



State of Connecticut  
Department of Developmental Services

DDS

Ned Lamont  
Governor

Jordan A. Scheff  
Commissioner

Peter Mason  
Deputy Commissioner

To: DDS Public Programs, Qualified Providers, and Day Programs

From: Valencia Bagby-Young, Director of Health and Clinical Services

CC: Jordan Scheff, Commissioner; Peter Mason, Deputy Commissioner; Katie Rock-Burns, Chief of Staff;  
Regional Directors; Regional Health Services Directors

Date: 12/28/2021

**Re: Updated Recommendations for COVID-19 Testing, Isolation, Quarantine, and Travel**

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As the COVID-19 pandemic continues to affect people worldwide, DDS recognizes the need for ongoing updates pertaining to testing, isolation, quarantine, travel and related concerns. Information and guidance regarding COVID-19 continues to evolve and is subject to various changes. Therefore, it is not feasible for DDS to constantly revise documents to reflect changing recommendations from the Centers for Disease Control and Prevention (CDC) and the Connecticut Department of Public Health (DPH). DDS continues to obtain guidance from the CDC and CT DPH and encourages public programs and qualified providers to also utilize those resources for the latest COVID-19 guidance.

Please utilize the following resources for agency policy and decision-making processes specific to COVID-19 testing, isolation, quarantine, and travel. The resources are also useful for updates regarding COVID-19 (SARS-CoV-2) variants. The list of resources below are not all inclusive and consist of guidance provided by the CDC, CT DPH, and other sites which may be accessed by clicking on the hyperlinks:

**CDC Resources:**

[COVID-19 Quarantine and Isolation | CDC](#)

[Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 | CDC](#)

[Strategies to Mitigate Healthcare Personnel Staffing Shortages](#)

[Work Restrictions HCP](#)

[Requirement for Face Masks on Public Transportation Conveyances and at Transportation Hubs | CDC](#)

**Connecticut DPH Resources:**

[DPH COVID-19 Resources and Guidance \(ct.gov\)](#)

[Connecticut COVID-19 Response](#)

[Connecticut COVID-19 Testing Sites](#)

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**Additional Resources:**

[When Should I get Retested for COVID-19? \(acgov.org\)](#)

[How do I get the COVID-19 vaccine in Connecticut?](#)

On behalf of DDS, I thank Public Programs, Qualified Providers, Day Programs, and all employees and caregivers for your continued commitment to the health and safety of supported individuals.