



# Connecticut State Parks and Boat Launches Operational Plan



## Overview

State Parks, Forests, Boat Launches, and other state outdoor recreation areas comprise over 255,000 acres spread across the state, representing over 7% of the state's land area. These public open spaces have been providing the opportunity for individuals and immediate families to get outside and exercise in these difficult and stressful times. This Operational Plan provides current guidelines for DEEP staff and visitors for the operation and use of Connecticut State Park grounds, trails, beaches, boat launches and other areas, in a manner that is consistent with social distancing guidelines. This Plan is based on consultation with the Connecticut Department of Public Health (DPH), and guidance [documents](#) and [executive orders](#) associated with the public health emergency. This Plan is also informed by Centers for Disease Control (CDC) [guidance issued for the parks and recreation sectors](#). This Plan will be updated as new information and operational conditions require.

Any questions about this guidance should be referred to [deep.stateparks@ct.gov](mailto:deep.stateparks@ct.gov). Any questions about COVID-related health issues associated with outdoor recreation activities should be referred to the [Connecticut Department of Public Health](#).

## General Physical Space & Occupancy Limits

Connecticut's State Parks and State Forest recreation areas remain open system-wide and available for the public to enjoy, while practicing social distancing. State Park and State Forest recreation areas are currently implementing operational changes to ensure a minimum distance of six feet between visitors who are not in the same household. There is also a current limit of 100 people for outdoor group activities, recognizing that the 6' distance requirement between non-household members remains in place for group events. Park buildings, museums, nature centers and most other enclosed structures, including restrooms, remain closed to the public. Kent Falls State Park is closed.

## Health Advisory for Visitors

While this guidance provides a way for the public to enjoy Connecticut's State Parks, Forests and Boat Launches as safely as possible, risks to visitors cannot be fully mitigated. Visitors who choose to visit these facilities during this time should be aware of the potential risks. Individuals over the age of 65 or with underlying health conditions

should consider not visiting state parks, particularly on warm weather days or during peak mid-day times when visitor numbers are high.

If you are not feeling well, stay home! Signs and symptoms of coronavirus include fever, cough and shortness of breath. A full list of signs and symptoms of COVID-19 is available from the CDC.

- Stay close to home. Do not travel long distances to parks or other recreational areas.
- Avoid crowded recreational areas.
- Practice proper social distancing; stay at least 6 feet from other people.
- Wear a face covering over the nose and mouth, at all times when proper social distancing cannot be maintained.
- Engage in outdoor recreational activities with members of your household, only.
- Practice good hygiene when outdoors. Wash your hands, carry and use hand sanitizer, cover your mouth and nose when sneezing and coughing, and avoid surfaces that are often touched: doorknobs, handrails, equipment, etc.

## Social Distancing Measures

### Indefinite Closure

At this time, Kent Falls State Park in Kent is closed. The area of Enders State Forest south of Route 219 (the area of the gorge and waterfalls) is temporarily closed. All public access to these areas is prohibited. Certain park features that are not physically conducive to maintaining a minimum of 6' between visitors have been closed. Evaluation continues to determine when these facilities can be safely reopened.

### Restrictions on Gathering Size

- Indoor and outdoor structures where the public tends to congregate have been closed to the public indefinitely. These include visitor centers, Gillette Castle, the mansion at Harkness Memorial State Park, and the tower at Sleeping Giant. Evaluation continues to determine when these facilities can be safely reopened.
- **Picnic shelters have been closed to reservations.** They are open for use on a first-come, first-serve basis only and social distancing must be maintained. Signage has been posted to alert visitors.
- **Picnicking is limited in parks.** Household members are permitted to bring a blanket, sit on the ground or bring their own table and chairs to picnic. Larger groups of up to 100 can picnic as long as members of the group stay 6' apart. Picnic tables may be available on a limited basis and placed to ensure adequate social distancing can be maintained. However, DEEP is not disinfecting picnic tables and does not encourage their use at this time.
- DEEP staff are actively monitoring usage of our facilities and grounds for social distancing compliance. If appropriate social distancing is not observed, DEEP staff will inform and educate visitors, directing them to spread out.
- Contact sports and ball games are not authorized at this time.
- Playscapes are closed.
- Special Use License and Marine Event Permit applications will be considered if outdoor group sizes do not exceed 100 people and complies with Executive Order 7TT. Applications that have been previously

submitted and currently under review for future events that exceed the current outdoor gathering size limits will be put on an administrative hold until consistency with the most current Executive Order is determined by the Commissioner.

## Lower Capacity Daily Closures

Parks and forests have been evaluated as to whether their pre-existing parking capacities can be utilized while assuring proper social distancing. Most park areas can accommodate that pre-existing maximum parking capacity, but additional parking outside of a facility cannot be allowed. Some areas (mostly larger shoreline parks) are operating on a reduced parking capacity level of as much as 25% of the total parking capacity, based on facility usage at the time. Parking capacity targets have been established for those areas based on a variety of factors, including:

- Daily observations of the number of cars and the quality of social distancing at peak times
- The size and characteristics of the park, including potential concentrations of visitors in certain areas (beaches, boardwalks, bike paths) based on facility usage at the time
- The potential for additional visitors to walk in to a park, e.g., from adjacent neighborhoods or beaches

Additional tools that can be utilized to set capacity limits include surveys and GIS overlay, and for saltwater beaches, consideration of high tides. For reference, DEEP assumes an average of 3 visitors per vehicle.

Parking capacity levels notwithstanding, park supervisors are prepared to close parks to additional visitors when the supervisor concludes that park visitation reaches a point that proper social distancing is difficult to maintain. If this approach of limited capacity closures proves unsuccessful or unsustainable, more restrictive measures such as prohibiting swimming or closing a park indefinitely will be implemented.

Real-time updates on park capacity closures are posted on Twitter (@CTStateParks) and at <https://portal.ct.gov/whatsopenoutdoors>.

[Governor Lamont's Executive Order 7R](#), dated March 30, 2020, authorizes DEEP to prohibit visitors from parking outside a closed park and walking in after a facility reaches capacity. As these facilities reach capacity on busy days, staff will close the entrance to new visitors, and work (along with municipal partners in some cases) to prevent additional visitors from parking outside the facility.

## Parking Fees

Parking fee collection for **out-of-state vehicles** began at our Shoreline Parks (Sherwood Island, Hammonasset Beach, Rocky Neck and Harkness Memorial State Parks) on Saturday, May 23, 2020. Ticket booths have been outfitted with Plexiglas sneeze guards, dividers, and no contact credit card readers. At inland state parks, provisions are being finalized to allow out of state visitors to pay the required parking fee remotely by phone or online with a smartphone.

The [Connecticut Passport to the Parks program](#) enables DEEP to provide **free parking for Connecticut registered vehicles** at all State Parks. Capacity closures, necessary to maintain social distancing, may limit access during busier times, particularly on weekends.

# Services and Amenities

## Swimming and Beaches

Guidance from the Connecticut DPH indicates that recreational swimming is not a known form of transmission of COVID-19, in saltwater or freshwater. At this time, DEEP is making decisions about permitting swimming at State Parks based on considerations of potential crowding and the ability to maintain social distancing onshore, at beach locations. Accordingly, DEEP is **permitting swimming at shoreline State Parks** based on DEEP's assessment that visitors to shoreline parks can be accommodated at lower parking capacity levels, to provide for adequate social distancing on beaches.

- Visitors to beach areas at Connecticut State Parks will be asked to maintain 15' of space from other beachgoers (blanket-to-blanket). This distance will allow for a 6' radius around each person or family and a 3' walkway in between groups.
- Visitors should not expect that restroom buildings will be open, but most locations will have portable toilets available.



DEEP has opened the following ten inland locations for swimming: **Stratton Brook State Park, Simsbury, Wharton Brook State Park, Wallingford, Day Pond State Park, Colchester, Gay City State Park, Hebron, Chatfield Hollow State Park, Killingworth, Black Rock State Park, Watertown, Hopeville Pond State Park, Griswold, Burr Pond State Park, Torrington, Mount Tom State Park, Litchfield, and Lake Waramaug State Park, Kent.** Park staff will monitor beach usage and educate the public to ensure compliance with current guidance and will continue to review this policy in alignment with public health recommendations and will consider additional reopenings of swim areas on a case-by-case basis.

## Lifeguards

Lifeguards are currently posted at Hammonasset Beach State Park, Sherwood Island State Park, Rocky Neck State Park and Silver Sands State Park. Shoreline locations will post "No Lifeguards on Duty" when active surveillance is not being provided. Lifeguards are not posted at inland beaches and are currently posted as "No Lifeguards on Duty."

## State Campgrounds, Cabins and Youth Sites

Campgrounds and Backpack camping sites were closed until July 8, 2020.

Camping for RV's and trailers with self-contained bathrooms and functioning water systems began July 1, 2020. The reservation system is open for new 2020 camping season reservations.

Cabins, Youth Group Sites and River Camp Sites will be closed for the 2020 camping season.

Visitors are not permitted at Connecticut State Park Campgrounds during the 2020 camping season. Only registered campers are permitted in the campground.

These decisions were based on current public health guidance, cleaning protocols and the availability of adequate staff and appropriate PPE.

Pursuant to Governor Lamont's [Executive Order 7BBB](#), all travelers entering Connecticut from a state with a positive test rate higher than 10 per 100,000 residents, or higher than a 10% test positivity rate over a seven-day rolling average, are directed to self-quarantine for a period of 14 days. This list is continually updated as the situation develops across the country. Please review the [Connecticut Travel Advisory webpage](#) of Connecticut's COVID-19 Response website for the latest information.

## Dogs at Connecticut State Parks

Dogs continue to be allowed at most state parks and forest recreation areas under existing rules. Dogs and other pets are required to be on a leash no longer than 7' *and* under the constant control of their owner. Dogs may not come into contact with other visitors or other dogs. Dogs are not permitted on beach areas or in swimming areas. We want to continue to allow dogs to accompany their owners for a walk or hike on public lands, but we can only do that if dog owners keep them under control and eliminate contact with other dogs and people.

## Outdoor Food Counters and Snack Bars

Permanent Food Concession operations at Rocky Neck State Park, Hammonasset Beach, Sherwood Island State Park and Gillette Castle State Parks are currently open. Itinerant Food Concession operations are being reviewed on a case-by-case basis.

# Business Processes, Procedures and Activities

## Trash and Restrooms

Some restroom and bathhouse facilities remain closed. Shoreline day use bathhouse facilities are open. Portable toilets are available in certain locations. The public is reminded to carry hand sanitizer with at least 60% alcohol. Visitors are reminded to "carry-in, carry-out" trash when visiting a State Park, Forest, or Boat Launch.

## Enhanced Cleaning and Disinfecting Procedures

DEEP has developed [guidance for staff](#) for enhanced cleaning and disinfection for certain surfaces and features. These guidelines notwithstanding, decisions to open restrooms and bathhouses will depend in part on the availability of PPE and adequate staffing to support those functions consistent with these procedures.

## Face Coverings & Other Personal Protective Equipment (PPE)

Visitors are asked to bring face coverings and use them whenever they are in proximity to others. According to the [Governor Lamont's Executive Order 7BB](#), the public is required to wear face coverings in public wherever close

contact is unavoidable, unless they have a health condition that prevents it. At a park, these areas include boardwalks, parking lots, and when passing other visitors on a trail or path. Face coverings should not be worn in the water.

- DEEP employees must carry a **DEEP-issued face covering** with them at all times, and utilize it whenever in proximity to other employees or members of the public.
- DEEP employees who are working by themselves in outdoor locations where they are unlikely to encounter others are not required to wear face coverings, but should still have a face covering with them in case a situation arises that requires them to interact with others.
- When work assignments entail proximity to others on a foreseeable but occasional basis, disposable surgical-style masks or cloth face coverings are suitable. Employees should use professionally produced cloth facemasks when they are available.
- When work assignments entail likely close contact with others closer than 6' – such as law enforcement functions and emergency response, face masks, disposable latex or nitrile gloves, and N-95 respirators should be made available for use depending on the particular function. Staff working at fee collection booths should wear disposable surgical style face covers.

**Disposable latex or nitrile gloves** should be used when sharing tools and when touching surfaces likely to have been frequently touched by others, and when providing customer service, such as handling money or credit cards. Hands should be washed with soap and water or cleaned with hand sanitizer before putting the gloves on and after taking them off. If gloves are unavailable, employees should frequently wash their hands with soap and water and use hand sanitizer.

## State Boat Launch Operations

State boat launches will remain open as long as social distancing compliance remains in effect. At this time, we believe that the use of state boat launches can continue, safely, provided that users follow common-sense practices to reduce the risk of transmission – even when the parking areas become full. Capacity closures may still be required and would be announced through social media.

To ensure continued use by the boating community, Boating Division staff and Environmental Conservation Police Officers will be on heightened alert for non-authorized users of these facilities. The Boating Division has posted COVID-19 related boat launch use signage at all 117 launches. The signs highlight use restrictions to boating, fishing and wildlife viewing; use of social distancing and limitations on gathering; and other boating-related separation approaches. Swimming is not permitted at boat launches. Updated guidance from DECD still requires that any passengers aboard recreational boats that are not cohabitating family members maintain 6-foot social distancing while aboard the boats or else a facial covering should be worn.

Environmental Conservation Police Officers and Boating Division staff are monitoring usage and social distancing compliance at boat launches and if social distancing is not observed, will inform and educate visitors to achieve compliance.

Within the boat launch facilities, one of the areas where people come within close proximity to others is the courtesy docks. The Boating Division has installed signage at the docks that restricts access to necessary persons only; use of social distancing and avoiding contact with other boaters; and other protective measures. Courtesy docks have been installed at all 14 locations.

Portable toilets have been installed at the boat launches that typically have this feature. These are being cleaned on an increased schedule by the vendor.

The Boating Division expects to have Boating Education Assistants stationed at various boat launches this summer. While conducting their business, doing safety checks and aquatic invasive species education, they will be following social distancing and utilizing necessary PPE.

## COVID-19 Dock Precautions

- **Dock access is restricted to necessary persons only.**
- **Maintain 6 ft. distance from other persons at all times.**
- **All persons must wear a face covering while on the dock.**
- **Unless there is an emergency, do not assist other persons with their lines, gear, or vessel.**
- **Sanitize your hands after touching dock handrails and cleats.**



**Protect Yourself  
and Others**

# News and Communication

**@CTStateParks Twitter** feed will be utilized to make real time capacity closure announcements for state parks and forests.

**@CTBoatingInfo** Twitter feed will be utilized to make real time capacity closure announcements for boating access areas.

**Portal.ct.gov/whatsopenoutdoors** This website provides information on the status of swimming areas throughout the state to help you plan ahead.

## Enforcement

Although law enforcement personnel have the authority to enforce social distancing and group size guidance, we hope that visitors will take personal responsibility and make sure they comply. DEEP will always try to educate first and ask people to follow the rules. However, if people are blatantly ignoring the new rules they may be asked to leave the park and/or face further enforcement action as required if actions and behavior are not corrected. If our Parks are overrun with too many visitors who are not practicing social distancing or adhering to recommended group sizes, we may be forced to close more parks during this public health emergency.

The potential penalty for violation of any Executive Order, including [Governor Lamont's Executive Order 7R](#) prohibiting entry into a Park when its closed, during the course of a public health emergency can be a fine up to one thousand dollars or imprisonment not more than one year, or both, for each offense per C.G.S. 19a-131a(d).

## Operational Plans Subject to Change

Daily observations and reporting of visitation at facilities will continue. Evaluation of that information will result in additional changes to allowed capacity, and perhaps other visitor management techniques, including consideration of limitation of hours of operation, and closure of specific facilities, with a statewide closure as a last resort if social distancing is not being maintained. Evaluation is ongoing of other parks (or features within parks) that may need to be closed due to persistent inability or unwillingness to practice proper social distancing.

## Updates

*July 24, 2020*

Swimming and Beaches – updated to reflect 2 additional inland swimming locations reopened

*July 17, 2020*

Swimming and Beaches – updated to reflect reopening of 8 inland swimming areas and beaches

State Campgrounds, Cabins, and Youth Sites – updated removing state listing, included link to latest information

Lifeguards – updated to reflect changes in inland swimming policy

Social Distancing Measures – Indefinite Closure – removed Seaside State Park and Silver Sands Boardwalk

*July 1, 2020*

General Physical Space and Occupancy Limits – updated to reflect latest Executive Order 7ZZ -- Phase 2 Opening Guidance

Restrictions on Gathering Size – updated to reflect latest Executive Order 7ZZ -- Phase 2 Opening guidance

Parking Fees – updated to reflect current policy

State Campgrounds, Cabins and Youth – updated to reflect current policy

Outdoor Food Counters and Snack Bars – updated with current open/close status

Trash and Restrooms – updated with current open/close status