



REAL LIFE. REAL TALK. RELATIONSHIPS AND SEXUALITY FOR PARENTS & CAREGIVERS

Adults with intellectual and developmental disabilities want and deserve close and satisfying relationships. As the trusted person in their lives, you are the best person to support your family member through the ups and downs of love and relationships.

This workshop is open to all parents, siblings, family caring for their adult family member with disabilities. This workshop will focus on what and how to talk about intimate relationships and learn new ways to support their family member to have healthy and fulfilling relationships.

Workshop presenter: *Sarah Gannon, Manager of Adult Education and Professional Development, Planned Parenthood of Southern New England.* Sarah provides the Healthy Relationships Virtual Series in partnership with CT DDS and the Self Advocate Coordinators.

This workshop will be held over zoom

Go to bit.ly/ddsparentprogram to register

**Join us for a virtual
workshop for
parents &
caregivers!**

**Choose one of the
dates below**

**April 13th
6:00-7:30pm**

**May 4th
6:00 – 7:30pm**

**Registration:
bit.ly/ddsparentprogram**

**FOR QUESTIONS
PLEASE CONTACT**

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