Prescription Monitoring Program (PMP)

Helping reduce prescription drug misuse, diversion & abuse

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The Connecticut Department of Consumer Protection Prescription Monitoring Program (PMP), known as Connecticut Prescription Monitoring and Reporting System (CPMRS) went into effect on July 1, 2008 for pharmacies to comply with submitting schedules II through V controlled substance dispensing activity. CPMRS was developed as a tool for prescribers and pharmacists to provide better care to their patients and to help reduce addiction and overdose.

**What is CPMRS?**

CPMRS is a web-based application that allows prescribers and pharmacists to access a patient’s prescription information. These licensed healthcare professionals must register for access to the database by supplying the PMP with the appropriate credentials prior to receiving any patient information.

**What types of data are in the system?**

The CPMRS database includes all retail and outpatient hospital pharmacy dispensing of schedules II-V controlled substances. It also includes any controlled substance dispensing activity of those substances which occurs into the state of Connecticut (i.e., mail-order pharmacies). The database does not include long-term care, assisted living, methadone clinic, or emergency room/department (less than a 48-hour supply) dispensing.

**What is the turnaround time for a report?**

The Website is available 24/7. In most cases, the patient report is available for viewing within a few seconds. PMP does not warrant any report to be accurate or fully complete. The report is based on the search criteria and data entered by the dispensing pharmacy. For more information about any prescription in a CPMRS report or to verify a prescription, contact must be directed to the pharmacy that dispensed it.

**What are the uses for the report?**

A CPMRS report provides information for schedules II-V controlled substance prescriptions that a patient has had filled for the specified time period, as well as the prescriber who prescribed them and the pharmacy that dispensed them. The report should be used to supplement a patient evaluation, to confirm a patient’s drug history, or document compliance with a therapeutic regimen.

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### Benefits of a Prescription Monitoring Program

- **Education and Information.** PMPs provide useful feedback to prescribers on their own prescribing trends, patient drug history, and assurance to doctors who suspect a patient may be non-compliant regarding prescription use.

- **Public Health Initiatives.** The public health community can use information from the PMP to monitor trends and address prescribing problems.

- **Drug Abuse Prevention.** Prescribers, dispensers, and consumers will be deterred from participating in illegal drug diversion schemes if they know a prescription monitoring program is in place.

- **Early Intervention.** Identify patients for early assessment and treatment.

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### Internet Access for CPMRS

Register at [http://www.ctpmp.com](http://www.ctpmp.com)

1. Click on “Not a User? Register to become a User.”

2. Provide your basic contact information and indicate your status as a practitioner or pharmacy.

3. Once the registration application is submitted online, you will receive a confirmation page. Print, review, sign and fax the confirmation page to DCP PMP at (860) 622-2608.

4. Your User Name and Password will either be mailed, e-mailed or faxed to the information provided on your registration form.

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The CPMRS data is stored and maintained in a highly secure database. Confidentiality is of utmost importance to the PMP.