**Program Report Card: The Positive Parenting Program (Triple P)**

**Quality of Life Result:** All Connecticut children will grow up stable, safe, healthy, and ready to lead successful lives.

**Contributes to Population Quality of Life Result:** The Positive Parenting Program (Triple P) is designed to decrease risk factors for child abuse and neglect and help parents become resourceful problem solvers. As a result, parents will be able to create a positive and safe home learning environment for children to develop emotional, behavioral, and cognitive strengths. Ready by Five and Fine by Nine: All Connecticut children are healthy and ready for school success at age 5, contributing to a reduction over time in Connecticut's achievement gap at Grade 4.

<table>
<thead>
<tr>
<th></th>
<th>State Funding</th>
<th>Federal Funding</th>
<th>Other Funding</th>
<th>Total Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td>Actual SFY 14</td>
<td>$5,428,618</td>
<td>$0</td>
<td>$0</td>
<td>$5,428,618</td>
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<tr>
<td>Estimated SFY 15</td>
<td>$5,428,618</td>
<td>$0</td>
<td>$0</td>
<td>$5,428,618</td>
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</table>

**Partners:**

**How Much Did We Do?**

- **Triple P - Distinct Number Served**
  - Performance Measure 1
  - White: 809
  - Hispanic: 578
  - Black: 233
  - Other: 66
  - Unable to Report: 77
  - MultiRacial: 13

**How Well Did We Do It?**

- **Triple P - Average Client Wait Days**
  - Performance Measure 2
  - Q1: 21
  - Q2: 21
  - Q3: 17
  - Q4: 13

**Story Behind the Baseline:**

There are 29 agencies offering the Level 4 Standard and Standard Teen Triple P interventions with an annual statewide caseload goal of 2100 families. The graph shows that Triple is being provided to an ethnically diverse population. In SFY 2015 Triple P served 84% (n = 1772) of its annual caseload goal.

**Proposed Actions to Turn the Curve**

- We are encouraging agencies to hire new staff 4-6 weeks before the semi-annual Triple P training for new staff occurs. We are encouraging Triple P agencies to give an overview of Triple P to DCF area office staff as DCF staff turnover warrants. We are considering allowing more time for case management. We are considering an extension of the length of service from 4 months to 4-6 months. We are considering the addition of Circle of Security Parenting intervention to better address the needs of parents with young children and parents lacking the basic relationship capacities that build and support secure attachment.

**Trend:** Insufficient data at the current time to describe trends

**How Much Did We Do?**

- **Triple P - Total # of Referrals**
  - Performance Measure 3
  - SFY 2015:
    - Q1: 559
    - Q2: 437
    - Q3: 470
    - Q4: 435

**How Well Did We Do It?**

- **Triple P - Total # of Referrals**
  - Performance Measure 3
  - SFY 2015:
    - Q1: 559
    - Q2: 437
    - Q3: 470
    - Q4: 435

**Story Behind the Baseline:**

Triple P depends on referrals from DCF area offices, Community Support for Families programs, and community partners. 62% of the referrals came from DCF and 35% came from community referrals. Triple P supervisors work with their DCF gatekeepers to accept an adequate number of community referrals while allowing DCF referrals to be quickly enrolled.

**Proposed Actions to Turn the Curve**

- Triple P training slots and ½ day overviews of Triple P will continue to be offered to DCF gatekeepers. Monitor, analyze, and problem-solve this issue at the quarterly data driven meetings with providers and DCF representatives. Actions listed for Measure 1 will also increase referrals.

**Trend:** ▲ Yes

**How Much Did We Do?**

- **Triple P - Total Number Served**
  - Performance Measure 1
  - SFY 2015:
    - Q1: 809
    - Q2: 578
    - Q3: 233
    - Q4: 66

**How Well Did We Do It?**

- **Triple P - Average Client Wait Days**
  - Performance Measure 2
  - SFY 2015:
    - Q1: 21
    - Q2: 21
    - Q3: 17
    - Q4: 13

**Story Behind the Baseline:**

The scope of service allows Triple P agencies 15 working days to make the initial visit with a family. 21 of the 29 Triple P agencies have met this standard. The focus for Triple P has been on the implementation of Triple P.

**Proposed Actions to Turn the Curve**

- Quarterly data driven meetings focused initially on RBA measures will be held with Triple P supervisors and regional DCF gatekeepers and system development program directors. The issue of client wait days will be addressed through the quarterly data driven meetings and annual site visits. The review and analysis of the PIE reports, sharing of strategies, and follow-up on abnormal values by Triple P agencies is expected to resolve the client wait days issue.

**Trend:** ▲ Yes

9.1.16 Trend Going in Right Direction? ▲ Yes; ▼ No; ◄► Flat/ No Trend
Program Report Card: The Positive Parenting Program (Triple P)

Quality of Life Result: Ready by Five and Fine by Nine: All Connecticut children are healthy and ready for school success at age 5, contributing to a reduction over time in Connecticut’s achievement gap at Grade 4.

### How Well Did We Do It?

<table>
<thead>
<tr>
<th>SFY 2015</th>
<th>Q1</th>
<th>Q2</th>
<th>Q3</th>
<th>Q4</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Referrals</td>
<td>133</td>
<td>309</td>
<td>132</td>
<td>69</td>
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</table>

#### Story Behind the Baseline:

77% of the referrals to Triple P led to the initiation of Triple P services. Clients defined as “referral only" either refused the Triple P service or could not be contacted despite several attempts. It takes approximately one year for newly trained parent educators to be able to utilize Triple P with flexibility, to become competent in the Triple P approach, and to become competent with engaging parents. Agencies are learning they need to hire educators with a reflective capacity and a personal level of comfort with allowing parents to grow in capacity rather than being told what to do.

**Proposed Actions to Turn the Curve**

- Continue to use bi-monthly supervisor meetings to share interviewing and hiring practices that help identify prospective educators who have reflective capacity and are comfortable in allowing parents to grow in capacity. Monitor, analyze, and problem-solve this issue at the quarterly data driven meetings with providers and DCF representatives.

**Data Development**

- A report is needed to track the level of “Referrals Only” by DCF area office and region and by Triple P program so this can be discussed at the quarterly data driven meetings.

**Trend:** ▲ Yes

### Is Anyone Better Off?

#### Story Behind the Baseline:

The Level 4 Triple P intervention consists of ten sessions. Triple P educators conduct a thorough assessment of parent-child interactions, work with parents to learn and apply positive parenting strategies to address the targeted behavior chosen by the parent, and then work with parents to apply what they’ve learned to other targeted behaviors. 62% (664/1072) of the discharged families met their treatment goals and 20% (219/1072) discontinued the service, with similar results for White, Hispanic, and Black clients.

**Proposed Actions to Turn the Curve**

- Monitor, analyze, and problem-solve this issue at the quarterly data driven meetings with providers and DCF representatives.

**Trend:** ▲ Yes

### Is Anyone Better Off?

#### Story Behind the Baseline:

Level 4 Triple P is designed to help parents become resourceful problem solvers and to learn to use assertive rather than coercive discipline. This reduces risk factors for child abuse and neglect. Post-assessment scores were compared to pre-assessment scores to determine if the score had improved. 57% (345/606) of the parents reported becoming less overreactive in their discipline.

**Proposed Actions to Turn the Curve**

- Monitor, analyze, and problem-solve this issue at the quarterly data driven meetings with providers and DCF representatives.

**Trend:** ▲ Yes; ▼ No; ◄► Flat/ No Trend

### Overall Data Development

- Review data definitions and refine PIE.
- Develop data reports.
- Look at subsequent reports to DCF.
- Look at # of sessions complete by race.

9.1.16 Trend Going in Right Direction? ▲ Yes; ▼ No; ◄► Flat/ No Trend