



Your next adventure awaits!

The new ParkConnect program expands transit service and connections to some of Connecticut's most popular state parks. Start your journey with the information below.



From Hartford:

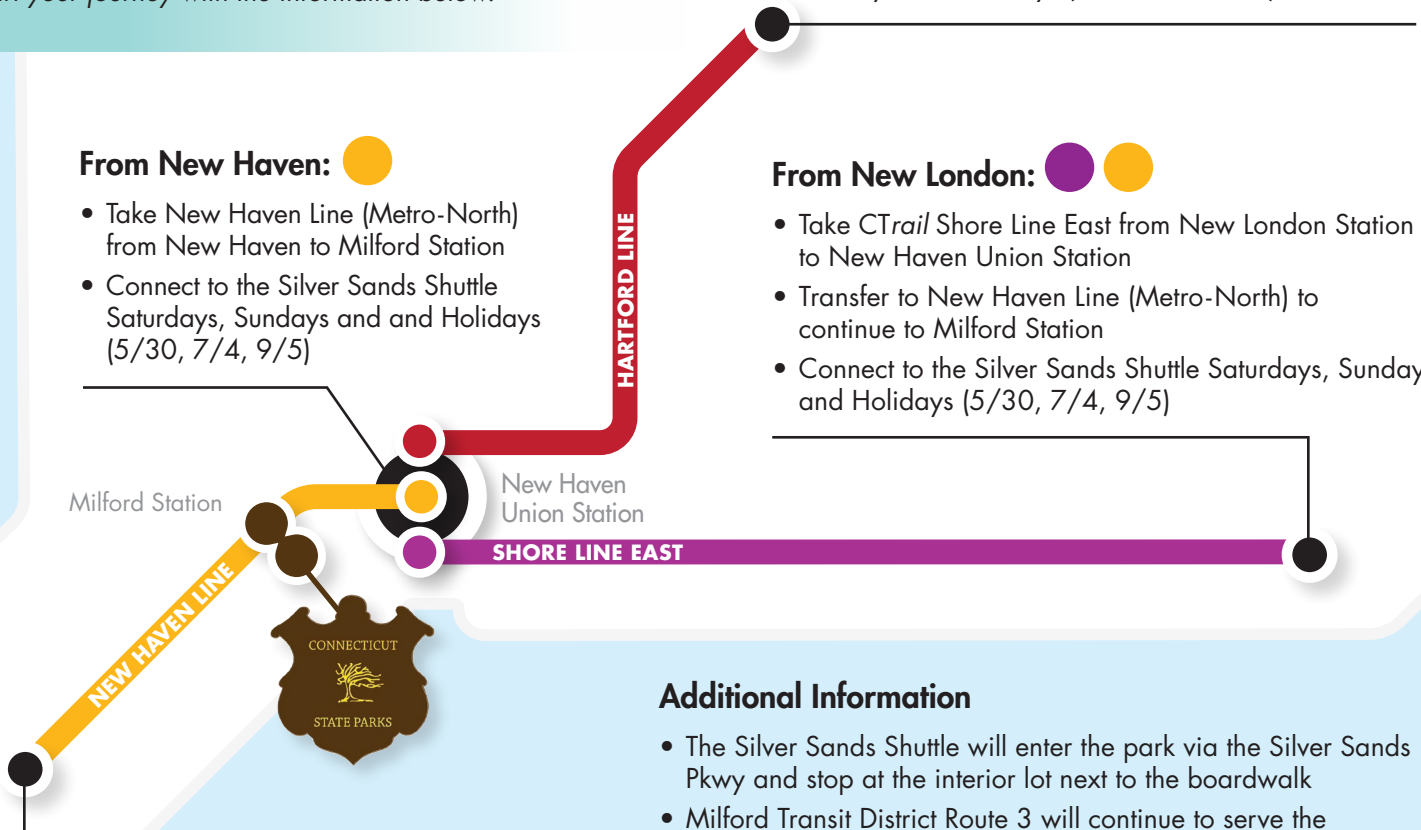
- Take CTrail Hartford Line from Hartford Union Station to New Haven Union Station
- Transfer to New Haven Line (Metro-North) to continue to Milford Station
- Connect to the Silver Sands Shuttle Saturdays, Sundays and Holidays (5/30, 7/4, 9/5)

From New Haven:

- Take New Haven Line (Metro-North) from New Haven to Milford Station
- Connect to the Silver Sands Shuttle Saturdays, Sundays and and Holidays (5/30, 7/4, 9/5)

From New London:

- Take CTrail Shore Line East from New London Station to New Haven Union Station
- Transfer to New Haven Line (Metro-North) to continue to Milford Station
- Connect to the Silver Sands Shuttle Saturdays, Sundays and Holidays (5/30, 7/4, 9/5)



Milford Station

New Haven Union Station

SHORE LINE EAST

NEW HAVEN LINE

HARTFORD LINE



From Stamford:

- Take New Haven Line (Metro-North) from Stamford to Milford Station
- Connect to the Silver Sands Shuttle Saturdays, Sundays and Holidays (5/30, 7/4, 9/5)

Additional Information

- The Silver Sands Shuttle will enter the park via the Silver Sands Pkwy and stop at the interior lot next to the boardwalk
- Milford Transit District Route 3 will continue to serve the fisherman's lot off East Broadway, M – F
- Bus connections to the Silver Sands Shuttle are available from the Coastal Link at Milford Train Station and CTtransit at CT Post Mall
- Park admission is free when arriving by bus
- Bus service is free through December 1st

Operator Information

CTrail
HartfordLine.com | ShoreLineEast.com
 877-287-4337

New Haven Line (Metro-North)
New.MTA.info
 877-690-5114

Milford Transit District
MilfordTransit.com
 203-874-4507