

## **Current Summer Expedition and Follow-Up Program 2023:**

\*Expeditions and Follow-Up courses are cell phone/electronic free commitments.

**3-Day Expeditions:** The focus is on comfort and belonging. These courses are often designed as an introduction to Wilderness School programming and are excellent choices for young people new to an outdoor setting and activities. Many 3-Day students elect to participate in longer courses later in the summer. Overnight camping with day activities (Examples: canoeing, day hiking a peak, rock climbing or ropes/challenge course).

| Dates   | Courses   |
|---|---|
| Wednesday, June 21 - Friday, June 23, 2023          | 2023-03-01; (Solnit North- Agency Specific Enrollment)  |
| Wednesday, June 21 - Friday, June 23, 2023          | 2023-03-02; (Mixed Gender, Open Enrollment- Minimum age 13): Challenge Course and Rock Climbing |
| Tuesday, Aug 1 <sup>st</sup> - Thursday, August 3rd | 2023-03-03; (Mixed Gender, LGBTQIA+, Open Enrollment- Minimum Age 13)                           |

**5-Day Expeditions:** Building skills and resilience. 5-Day expeditions are designed around group travel by backpacking or canoe (carrying food, clothing and equipment down the trail or waterway) for multiple days, overnight camping in multiple locations, and a high adventure challenge activity such as the challenge course or rock climbing. This is an excellent choice for a young person looking to push their "comfort zone" and are ready to face a progressive challenge.

| Dates                                      | Courses   |
|--|---|
| Monday, June 26 - Friday, June 30, 2023    | 2023-05-01 (Old Saybrook Youth Services- Agency Specific Enrollment); Canoe |
| Monday, June 26 - Friday, June 30, 2023    | 2023-05-02 (Mixed Gender, Open Enrollment- Minimum age 13): Hiking          |
| Monday, August 7 - Friday, August 11, 2023 | 2023-05-03 (Boys, Open Enrollment- Minimum age 13): Canoeing                |
| Monday, August 7 - Friday, August 11, 2023 | 2023-05-04 (Girls, Open Enrollment- Minimum age 13): Hiking                 |

**14-Day Expeditions:** Mastery and Teamwork. 14-Day courses are for young people ready to push their own limits and take on the responsibility of being part of a team. Courses involve backpacking, canoeing, and rock-climbing. The extended duration provides more opportunities for mastering skills, building resilience, and taking on leadership as the crew forms a team.

| Dates                                       | Courses                           |
|---|-----------------------------------|
| Thursday, July 6 – Wednesday, July 19, 2023 | 2023-14-01 (Boys, Minimum age 14) |

|   |                                    |
|---|------------------------------------|
| Thursday, July 6 - Wednesday, July 19, 2023 | 2023-14-02 (Girls, Minimum age 14) |
|---|------------------------------------|

**14-Day Conservation Summer Youth Employment:** Build work skills while performing conservation trail work on an extended overnight camping expedition. Students will perform manual labor to maintain and construct trail networks in coordination with Department of Energy and Environmental Protection (DEEP) and CT Forest and Parks. Enrichment activities will involve rock climbing, canoeing, and team building.

| Dates   | Courses  |
|---|--|
| Thursday, July 6 – Wednesday, July 19, 2023   | 2023-14-C1 (Mixed Gender, Open Enrollment, minimum age 15); Conservation Program; Special Enrollment (call to inquire) |
| Thursday, July 27 – Wednesday, August 9, 2023 | 2023-14-C2 (Mixed Gender, Open Enrollment, Minimum age 15); Conservation Program; Special Enrollment (call to inquire) |

**20-Day Expedition:** Mastery, collaboration, deep resilience, leadership, responsibility, and independence. 20-Day courses are for young people eager to make changes and take on the responsibility of leadership. Courses involve backpacking, canoeing, rock-climbing, challenge course, solo experience, service project, and final expedition. As Wilderness School's longest expedition, the course allows for the greatest foundational positive changes and the formation of new habits and attitudes.

| Dates  | Courses  |
|--|--|
| Thursday, July 27 – Tuesday, August 15, 2023 | 2023-20-01 (Boys, Open Enrollment, Minimum age 14);  |
| Thursday, July 27 – Tuesday, August 15, 2023 | 2023-20-02 (Girls, Open Enrollment, Minimum age 14); |

**14-Day Wilderness School Alumni Expedition:** Continuing the Journey. Wilderness School Alumni Expeditions are designed for Wilderness School course graduates to push their leadership and growth to further reaches. These courses often extend to more remote areas of New England and beyond.

**14-Day Alumni Expedition Programs:**

| Dates                                | Courses                             |
|--------------------------------------|-------------------------------------|
| Thursday, July 6th - July 19th, 2023 | 2023-14-A1 (Alumni, Minimum age 14) |

**Year-Round Follow-Up Programming:** Young people who participate in a summer expedition program are eligible to participate in follow-up programming from September through May following the summer. Follow-up programs highlight weekend and holiday courses allowing young people to stay connected to the Wilderness school program, friends they have made on their course(s), and the personal growth connected to the program. Activities and timelines of courses vary. Transportation options are available.