June-Recreation 2023

TUESDAY5:30-6:30PM

WEDNESDAY 5:30-6:30PM

THURSDAY 3-4PM

SUMERS

(free) Zoom account needed to participate

https://tinyurl.com/62rn5ujn

Meeting ID: 222 399 8386

Passcode: 479813

7 THE GOOD LIFE

WHAT'S ON YOUR MIND? with Ali





20 SING ALONG JUKEBOX

with Ann Marie & Jason!!



Virtual Recreation for CT adults (20 + up)

receiving DDS services
Contact Corinne Jackson
with any questions
corinne.jackson@ct.gov

HEALTHY EATING & MOVING WITH



with your host, Carol TREBEK!!







