

## Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS)

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### Program Overview

IICAPS provides an intensive in-home family-focused treatment program that helps children and adolescents up to age 18 with complex psychological and behavioral needs returning from – or at risk for hospitalization or placement in detention or a residential treatment facility. The program engages all family members in a strong working partnership between the child, the family, the school and community and includes:

- Home-based individual and family therapy
- 24-hour-a-day/7-day-a-week crisis response
- Parental guidance and education
- School consultation
- A comprehensive treatment plan
- Strengths-based treatment that helps children learn effective coping and problem-solving skills
- A process for connecting families to ongoing supports in the community

### Target Population

Children aged 5-18 with a significant mental health diagnosis who are at imminent risk of psychiatric hospitalization or residential placement or are recently discharged from a psychiatric hospital or other residential treatment. Eligibility for IICAPS services does not require DCF-involvement. Referrals to IICAPS are typically made by the DCF Area Offices, System-of-Care Collaboratives, inpatient psychiatric hospitals, and community providers.

### Length of Service

IICAPS Services are typically delivered for an average of 6 months. IICAPS staff also provide 24-hour/7-day emergency crisis response.

### Program Coverage and Providers

IICAPS is available to families through geographically dispersed teams at different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency Contact
<b>Bridgeport</b>	Boys & Girls Village – 203-330-6790
<b>Milford</b>	Bridges, A Community Support System, Inc. – 203-878-6365
<b>Hartford</b>	Village for Children & Families – 860-236-4511
<b>New London</b>	Child & Family Agency SE CT – 860-442-2797
<b>Essex</b>	Child & Family Agency SE CT – 860-767-0147
<b>Waterbury</b>	Child Guidance Clinic of Greater Waterbury – 203-575-0466
<b>Manchester</b>	Community Child Guidance Clinic – 203-643-2101 Community Health Resources – 860-646-3888
<b>Norwalk</b>	Family & Children’s Agency – 203-604-1230 x300
<b>Danbury</b>	Family & Children’s AID – 203-748-5689
<b>Middletown</b>	Middlesex Hospital – 203-358-8749
<b>Plainville</b>	Wheeler Clinic – 860-793-3500
<b>New Haven</b>	Yale Child Study Center – 203-785-686

### DCF Agency Contact

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