

Create memories to last a lifetime

The ParkConneCT program offers transit service and connections to some of Connecticut's most popular state parks.

Start your adventure with the information below:

Milford Transit District provides the Silver Sands Shuttle to the Silver Sands State Park. Service is FREE on Saturdays, Sundays, and Holidays (5/29,6/19, 7/3, 7/4, 9/4).



From Hartford:

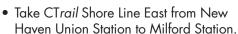




- Take CTrail Hartford Line to New Haven Union Station
- Transfer to New Haven Line (Metro-North) to Milford Station
- Connect to the Silver Sands Shuttle

From New Haven:





Connect to the Silver Sands Shuttle



East Broadway

From New London:



- Take CTrail Shore Line East from New London Station to New Haven Union Station
- Transfer to New Haven Line (Metro-North) to Milford Station
- Connect to the Silver Sands Shuttle

From Stamford:



- Take New Haven Line (Metro-North) from Stamford to Milford Station
- Connect to the Silver Sands Shuttle

Additional Information

- The Silver Sands Shuttle will enter the park via the Silver Sands Parkway and stop at the interior lot next to the boardwalk
- Milford Transit Route 3 will continue to serve the fisherman's lot off East Broadway, Monday – Friday
- Bus connections to the Silver Sands Shuttle are available from the Coastal Link at Milford Train Station and CTtransit at CT Post Mall
- Park admission is free when arriving by bus

Operator Information

Milford Transit District MilfordTransit.com or 203-874-4507

CTrail HartfordLine.com | ShoreLineEast.com or 877-287-4337

New Haven Line (Metro-North) New.MTA.info or 877-690-5114