Quality of Life Result: Connecticut children grow up stable, safe, healthy, and ready to lead successful lives.

Contribution to the Result: FBR is an in-home substance use treatment program for parents who are at risk of having their child (aged birth to 36 months) removed from their home due to parental substance use.

<table>
<thead>
<tr>
<th>Program Expenditures</th>
<th>DCF State Funding</th>
<th>DCF QA Funding</th>
<th>FBR Evaluation Study</th>
<th>Total Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated SFY 17</td>
<td>$3,604,700</td>
<td>$378,697</td>
<td>$50,000</td>
<td>$4,033,397</td>
</tr>
</tbody>
</table>

Partners: families, 7 providers with 11 teams, 14 DCF Area Offices, Yale Child Study Center for QA + as model developer, JP BH Consulting for external evaluation.

How Much Did We Do?

FBR Admissions by Race & Fiscal Year

Story behind the baseline:
PIE Data: The number of admissions in FY17 is consistent with those admitted into FBR in FY16. All 3 FYS exceeded the contract annual capacity of 264 distinct clients served: FY15=277; FY 16=293; & FY 17=289.

Trend: ►► admissions

How Well Did We Do It?

FBR Discharges who Met Goals & Completed Treatment by Fiscal Year

Story behind the baseline:
PIE Data: The FBR target for meeting all or most of their treatment goals = 65%. There was an increase in the % of clients who completed their course of FBR treatment in FY17. As shown in FY17, some families can meet their goals without completing a full course of FBR. The data element “met treatment goals” was taken out of “reason for discharge”, & made its own data element in Sept. 2016. That is why the numbers are the same in FY 15 & 16 for these 2 variables & are different in FY17 when this change occurred.

Trend: ▲

Program Expenditures

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Story behind the baseline:
PIE Data: The % noted in this graph indicates those clients who completed the treatment episode within each racial category. Across these 3 FYS, the percentages are similar, except for “Other” in FY17.

Trend: ◄►
**FY 2017 Program Report Card: Family Based Recovery (FBR) Contract Teams**

**Quality of Life Result:** Connecticut children grow up stable, safe, healthy, and ready to lead successful lives.

### Is Anyone Better Off?

#### Story behind the baseline:

**BMS data:** “Child Removal” is a choice in BMS (the Yale data system for FBR) for “reason for discharge” of clients, defined as *any time a child is removed from biological parents’ home due to legal intervention or a family arrangement.*

These 2 child outcomes are very consistent across the past 3 FYs. This may be because both DCF staff & the FBR teams are collaborating & communicating well together.

**Trend:** ◀►

#### Proposed Actions to Turn the Curve:
- In the quarterly meeting on 9/13, will have a discussion with providers about the race data & its implications on implementation of the model, especially the low completion rate of clients self-identified as Black.
- Working with FBR Services’ Director to determine how the 2 Family Stability Project (FSP) teams will be integrated into the QA activities of the 11 FBR teams (such as PIE data reports, quarterly trainings & meetings, etc.).
- The PDOC & FBR Services staff meet quarterly to identify any problem areas & solutions for the 11 contract FBR teams.

#### Data Development Agenda:
- FBR Services & PDOC will continue to work with supervisors to improve data entry: decreasing the amount of missing data in BMS for outcomes; reconciling data between PIE & BMS, etc.
- The FSP teams have been added to PIE.
- Next annual assessment of staff gender, diversity, & languages spoken occurred on 7/1/17 & a report is forth-coming.

### Is Anyone Better Off?

#### Story behind the baseline:

**PIE Data:** For parents who completed their FBR episode, outcomes are consistently very high for all 4 measures & well above the targets for each (abstinent = 75%; compliant with their child’s medical care = 85%; met Tx goals = 65%).

In FY17, for ALL DISCHARGES, 53% were abstinent, 83% had no 136 during episode, 94% of the parents were compliant with their child’s medical care & 54% met their tx goals. This indicates that more than half of the clients involved with FBR show an improved well-being for themselves and their children in a variety of categories at the time of discharge. These outcomes are enhanced by the on-going QA by FBR Services & the support of the agencies’ administrators.

**Trend:** ◀►