

Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS)

Program Overview

IICAPS provides an intensive in-home family-focused treatment program that helps children and adolescents age 4-18 with complex psychological and behavioral needs returning from – or at risk for hospitalization or placement in detention or a residential treatment facility. The program engages all family members in a strong working partnership between the child, the family, the school and community and includes:

- Home-based individual and family therapy
- 24-hour-a-day/7-day-a-week crisis response
- Reflective parenting and education
- School consultation
- A comprehensive treatment plan
- Trauma informed treatment that helps children learn effective coping and problem-solving skills
- A process for connecting families to ongoing supports in the community

Target Population

Children aged 5-18 with a significant mental health diagnosis who are at imminent risk of psychiatric hospitalization or residential placement or are recently discharged from a psychiatric hospital or other residential treatment. Eligibility for IICAPS services does not require DCF-involvement. Referrals to IICAPS are typically made by the DCF Area Offices, System-of-Care Collaboratives, inpatient psychiatric hospitals, and community providers.

Length of Service

IICAPS Services are typically delivered for an average of 6 months. IICAPS staff also provide 24-hour/7-day emergency crisis response.

Program Coverage and Providers

IICAPS is available to families through geographically dispersed teams at different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency Contact
Bridgeport	Boys & Girls Village – 203-330-6790 Family & Children’s AID – 203-727-7128
Milford	Bridges, A Community Support System, Inc. – 203-878-6365 Family & Children’s AID- 203-241-8443
Hartford	Village for Children & Families – 860-236-4511 Catholic Charities – 860-297-7791 LEO clinic – 860-249-0975
Norwich	Child & Family Agency SE CT (New London) – 860-442-2797
Waterbury	Wellmore – 203-575-0466 Family & Children’s AID – 203-241-8988
Manchester	Community Child Guidance Clinic – 203-643-2101 Community Health Resources – 860-646-3888
Norwalk	Family & Children’s Agency – 203-604-1230 x300
Danbury	Family & Children’s AID – 203-748-5689 Wellmore – 203-797-9778
Middletown	Middlesex Hospital – 203-358-8749 Child & Family Agency SE CT (Essex) – 860-767-0147
New Britain	Wheeler Clinic (Plainville) – 860-793-3500 Family & Children’s AID – 860-882-7146
Torrington	Wellmore- 860-626-7007 Family & Children’s AID – 860-387-5348
New Haven	Yale Child Study Center – 203-785-686

DCF Agency Contact

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