

**STATE OF CONNECTICUT
DEPARTMENT OF MENTAL RETARDATION**

Procedure No. I.C.2.PR.001

Subject: Orientation

Designated Area of Responsibility: Individual Supports

Issue Date: January 11, 2002

Effective Date: Upon release

A. Purpose

To provide consistent information to assist individuals and families who express interest in individual supports to ensure a clear understanding of Individual Supports.

B. Applicability

This procedure shall apply to DMR staff with responsibility for orienting all individuals who are interested in directing their own supports and/or sponsoring persons.

C. Definitions

(See section definitions)

D. Implementation

1. Region identifies regional designees who will provide the orientation to Individual Supports.
2. If the individual and/or family expresses interest in exploring individual supports / self determination, the case manager contacts regional designee to arrange for the orientation.
3. Individual and/or small group gatherings are scheduled where outlined information is shared and followed by an open discussion between individual/families, regional designee and case manager.
4. If the individual/family is interested in Individual Supports, their case manager/support broker or circle of support will work in partnership to begin planning.

E. Reference

- | DMR Self-determination Brochure
- | "It Just Makes Good Sense" CT Self-determination Video
- | [Principles of Self-determination](#)
- | [Essential Features of Self-determination](#)
- | [Individual Budget Guidelines](#)