Department of Environmental Protection (DEP). 1995. Assessment of Nonpoint Sources of Pollution in Urbanized Watersheds: A Guidance Document for Municipal Officials, DEP Bulletin #22. Bureau of Water Management, Planning and Standards Division, Hartford, Connecticut.

<sup>13</sup> Deegan, L., A. A. Wright, S. G. Ayvazian, J. T. Finn, H. Golden, R. R. Merson, and J. Harrison. 2002. Nitrogen loading alters seagrass ecosystem structure and support of higher trophic levels. *Aquatic Conservation*. 12(2): p. 193-212. March-April, 2002.

shellfish. Sediment transported in stormwater runoff can be deposited in a stream or other water body or wetland and can adversely impact fish and wildlife habitat by smothering bottom dwelling aquatic life (including increasing spawning failure)<sup>14</sup> and changing the bottom substrate. Sediment deposition in water bodies can result in the loss of deep-water habitat and can affect navigation, often necessitating dredging. Sediment, particularly finer particles, can also transport pollutants such as nutrients, toxics, organics, metals, and hydrocarbons. Pathogens, often measured with the surrogate fecal indicator bacteria (FIB), are known to attach to, and thereby transport with, sediment in stormwater. Sediment accumulation in stormwater BMPs has been noted to function as a reservoir to these microorganisms.<sup>15</sup>

Additionally, sediment accumulation can degrade or inhibit the effectiveness of stormwater BMPs and thereby, contribute to water quality impacts indirectly as well (see the Maintenance sections of [Infiltration Trenches](#), [Underground Infiltration Systems](#), [Dry Water Quality Swales](#), [Wet Water Quality Swales](#), and [Underground Detentions](#)). Each of these contributing factors that complicate or compound the impact of sediment on water quality further demonstrate the importance of BMP maintenance and ensuring preventative measures to control erosion are taken when disturbing sediment/soil (see the [Soil Erosion and Sediment Control Guidelines](#)).

### Pathogens

Pathogens are bacteria, protozoa, and viruses that can cause disease in humans. The presence of FIB such as fecal coliform, *Escherichia coli*, and Enterococci are indicators of the potential presence of pathogenic organisms and potential risk to human health.<sup>16</sup> Fecal indicator bacteria levels in stormwater runoff routinely exceed public health standards for water contact during recreation and shell fishing. Sources of fecal indicator bacteria and pathogens in stormwater runoff include animal waste from pets, wildlife, and waterfowl; combined sewer overflows; failing septic systems; and illegal sanitary sewer cross-connections. High levels of fecal indicator bacteria in stormwater have commonly led to the closure of beaches and shell fishing beds along coastal areas of Connecticut.

### Organic Materials

Oxygen-demanding organic substances such as grass clippings, leaves, animal waste, and street litter are commonly found in stormwater. The decomposition of such substances in waterbodies can deplete oxygen from the water, thereby causing similar effects to those caused by nutrient

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<sup>14</sup> Krzysztof Kukuła, Aneta Bylak, Synergistic impacts of sediment generation and hydrotechnical structures related to forestry on stream fish communities, *Science of The Total Environment*, Volume 737, 2020, 139751, ISSN 0048-9697, <https://doi.org/10.1016/j.scitotenv.2020.139751>.

<sup>15</sup> Urban Water Resources Research Council, Pathogens in Wet Weather Flows Technical Committee, Environmental and Water Resources Institute, American Society of Civil Engineers 2014 <https://www.asce-pgh.org/Resources/EWRI/Pathogens%20Paper%20August%202014.pdf>

<sup>16</sup> Connecticut Department of Environmental Protection (DEP). 1995. Assessment of Nonpoint Sources of Pollution in Urbanized Watersheds: A Guidance Document for Municipal Officials, DEP Bulletin #22. Bureau of Water Management, Planning and Standards Division, Hartford, Connecticut.

loading. Organic matter is of primary concern in waterbodies where oxygen is not easily replenished, such as slower moving streams, lakes, and estuaries. An additional concern for unfiltered water supplies is the formation of trihalomethane (THM), a carcinogenic disinfection byproduct generated by the mixing of chlorine with water high in organic carbon.<sup>17</sup>

## Hydrocarbons

Stormwater runoff from developed areas contains a wide array of hydrocarbon compounds, some of which are toxic to aquatic organisms at low concentrations.<sup>18</sup> Vehicles are the primary sources of hydrocarbons in stormwater runoff. Source areas with higher concentrations of hydrocarbons in stormwater runoff include roads, parking lots, gas stations, vehicle service stations, residential parking areas, and bulk petroleum storage facilities.

## Metals

Metals such as copper, lead, zinc, mercury, and cadmium are commonly found in stormwater runoff. Chromium and nickel are also frequently present.<sup>19</sup> The primary sources of these metals in stormwater runoff are vehicular exhaust residue, fossil fuel combustion, corrosion of galvanized and chrome-plated products, roof runoff, stormwater runoff from industrial sites, and the application of deicing agents. Architectural copper associated with building roofs, flashing, gutters, and downspouts has been shown to be a source of copper in stormwater runoff in Connecticut and other areas of the country.<sup>20,21</sup> Marinas have also been identified as a source of copper and, therefore, present aquatic toxicity to inland and marine waters.<sup>22</sup> Washing or sandblasting of boat hulls to remove salt and barnacles also removes some of the bottom paint, which contains copper and zinc additives to protect hulls from deterioration.

In Connecticut, discharge of metals to surface waters is of particular concern. Metals can be toxic to aquatic organisms, can bioaccumulate, and have the potential to contaminate drinking water supplies. Many major rivers in Connecticut have copper levels that exceed Connecticut's Copper Water Quality Criteria. Although metals generally attach themselves to the solids in stormwater runoff or receiving waters, studies have demonstrated that dissolved metals, particularly copper

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<sup>17</sup> New York State Department of Environmental Conservation (NYDEC). 2001. New York State Stormwater Management Design Manual. Prepared by Center for Watershed Protection. Albany, New York.

<sup>18</sup> Woodward-Clyde Consultants. 1990. Urban targeting and BMP Selection: An Information and Guidance Manual for State NPS Program Staff Engineers and Managers, Final Report.

<sup>19</sup> United States Environmental Protection Agency (EPA). 1983. Results of the Nationwide Urban Runoff Program, Volume 1, Final Report. Water Planning Division. Washington, D.C. NTIS No. PB 84-185 552.

<sup>20</sup> Barron, T. 2000. Architectural Uses of Copper: An Evaluation of Stormwater Pollution Loads and Best Management Practices. Prepared for the Palo Alto Regional Water Quality Control Plant.

<sup>21</sup> Tobiason, S. 2001. "Trickle Down Effect". *Industrial Wastewater*. Water Environment Federation. Vol. 9, No. 6.

<sup>22</sup> Sailer Environmental, Inc. 2000. Final Report on the Alternative Stormwater Sampling for CMTA Members. Prepared for Connecticut Marine Trades Association.

and zinc, are the primary toxicants in stormwater runoff from industrial facilities throughout Connecticut.<sup>23,24</sup> Additionally, stormwater runoff can contribute to elevated metals in aquatic sediments by combining with road salts which then mobilize metals.<sup>25</sup> Many metals can become bioavailable where the bottom sediment is anaerobic (without oxygen) such as in a lake or estuary. Metal accumulation in sediments has resulted in impaired aquatic habitat and more difficult maintenance dredging operations in estuaries because of the special handling requirements for contaminated sediments.

### Synthetic Organic Chemicals

Synthetic organic chemicals can also be present at low concentrations in urban stormwater. Pesticides, phenols, polychlorinated biphenyls (PCBs), and polynuclear or polycyclic aromatic hydrocarbons (PAHs) are the compounds most frequently found in stormwater runoff. Such chemicals can exert varying degrees of toxicity on aquatic organisms and can bioaccumulate in fish and shellfish. Toxic organic pollutants are most found in stormwater runoff from industrial areas. Pesticides are commonly found in runoff from urban lawns and rights-of-way.<sup>26</sup> A review of monitoring data on stormwater runoff quality from industrial facilities has shown that PAHs are the most common organic toxicants found in roof runoff, parking area runoff, and vehicle service area runoff.<sup>27</sup> Emerging contaminants such as per- and polyfluoroalkyl substances (PFAS), which is a group of man-made chemicals that have been manufactured and used in a variety of industries since the 1940s, are an increasing concern for public health in both drinking water supplies and in stormwater runoff.

### Deicing Constituents

Salting of roads, parking lots, driveways, and sidewalks during winter months and snowmelt during the early spring result in the discharge of sodium, chloride, and other deicing compounds to surface waters via stormwater runoff. Excessive amounts of sodium and chloride may have harmful effects on water, soil, and vegetation, and can also accelerate corrosion of metal surfaces. Drinking water supplies, particularly groundwater wells, may be contaminated by runoff from roadways where deicing compounds have been applied or from highway facilities where salt mixes are improperly stored. In addition, sufficient concentrations of chlorides may prove toxic to certain aquatic species. Excess sodium in drinking water can lead to health

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<sup>23</sup> Mas, D.M.L., Curtis, M.D., and E.V. Mas. 2001. "Investigation of Toxicity Relationships in Industrial Stormwater Discharges", presented at New England Water Environment Association 2001 Annual Conference, Boston, MA.

<sup>24</sup> New England Bioassay, Inc. 2001. Final Report on Stormwater Toxicity Identification Evaluations (TIE) at Industrial Sites. Prepared for the Connecticut Department of Environmental Protection.

<sup>25</sup> [https://stormwater.pca.state.mn.us/index.php/Environmental\\_impacts\\_of\\_road\\_salt\\_and\\_other\\_de-icing\\_chemicals](https://stormwater.pca.state.mn.us/index.php/Environmental_impacts_of_road_salt_and_other_de-icing_chemicals)

<sup>26</sup> New York State Department of Environmental Conservation (NYDEC). 2001. New York State Stormwater Management Design Manual. Prepared by Center for Watershed Protection. Albany, New York.

<sup>27</sup> Pitt, R., Field, R., Lator, M., and M. Brown. 1995. "Urban Stormwater Toxic Pollutants: Assessment, Sources, and Treatability". Water Environment Research. Vol. 67, No. 3.

problems in individuals on low sodium diets. Other deicing compounds may contain nitrogen, phosphorus, and oxygen demanding substances. Antifreeze from automobiles is a source of phosphates, chromium, copper, nickel, and cadmium.

Other pollutants such as sediment, nutrients, and hydrocarbons are released from the snowpack during the spring snowmelt season and during winter rain-on-snow events. The pollutant loading during snowmelt can be significant and can vary considerably during the melt event.<sup>28</sup> For example, a majority of the hydrocarbon load from snowmelt occurs during the last 10 percent of the event and towards the end of the snowmelt season.<sup>29</sup> Similarly, PAHs, which are hydrophobic materials, remain in the snowpack until the end of the snowmelt season, resulting in highly concentrated loadings.<sup>30</sup>

### Trash and Debris

Trash and debris are washed off the land surface by stormwater runoff and can accumulate in storm drainage systems and receiving waters. Litter detracts from the aesthetic value of waterbodies and can harm aquatic life either directly (by being mistaken for food) or indirectly (by habitat modification). Sources of trash and debris in urban stormwater runoff include residential yard waste, commercial parking lots, street refuse, combined sewers, illegal dumping, and industrial refuse.

### Impacts of Freshwater Discharges

Discharge of freshwater, including stormwater, into brackish and tidal wetlands can alter the salinity and hydroperiod of these environments, which can encourage the invasion of brackish or freshwater wetland species such as *Phragmites australis* (common reed).

### Thermal Impacts

Impervious surfaces may increase temperatures of stormwater runoff and receiving waters. Roads and other impervious surfaces heated by sunlight may transport thermal energy to a stream during storm events. Direct exposure of sunlight to shallow ponds and impoundments, as well as unshaded streams, may further elevate water temperatures. Elevated water temperatures can exceed fish and invertebrate tolerance limits, reducing survival and lowering resistance to disease. Coldwater fish such as trout may be eliminated, or the habitat may become marginally supportive of cold-water species. Elevated water temperatures also contribute to decreased oxygen levels in water bodies and dissolution of solutes.

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<sup>28</sup> New York State Department of Environmental Conservation (NYDEC). 2001. New York State Stormwater Management Design Manual. Prepared by Center for Watershed Protection. Albany, New York.

<sup>29</sup> Oberts, G. 1994. "Influence of Snowmelt Dynamics on Stormwater Runoff Quality". Watershed Protection Techniques. Vol. 1, No. 2.

<sup>30</sup> Metropolitan Council. 2001. Minnesota Urban Small Sites BMP Manual: Stormwater Best Management Practices for Cold Climates, prepared by Barr Engineering Company, St. Paul, Minnesota.

Additionally, increasing temperatures may compound the issues around harmful algal blooms. As noted by EPA, warming water temperatures may favor harmful algal blooms in several ways:<sup>31</sup>

- Toxic blue-green algae prefer warmer water.
- Warmer temperatures prevent water from mixing, allowing algae to grow thicker and faster.
- Warmer water is easier for small organisms to move through and allows algae to float to the surface faster.
- Algal blooms absorb sunlight, making water even warmer and promoting more blooms.

### Habitat and Ecological Impacts

Changes in hydrology, stream morphology, and water quality that accompany the development process can also impact stream habitat and ecology. A large body of research has demonstrated the relationship between urbanization and impacts to aquatic habitat and organisms. Habitat and ecological impacts may include:

- A shift from external (leaf matter) to internal (algal organic matter) stream production
- Reduction in the diversity, richness, and abundance of the stream community (aquatic insects, fish, amphibians)
- Destruction of freshwater wetlands, riparian buffers, and springs
- Creation of barriers to fish migration

### Impacts on Other Receiving Environments

Most of the research on the ecological impacts of urbanization has focused on streams. However, urban stormwater runoff has also been shown to adversely impact other types of receiving environments such as wetlands, lakes, and estuaries. Development alters the physical, geochemical, and biological characteristics of wetland systems. Lakes, ponds, wetlands, estuaries and SAV are impacted through deposition of sediment and particulate pollutant loads. Additionally, increased nutrient loads accelerate eutrophication and lower light penetration impacting the living organisms of these waterbodies. Estuaries also experience more extreme salinity swings caused by increased runoff and reduced baseflow. [Table 2-2](#) summarizes the effects of land development and urbanization on these receiving environments.

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<sup>31</sup> <https://www.epa.gov/nutrientpollution/climate-change-and-harmful-algal-blooms>

**Table 2-1. Effects of Land Development and Urbanization on Other Receiving Environments**

Receiving Environment	Impacts
Wetlands	<ul style="list-style-type: none"> <li>➤ Changes in hydrology and hydrogeology</li> <li>➤ Increased nutrient and other contaminant loads</li> <li>➤ Compaction and destruction of wetland soil</li> <li>➤ Changes in wetland vegetation</li> <li>➤ Changes in or loss of habitat</li> <li>➤ Changes in the community (diversity, richness, and abundance) of organisms</li> <li>➤ Loss of biota</li> <li>➤ Permanent loss of wetlands</li> </ul>
Lakes and Ponds	<ul style="list-style-type: none"> <li>➤ Impacts to biota on the lake bottom due to sedimentation</li> <li>➤ Contamination of lake sediments</li> <li>➤ Water column turbidity</li> <li>➤ Aesthetic impairment due to floatables and trash</li> <li>➤ Increased algal blooms and depleted oxygen levels due to nutrient enrichment, resulting in an aquatic environment with decreased diversity</li> <li>➤ Contaminated drinking water supplies</li> </ul>
Estuaries	<ul style="list-style-type: none"> <li>➤ Sedimentation in estuarial streams and SAV beds</li> <li>➤ Altered hydroperiod of brackish and tidal wetlands, which results from larger, more frequent pulses of fresh water and longer exposure to saline waters because of reduced baseflow</li> <li>➤ Hypoxia</li> <li>➤ Turbidity</li> <li>➤ Bioaccumulation</li> <li>➤ Loss of SAV due to nutrient enrichment</li> <li>➤ Scour of tidal wetlands and SAV</li> <li>➤ Short-term salinity swings in small estuaries caused by the increased volume of runoff which can impact key reproduction areas for aquatic organisms</li> </ul>

Source: Adapted from WEF and ASCE, 1998.



## Impervious Cover

Impervious cover is any impervious surface in the landscape that cannot effectively absorb and infiltrate rainfall. For the purpose of this Manual, impervious surfaces include, but are not limited to roads, parking lots, driveways, roofs, sidewalks, patios (i.e., solid or open-joint patios or decks with an underlying impervious surface), water surfaces (i.e., ponds, manmade and natural waterbodies, etc.), compacted gravel surfaces and highly compacted soils. These surfaces disrupt the natural hydrologic cycle, increasing surface runoff and decreasing infiltration of rainfall into the soil.

Impervious cover is widely considered a key environmental indicator. A large body of scientific literature has shown that groundwater recharge, stream base flow, and water quality measurably change and can decrease as impervious cover increases. Studies have shown a direct relationship between the intensity of development, as indicated by the amount of impervious cover, and the degree of damage in a watershed.<sup>32,33,34,35,36,37,38</sup> Research nationwide has shown that when impervious cover in a watershed reaches approximately 10 percent, ecological stress becomes clearly apparent. Beyond 25 percent, stream stability is reduced, habitat is lost, water quality becomes degraded, and biological diversity decreases.<sup>39</sup> [Figure 2-3](#) illustrates this effect.

Studies indicate that as the amount of impervious cover in a watershed exceeds 12 percent, unacceptable impacts to aquatic life can be predicted to occur in surface waters. The [Connecticut Watershed Response Plan for Impervious Cover](#) set a target of 11 percent impervious cover or less to be applied in Connecticut based on the observed water quality impairments at 12 percent IC and an application of a 1 percent margin of safety. Stormwater

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<sup>32</sup> Schueler T. R. Kumble P. A. Heraty M. A. Metropolitan Washington Council of Governments & United States. (1992). A current assessment of urban best management practices: techniques for reducing non-point source pollution in the coastal zone. Metropolitan Washington Council of Governments.

<sup>33</sup> Schueler, T.R. 1994. "The Importance of Imperviousness". Watershed Protection Techniques. Vol. 1, No. 3.

<sup>34</sup> Schueler, T.R. 1995. Site Planning for Urban Stream Protection. Metropolitan Washington Council of Governments. Washington, D.C.

<sup>35</sup> Booth, D.B. and L.E. Reinelt. 1993. "Consequences of Urbanization on Aquatic Systems - Measured Effects, Degradation Thresholds, and Corrective Strategies", in Proceedings of the Watershed '93 Conference. Alexandria, Virginia.

<sup>36</sup> Arnold, C.L., Jr., and C.J. Gibbons. 1996. "Impervious Surface Coverage: The Emergence of a Key Environmental Indicator". Journal of the American Planning Association. Vol. 62, No. 2.

<sup>37</sup> Brant, T.R. 1999. "Community Perceptions of Water Quality and Management Measures in the Naamans Creek Watershed". Master's Thesis for the Degree of Master of Marine Policy

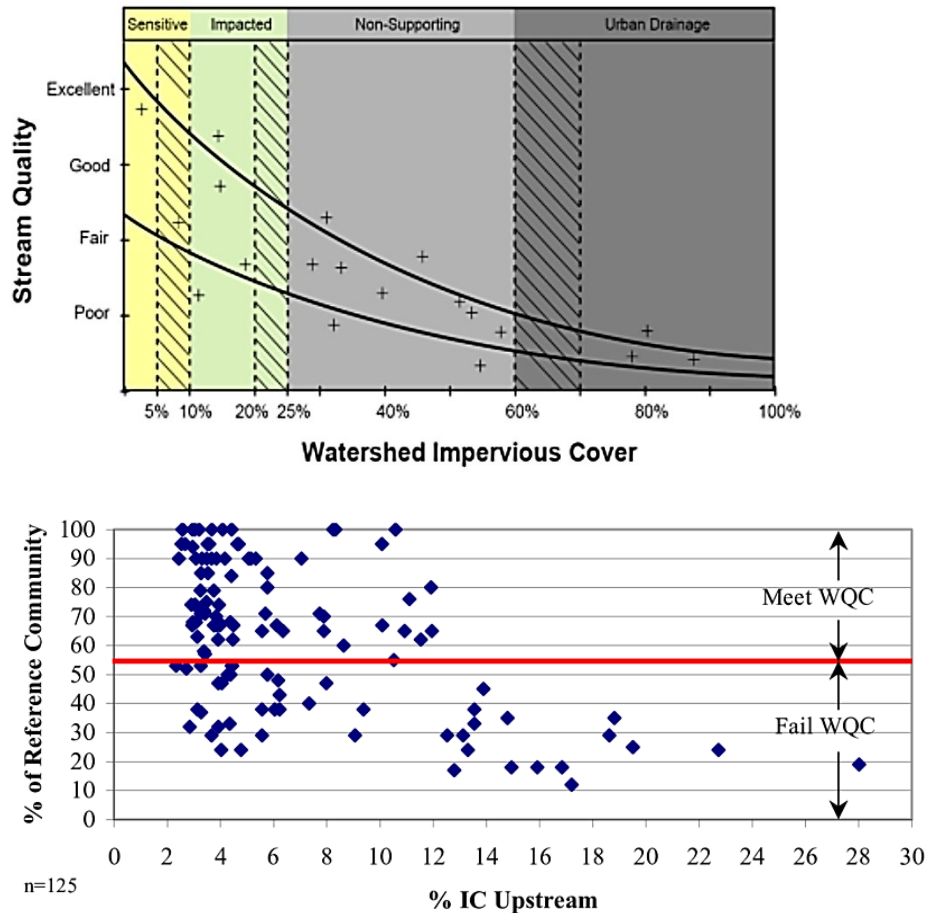
<sup>38</sup> Shaver, E.J. and J.R. Maxted. 1996. "Technical Note 72 Habitat and Biological Monitoring Reveals Headwater Stream Impairment in Delaware's Piedmont". Watershed Protection Techniques. Vol. 2, No. 2.

<sup>39</sup> Natural Resources Defense Council (NRDC). 1999. Stormwater Strategies: Community Responses to Runoff Pollution.



runoff has been identified as a probable contributing cause to the impairment. Municipalities and other stakeholders should therefore aim to mitigate stormwater impacts in areas with IC greater than 11 percent to reduce the amount of stormwater pollution reaching surface waters, to improve water quality.

**Figure 2-3. Relationship Between Watershed Impervious Cover and Stream Health**



National impervious cover model (top) and scatterplot of percent impervious cover and reference macroinvertebrate communities in Connecticut (bottom).

Image sources: Center for Watershed Protection<sup>40</sup> (top) and Chris Bellucci/CT DEEP (bottom).

<sup>40</sup> Center for Watershed Protection. 2003. Impacts of Impervious Cover on Aquatic Systems. Watershed Protection Research Monograph No. 1. March 2003.

## Impervious Area and Directly Connected Impervious Area

Impervious area (IA) includes any impervious surface in a drainage area or watershed. Impervious area with a direct hydraulic connection to a storm drainage system or a waterbody via continuous paved surfaces, gutters, drainpipes, or other conventional conveyance and detention structures that do not reduce runoff volume is referred to as “Effective Impervious Area” or, for this manual, “Directly Connected Impervious Area (DCIA)”. DCIA is considered a better predictor of watershed/ecosystem health than IA because it only includes impervious surfaces that contribute stormwater runoff to a stream, other waterbody, or wetland.

Impervious areas that are not directly connected to a storm drainage system, receiving waterbody, or wetland are considered “disconnected” and therefore not considered DCIA. The following types of impervious areas are considered disconnected:

- Impervious areas that drain as sheet flow onto and over an adjacent pervious area that, due to its size, slope, vegetation, and underlying soil characteristics, can retain the appropriate portion of the Water Quality Volume, as defined in [Chapter 4](#). This non-structural LID site planning and design technique is called “simple disconnection,” which is described further in [Chapter 5](#) – Low Impact Development Site Planning and Design Strategies.
- Impervious areas that discharge runoff through structural stormwater BMPs designed to retain the appropriate portion of the Water Quality Volume.
- Isolated impervious areas that are not hydraulically connected to a storm drainage system, receiving waterbody, or wetland.
- Swimming pools or man-made impoundments, unless hydraulically connected to a storm drainage system, receiving waterbody, or wetland.
- The surface area of natural waterbodies (e.g., wetlands, ponds, lakes, streams, rivers).

The CT DEEP MS4 General Permit requires regulated municipalities to track and disconnect DCIA using simple disconnection and structural stormwater BMPs for redevelopment projects and retrofits, or by converting impervious surfaces to pervious surfaces. The existing DCIA of a site is also an important factor in determining the portion of the Water Quality Volume that must be retained, also referred to as the “Design Retention Volume” (see [Chapter 4](#)).

## Stormwater Management and Climate Change Impacts

Water resources in Connecticut are affected by climate stressors, including increasing temperatures, changing precipitation patterns, extreme events (storms, floods, and drought), and rising sea levels. These changing conditions have implications for stormwater management as local and state decision makers look to implement appropriate maintenance plans, improve existing infrastructure, and build new stormwater systems that are more resilient to changes in

the quantity and quality of stormwater runoff.<sup>41</sup> See [Appendix G](#) for additional details regarding climate change and stormwater impacts in Connecticut, including the basis for the approach selected to incorporate climate change considerations into this Manual.

This Manual incorporates climate change and resilience considerations for stormwater management design and implementation, including:

- Preserving pre-development site hydrology using LID site planning and design strategies ([Chapter 5](#) – Low Impact Development Site Planning and Design Strategies) and structural stormwater BMPs ([Chapters 7-13](#))
- Discussion of updated design storm precipitation for stormwater quantity and quality control ([Chapter 4](#))
- Sea level rise and other considerations for stormwater BMP siting and design in coastal areas ([Chapter 4](#), [Chapter 8](#), and [Chapter 10](#))
- Design considerations for mitigating the potential negative impacts of climate change on stream temperatures and nutrient loads ([Chapter 4](#) and [Chapter 8](#)).

It is important to consider future conditions when designing and implementing stormwater BMPs (including long-term maintenance) to ensure the longevity of the investment. [Appendix G](#) contains additional resources that may be of use when evaluating climate change considerations for resilient stormwater management design and implementation, including long-term maintenance.

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<sup>41</sup> EPA, 2021, <https://www.epa.gov/arc-x/climate-adaptation-and-stormwater-runoff>

# Chapter 3 – Preventing and Mitigating Stormwater Impacts

## Introduction

Managing the stormwater impacts of land development requires the selective use of non-structural and structural stormwater control measures. Low Impact Development (LID) site planning and design is a critical and effective element of a successful stormwater management approach because it addresses the root causes of both stormwater quality and quantity problems by helping to preserve pre-development site hydrology and pollutant loads. Source controls and pollution prevention, as well as construction erosion and sedimentation controls, are also key elements for preventing or mitigating stormwater quality problems. These preventive measures can reduce the size and scope of structural stormwater Best Management Practices (BMPs). However, it is also recognized that structural stormwater BMPs, in combination with LID and other non-structural measures, are often necessary to fully meet stormwater quality and quantity control objectives.

### What's New in this Chapter?

- ❖ Streamlined stormwater management framework and elements
- ❖ Recategorized structural stormwater BMPs based on function

This Manual addresses stormwater quality and quantity using LID site planning and design strategies, source controls, and structural stormwater BMPs. Construction-phase soil erosion and sedimentation controls, storm drainage facilities (catch basins, manholes, storm sewers, etc.), and flood mitigation/control are addressed as secondary topics as they relate to stormwater quality for more detailed guidance refer to the [Soil Erosion and Sediment Control Guidelines](#). Other statewide design guidance documents, as well as local ordinances and requirements, should be consulted for more information on these topics.

## Guiding Stormwater Management Principles

A comprehensive stormwater management strategy should prevent or mitigate stormwater runoff problems and protect beneficial uses of receiving waters in a cost-effective manner. The stormwater management measures described in this Manual are designed to accomplish this objective by adhering to the following guiding principles:

- Preserve pre-development site hydrology (i.e., runoff, infiltration, interception, evapotranspiration, groundwater recharge, and stream baseflow).
- Provide minimum average annual reductions in post-development pollutant loads for sediment, floatables, nutrients, and other pollutants.

- Preserve and protect wetlands, stream buffers, natural drainage systems and other natural features that provide water quality and quantity benefits.
- Manage runoff velocity and volume in a manner that maintains or improves the physical and biological character of existing drainage systems and prevents increases in downstream flooding/streambank erosion.
- Prevent pollutants from entering receiving waters and wetlands in amounts that exceed the systems' natural ability to assimilate the pollutants and provide the desired functions.
- Seek multi-objective benefits (i.e., flood control, water quality, recreation, aesthetics, habitat) from stormwater control measures.

## LID Site Planning and Design

LID site planning and design focuses on measures that counteract the impacts of development. LID includes the use of both non-structural site planning and design techniques, which are addressed in [Chapter 5](#), and the use of distributed, small-scale structural stormwater BMPs, which are practices referred to as Green Infrastructure (GI), see [Structural Stormwater BMPs](#) in this Chapter for the overview of GI.

LID site planning and design techniques have three general approaches: avoid, reduce, and manage the impacts of development. All of these approaches are designed to address the root causes of stormwater problems by helping to maintain pre-development hydrology and the pollutant removal functions of a site. LID approaches integrate stormwater management from the beginning of the site design process. Often these non-structural site design strategies can reduce the scope of or eliminate the need for more costly structural stormwater BMPs. This Manual emphasizes the use of LID site planning and design techniques early in the site development process and prior to the consideration of structural measures. LID site planning and design practices are addressed in [Chapter 5](#) of this Manual.

## Source Control Practices and Pollution Prevention

Source controls and pollution prevention are operational practices that can reduce the types and concentrations of pollutants in stormwater runoff by limiting the generation of pollutants at their source. The guiding principle behind these techniques is to minimize contact of stormwater with potential pollutants, thereby reducing pollutant loads and the size and cost of stormwater treatment. This Manual emphasizes the use of source control practices and pollution prevention, in conjunction with LID site planning and design, to reduce the need for and scope of structural stormwater BMPs. A variety of common source control practices that can be implemented at residential, municipal, institutional, commercial, and industrial sites are addressed in [Chapter 6](#) of this Manual, which includes references and links to existing available information sources on each topic.

## Construction Soil Erosion and Sedimentation Controls

As described in [Chapter 1](#), soil erosion and sedimentation control is addressed through the Soil Erosion and Sediment Control Act (Section 22a-325 through 22a-335, inclusive) as well as related local and state permitting requirements. The primary goal of the Act is to reduce soil erosion from stormwater runoff and nonpoint sediment pollution from land that is being developed. Measures for controlling soil erosion and sedimentation during construction are described in a site-specific Soil Erosion and Sediment Control (SESC) Plan. The post-construction stormwater management standards addressed in [Chapter 4](#) of this Manual include the development and implementation of an SESC Plan. Erosion and sedimentation control measures should be designed in accordance with the [Connecticut Guidelines for Soil Erosion and Sediment Control Guidelines](#) (as amended) and applicable local and state permit requirements.

## Structural Stormwater BMPs

Structural stormwater Best Management Practices (BMPs) are stormwater management systems used to reduce the discharge of pollutants and the volume of runoff from developed sites to maintain pre-development hydrology, pollutant loads, and groundwater recharge. Structural stormwater BMPs can be designed to collect, store, treat, infiltrate, and evapotranspire stormwater runoff.

Structural stormwater BMPs that primarily rely on vegetation and soils to mimic natural processes and manage rainwater close to where it falls are also commonly referred to as “Green Infrastructure (GI).” Structural stormwater BMPs are one element of a comprehensive stormwater management approach and should be selected and designed only after consideration of LID site planning and design strategies and in combination with operational source control practices and pollution prevention. Note that GI can also be applied as a form of LID, especially at a watershed scale.

Stormwater quality and quantity controls are related and complementary elements of an effective stormwater management strategy. Structural stormwater BMPs are typically designed for small, frequent storms to achieve stormwater quality objectives (i.e., smaller than a one-year return frequency storm), in contrast to drainage and flood control facilities, which are typically designed for the two-year and larger storms. Stormwater BMPs can also be designed for stormwater quantity control by reducing post-development runoff volumes and peak flows.

This Manual includes the following major categories and types of structural stormwater BMPs that are recommended for use in Connecticut, based on their primary function:

- Pretreatment BMPs
- Infiltration BMPs
- Filtering BMPs
- Stormwater Pond and Wetland BMPs
- Water Quality Conveyance BMPs
- Stormwater Reuse BMPs

- Proprietary BMPs
- Other BMPs and BMP Accessories

Chapters [7](#) through [13](#) address the selection, design, construction, and maintenance of structural stormwater BMPs for new development, redevelopment, and retrofitting of existing developed areas.

This Manual addresses the topics of storm drainage design and flood control as they relate to stormwater quality management. Storm drainage facilities (catch basins, manholes, storm sewers, etc.) and stormwater BMPs used primarily for flood control should be designed in accordance with the [Connecticut Department of Transportation Drainage Manual](#) as well as applicable local and state design and permitting requirements, including flood management requirements.