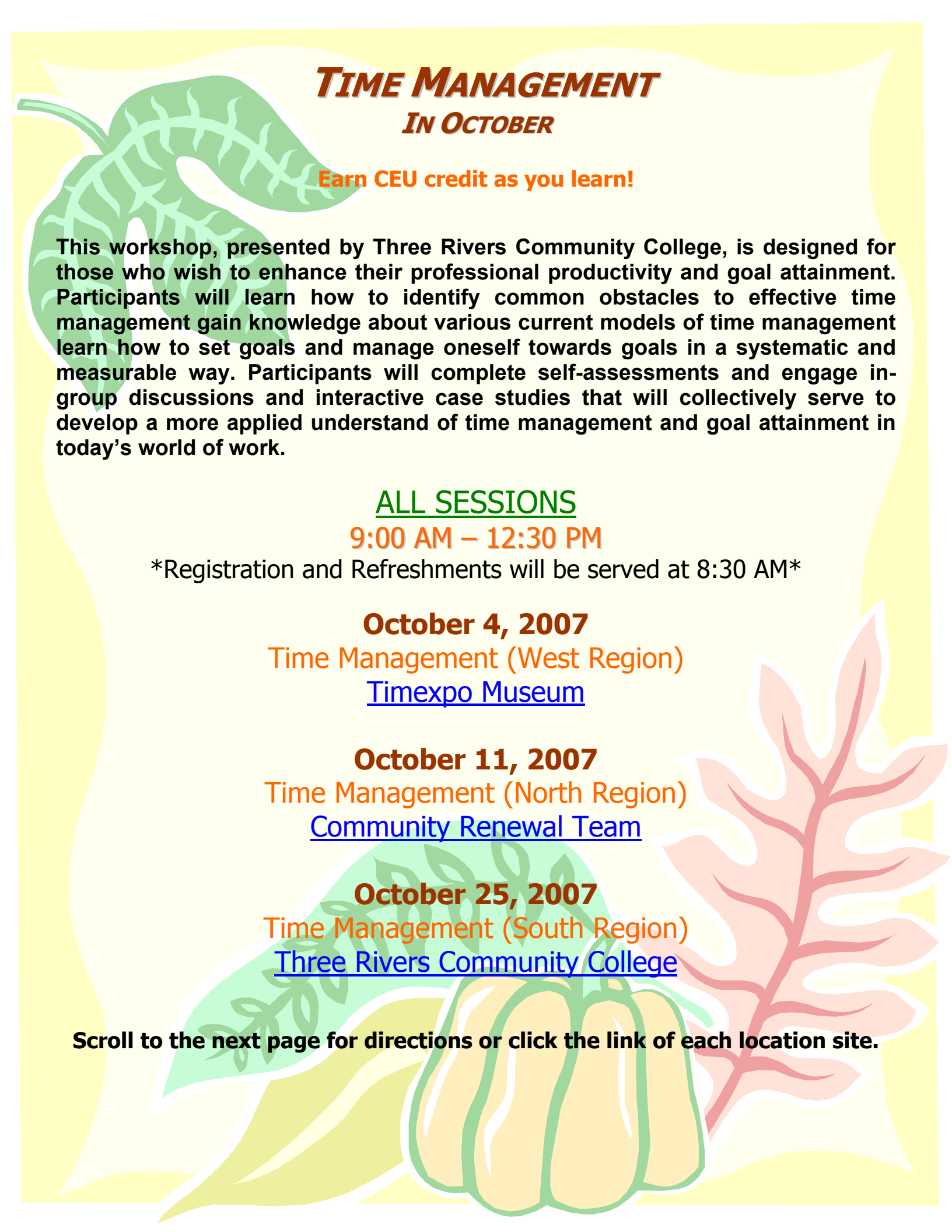




# ***TIME MANAGEMENT IN OCTOBER***

**Earn CEU credit as you learn!**

This workshop, presented by Three Rivers Community College, is designed for those who wish to enhance their professional productivity and goal attainment. Participants will learn how to identify common obstacles to effective time management gain knowledge about various current models of time management learn how to set goals and manage oneself towards goals in a systematic and measurable way. Participants will complete self-assessments and engage in-group discussions and interactive case studies that will collectively serve to develop a more applied understand of time management and goal attainment in today's world of work.

## **ALL SESSIONS**

**9:00 AM – 12:30 PM**

\*Registration and Refreshments will be served at 8:30 AM\*

**October 4, 2007**

Time Management (West Region)

[Timexpo Museum](#)

**October 11, 2007**

Time Management (North Region)

[Community Renewal Team](#)

**October 25, 2007**

Time Management (South Region)

[Three Rivers Community College](#)

**Scroll to the next page for directions or click the link of each location site.**

## \*\*\*DIRECTIONS\*\*\*

### TIMEXPO MUSEUM

175 Union Street  
Brass Mill Commons Mall  
**Waterbury, CT 06706**  
(203) 346-5722

#### From Danbury:

- Take I-84 East to Exit 22 (Baldwin Street/downtown Waterbury).
- Stay straight to go to Market SQ.
- Turn left onto South Main Street
- Turn right onto Union Street
- Museum is on your left

#### From Hartford:

- Take I-84 West to exit 22 (towards downtown Waterbury).
- Turn left onto Union Street.
- Museum is on the left.

#### From Stamford / Bridgeport

- Take I-95 North to exit 27A /CT-8.
- Take CT-8 North to exit 31/I-84 East (Hartford)
- Follow I-84 East to exit 22(Baldwin Street/downtown Waterbury).
- Stay straight to go to Market SQ.
- Turn left onto South Main Street
- Turn right onto Union Street
- Museum is on your left

### COMMUNITY RENEWAL TEAM

555 Windsor Street,  
**Hartford Connecticut 06120**

#### From 91 N and S

Take the Trumbull Street exit #32 B stay straight on Trumbull Street. Take right onto Windsor Street. Follow for 1.5 miles to #555, a gray building is on the left.

#### From I-84 East

Take the Main Street exit #50, turn left onto Trumbull Street.. Turn left onto Windsor Street. Follow for 1.5 miles to #555, a gray building is on the left.

#### From I-84 West

Take the Main Street exit #50. Turn Right onto Market Street. Turn Left onto Pleasant Street. Turn Right onto Windsor Street. #555, a gray building is on the left.

Visitor parking is on the right, across the street from the building. Please see receptionist upon entering. **Please see receptionist upon entering.**

# Three Rivers Community College

Thames Valley Campus, Room 206  
574 New London Turnpike  
**Norwich, CT 06109**

## **From Groton/Mystic/ New London\***

Follow I-95 south to Route 32 to I-395. Take Exit 80 east. (travel time 15 minutes)

## **From Colchester and points West:\***

Follow Route 2 east until it merges with Route 32 south. Take Exit 28S onto I-395 south to Exit 80. Take a left at the end of the Exit ramp (Route 82 West Main Street). (travel time 23 minutes)

## **From Jewett City and points North\***

Take I-395 south to Exit 80. Take a left at the end of the Exit ramp (Route 82 West Main Street). (travel time 20 minutes)

## **From Ledyard/Navy Sub Base area:\***

Follow 2A (Mohegan Pequot Bridge) to I-395 north. Take Exit 80 east. (travel time 25 minutes)

## **From New Haven and points south\***

Take I-95 north to I-395 north (exit 76). Take I-395 north to Exit 80 east.

## **\*From all points above:**

Go five lights down to New London Turnpike. Turn right. Thames Valley campus is about .2 miles on left.

