Self Advocacy

Promote Self Advocacy to make it bigger and better in CT!

Individual’s Participation

Expand individual’s participation in DDS decision making!

Leadership Development

Support self advocates to become effective leaders through advocacy groups and participation in training!

Regional Responsibilities

Assist DDS employees within each division to improve how to support self advocacy, self determination & self direction!
The Self Advocate Coordinators can assist and support you in many different ways.
- They can help you develop or improve self advocacy skills.
- They will listen to your points of view about important topics or concerns and would like to know what training and educational opportunities best meet your needs.
- They want to hear your ideas for newsletter articles, guides and other written material that will help you and other individuals to advocate better and to live self determined lives.
- They want to be good representatives for you and the other people who are supported by DDS. They can help you find a self advocacy group to attend, help you start a new self advocacy group and can assist existing groups with education and fun activities.

You should call the Self Advocate Coordinator in your geographical area if you are interested in learning more about the work they do, or if you think they can assist you in some way. The contact information for the Self Advocate Coordinators in your area is listed below.

**Spreading the word**
Promote self-advocacy, self-determination & self-direction in way that everyone can understand.

**How can the Self Advocate Coordinators help you?**

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**Who can I contact for more information?**

You should call the Self Advocate Coordinator in your geographical area if you are interested in learning more about the work they do, or if you think they can assist you in some way. The contact information for the Self Advocate Coordinators in your area is listed below.
West Region SAC's

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