IN CASE of FIRE

Think R.A.C.E.

Remove
All People

Alert
Everyone in home and call 911

Confine
Close doors so fire does not spread to other rooms

Extinguish
Use Fire Extinguisher only when SAFE to do so

“GO” BAG
Don’t forget to be prepared in case of an emergency
Pack Your “GO” BAG NOW!

Personal Supplies
Medication, Toothbrush, Toothpaste, Hairbrush, Extra Clothing, Extra Eyeglasses

Other Important Stuff
Water, Snacks, Small Radio, Batteries, Rain Poncho, Light Fold Up Blanket

FIRE PREVENTION AND SAFETY TIPS

This brochure was made possible through a Federal Emergency Management Agency (FEMA) Grant to the Connecticut Department of Developmental Services (DDS).

In Cooperation with the Connecticut Fire Academy and University of Connecticut Heath Center, a Fire Prevention and Safety Training video and curriculum was developed to train over 15,000 public and private staff and assist over 20,000 consumers and families in the state with fire prevention and safety procedures.

For more information, visit these websites:
DDS - www.ct.gov/dds
Fire - Academy www.dsf.state.ct.us/cfpc
FEMA - www.fema.gov

For questions, email: ddsfiresafety@ct.gov
**FIRE Safety Tips**

**Smoke Detectors**
- Install at least one on each floor of your home
- Test monthly, keep clean
- Replace batteries twice a year

**Escape Plan**
- Do you know how to get out if there is a fire?
  - Identify two ways to escape from each room
  - Crawl on the ground if there is smoke
  - Touch door, if it’s hot, DO NOT OPEN
  - Plan a place to meet outside

**Fire Extinguisher Use**
- **PULL** the pin
- **AIM** at the bottom of the fire
- **SQUEEZE** trigger
- **Sweep** across the fire

**Home Safety Tips**

**Electric**
- DO NOT plug too many cords in one outlet
- Keep cords away from water
- Replace cords when broken, DO NOT use tape

**Cooking**
- Keep towels and paper away from stove top
- NEVER use water on a grease fire, cover with lid
- Turn ALL burners OFF when not in use
- NEVER leave home with the stove on
- Turn pot handles inward
- Do not climb on counter to reach cabinets

**Outdoor Grills**
- Keep away from buildings
- Must always be watched
- After use, close lid until the grill and the coals have cooled

**Severe Weather**
- Beware of power outages
- Have plenty of batteries for your flashlights
- In case of immediate danger, move to the basement or a hallway with no windows
- Open windows a bit
- Use blankets to protect you from flying glass

**Smoking Tips**
- NO Smoking inside your home
- Do not litter: throw away cigar or cigarette stubs in correct container

**If your clothes are on FIRE**
- STOP Do not move or run, air feeds fire
- DROP to the ground
- ROLL to put out the fire

**PRACTICE!**