

## SAFE Family Recovery: Screening, Brief Intervention and Referral to Treatment (SBIRT)

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### Program Overview

Screening, Brief Intervention, and Referral to Treatment (SBIRT) supports identification of substance use problems, provides brief advice or interventions, and offers referrals to licensed substance use treatment. It is delivered in DCF offices, or other appropriate community location where confidentiality can be maintained. SAFE Family Recovery SBIRT uses three types of screenings for substance use: 1) breathalyzer to detect recent alcohol use; 2) urine toxicology to detect recent use of 12 substances; and 3) a brief screening questionnaire. Clients who screen positive for substance use are provided a brief intervention, and those who could benefit from treatment are referred to a licensed substance use provider of their choice. Following the SBIRT appointment, the client and DCF Social Worker (when applicable) receive a written report on SBIRT findings and any referrals treatment services if applicable.

### Target Population

Adult caregivers ages 18 and older who: 1) are/were connected to DCF; 2) have at least one indicator of substance use, and 3) where it is unclear if substance use treatment could be beneficial.

### Length of Service

Providers schedule and complete SBIRT appointments within three business days of receiving the referral. Appointments typically take about 30 minutes to complete.

### Program Coverage and Providers

SAFE-FR SBIRT is available to families statewide through geographically dispersed teams among five different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

| Geographic Region                       | Agency Contact                                      |
|---|---|
| <b>Bridgeport, Norwalk</b>              | Clifford Beers<br>Contact: 475-241-2482             |
| <b>New Haven, Milford</b>               | CommuniCare<br>Contact: 475-239-2479                |
| <b>Middletown, Norwich, Willimantic</b> | Community Health Resources<br>Contact: 860-510-8568 |
| <b>Hartford, Manchester</b>             | Wheeler Health<br>Contact: 860-256-1172             |
| <b>Waterbury, Danbury, Torrington</b>   | Advanced Behavioral Health<br>Contact: 860-463-5752 |
| <b>Meriden, New Britain</b>             | Wheeler Health<br>Contact: 860-681-1692             |

### Referrals

DCF Social Workers will submit a referral form and release of information to the DCF Gatekeeper. Other referral sources will submit a referral form and release of information directly to the provider.

### Program Contact

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