



# ParkConneCT

## Sleeping Giant State Park

### Your next adventure awaits!

The new ParkConneCT program expands transit service and connections to some of Connecticut's most popular state parks. Start your journey with the information below.

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#### From Waterbury:

- Take CTtransit 229 from Waterbury to the Whitney Ave./Mount Carmel Ave. stop

#### From New Haven:

- Take CTtransit 228 or 229 from Church St./Chapel St. to the Whitney Ave./Mount Carmel Ave. stop

Whitney Ave./Mount Carmel Ave.  
Bus Stop

Church St./Chapel St. Bus Stop



HARTFORD LINE

New Haven Union Station

SHORE LINE EAST

#### From Stamford:

- Take New Haven Line (Metro-North) from Stamford to New Haven Union Station
- Walk or take the Union Station Shuttle (weekdays only) to Church St./Chapel St. to transfer to CTtransit 228 or 229
- Take CTtransit 228 or 229 to the Whitney Ave./Mount Carmel Ave. stop

CTrail

HartfordLine.com | ShorelineEast.com  
877-287-4337

#### From Hartford:

- Take CTrail Hartford Line from Hartford Union Station to New Haven State Street Station
- Walk .3 miles to Intersection of Church St./Chapel St. to transfer to CTtransit 228 or 229
- Take CTtransit 228 or 229 to the Whitney Ave./Mount Carmel Ave. stop

#### From New London:

- Take CTrail Shore Line East from New London Station to New Haven State Street Station
- Walk .3 miles to Intersection of Church St./Chapel St. to transfer to CTtransit 228 or 229
- Take CTtransit 228 or 229 to the Whitney Ave./Mount Carmel Ave. stop

New London Station

#### Additional Information

- From the Whitney Ave./Mount Carmel Ave. bus stop, follow the sidewalk along Mount Carmel Ave. east for 0.3 miles, to the main entrance of the Park
- Visitors can indirectly connect to routes 228 and 229 by taking the Union Station Shuttle from New Haven Union Train Station to the New Haven Green and boarding at the intersection of Church St./Chapel St. on weekdays only
- The Farmington Canal Heritage Trail connects to Sleeping Giant State Park hiking trails
- Park admission is free when arriving by bus
- Bus service is fare-free on weekends from Memorial Day weekend through Labor Day weekend

#### Operator Information

New Haven Line (Metro-North)  
[New.MTA.info](http://New.MTA.info)  
877-690-5114

CTtransit  
[CTtransit.com](http://CTtransit.com)  
203-624-0151

Farmington  
Canal Heritage Trail  
[FCHTrail.org](http://FCHTrail.org)