

## Outpatient Psychiatric Clinics for Children (OPCC)

---

### Program Overview

An outpatient psychiatric clinic for children is a community-based children’s mental health facility that provides behavioral health services to children, adolescents and their families. This service provides a range of outpatient mental health services for children and youth of any age and their families. The service is designed to promote mental health and improve functioning in children, youth and families and to decrease the prevalence of and incidence of mental illness, emotional disturbance and social dysfunction. A multi-disciplinary team of psychiatrists, psychologists, Mater’s level clinicians, and other behavioral health professionals provide diagnostic and treatment services.

### Target Population

Children and adolescents under 18 years of age who experience a psychiatric disorder (and their families) are eligible to receive an array of comprehensive services that address and/or support their physical, emotional, developmental, social and educational needs.

### Length of Service

The length of service is determined by the continued clinical needs of the child or youth, as well as progress with the plan of treatment that is reviewed regularly.

### Program Coverage and Providers

Geographic Region	Agency Contact
<b>New Britain/ Meriden</b>	Wheeler Clinic – 860-793-3567 Community Mental Health Affiliates – 860-826-1358 Child Guidance Clinic of Central CT – 203-235-5767
<b>Waterbury / Torrington</b>	Charlotte Hungerford – 860-489-3391 Community Mental Health Affiliates – 860-826-1358 Family and Children’s Aid, Inc. – 203-205-2616 Wellmore, Inc – 203-575-0466 x115
<b>Hartford / Manchester</b>	Catholic Charities – 860-527-1124 Community Child Guidance Clinic – 860-643-2101 Community Health Resources – <ul style="list-style-type: none"> <li>• Windsor: 860-731-5522</li> <li>• Enfield: 860-253-5020</li> </ul> Hartford Hospital – 860-545-7725 Village for Children and Families – 860-236-4511 Wheeler Clinic – 860-793-4426
<b>Norwich / Willimantic / Middletown</b>	Child and Family Agency of SE CT – <ul style="list-style-type: none"> <li>• New London: 860-443-2896</li> <li>• Essex: 860-767-0147</li> </ul> Community Health Center – 860-347-6971 Community Health Resources – <ul style="list-style-type: none"> <li>• Mansfield: 877-884-3571</li> <li>• Willimantic: 860-771-4865</li> </ul> United Community & Family Services – 860-823-3002 United Services INC – <ul style="list-style-type: none"> <li>• Willimantic: 860-456-2261</li> </ul>

	<ul style="list-style-type: none"> <li>• Dayville: 860-774-2020</li> </ul>
<b>New Haven / Milford</b>	Bridges Healthcare INC – 203-878-6365 Clifford Beers Guidance Clinic – 203-772-1270 Cornell Scott Hill Health Corporation – 203-503-3059 Lower Naugatuck Valley Parent Child Resource Center INC – 203-954-0543 x121 Yale Child Study Center – 203-785-2107 West Have Mental Health Clinic – 203-974-5950
<b>Bridgeport/Norwalk</b>	Boys and Girls Village – 203-877-0300 Child and Family Guidance Center – 203-394-6529 Child Guidance of Mid Fairfield – 203-299-1315 Child Guidance of Southern CT – 203-324-6127

**DCF Program Contact:**

Bethany Zorba, DCF Program Supervisor, 505 Hudson Street, Hartford, CT 06106  
 (860) 381-9635 [crystal.williams@ct.gov](mailto:crystal.williams@ct.gov)