APPROVED TRAINING CURRICULA IN THE

**USE OF AVERSIVE AND PHYSICAL RESTRAINT PROCEDURES**

**I.D.PR.009 Attachment J**

The use of any aversive or physical restraint procedure must be in accordance with sections 17a-238-7 to 17a-238-13, inclusive, of the Regulations of Connecticut State Agencies. In accordance with section 17a-238-12(a)(1), training curricula that have been approved by the Connecticut Department of Developmental Services are listed below. **The use of any other training curriculum must be approved in advance** in accordance with section 17a-238-13 of the Regulations of Connecticut State Agencies.

**The use of prone (face-down) restraint is prohibited in programs funded or licensed by DDS.**

**Nonviolent Crisis Intervention** (**CPI**); National Crisis Prevention Institute, Inc. (2006)

# EXCEPT: Team Control Position, Team Control Position (Emergency Knee Procedure), and Team Control Position (Emergency Floor Procedure)

(**Note:** Low-, Medium and High-Level Standing and Seated techniques are approved alternatives to the Team Control Position techniques)

**NAFI/NFI Crisis and Physical Intervention Training** (**CPIT**); North American Family Institute, Inc. (2008)

**ONLY WITH: modified Supportive Holds**

**Non-Abusive Psychological and Physical Intervention** (**NAPPI**); NAPPI International, Inc. (1998)

# EXCEPT: Hair Pull Release

**Preventing and Managing Problematic and Challenging Behavior** (**PMAB**); Steven A. Colantuono, M.A. (Revised February 1996)

# EXCEPT: Bite Prevention Technique

**Physical and Psychological Management Techniques** (**PMT**); PMT Associates, Inc. (1998)

**Proactive Alternatives for Change** (**PAC**); Massachusetts DDS Region III (2005)

**Professional Assault Crisis Training** (**Pro-ACT**) [formerly Professional Assault Response Training (PART)]; Paul A. Smith, Ph.D. et al (Revised 2004)

**Resources for Crisis Prevention and Intervention Training** (**RCPIT**); Resources for Human Development (2010)

**Safety-Care Behavioral Crisis Prevention and Management Training**; QBS, Inc. (2016)

**EXCEPT: 3-Person Prone Stability Hold**

**Strategies for Crisis Intervention and Prevention** (**SCIP**); New York State OMRDD (1998)

## EXCEPT: Lying Wrap-up and One Person Take Down

**Therapeutic Crisis Intervention** (**TCI**); The Residential Child Care Project, Cornell University (2008)

**EXCEPT: Team Prone Restraint, Three Person [Prone] Restraint techniques**

**Therapeutic Intervention and Prevention Strategies** (**TIPS**) [formerly Strategies Using Preventive Programming and Optional Response Techniques **(**SUPPORT)]; IPP, Inc. (2006)