2016 Program Report Card: Multisystemic Therapy - Building Stronger Families (MST – BSF)

Quality of Life Result: All Connecticut children will be healthy, safe, living in stable environments and be ready for future success.

Contribution to the Result: MST-BSF is an intensive in-home clinical program that targets DCF-involved families with substance using parent(s) who abuse/neglect one of their children aged 6-17 years. The first MST-BSF team in Region 6 just completed its 1st randomized clinical trial, & the report is due in 2017.

<table>
<thead>
<tr>
<th>Program Expenditures</th>
<th>DCF Funding</th>
<th>DCF QA Funding</th>
<th>3rd Party Reimbursement</th>
<th>Total DCF Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td>SFY 16</td>
<td>$1,740,017</td>
<td>$336,124</td>
<td>Medicaid for psychiatric evaluations &amp; Social Club</td>
<td>$2,076,141</td>
</tr>
</tbody>
</table>

Partners: MST Services, Medical University of South Carolina, 3 providers with 4 teams, 4 DCF Area Offices, families, youth.

How Much Did We Do?

How Well Did We Do It?

How Well Did We Do It?

Story behind the baseline:

PIE Data: FY 15 was the start-up year for 4 of the current MST-BSF teams. The increase in the # of discharges & the decrease in the % of families who chose to leave the program can be attributed to the increased experience & improved engagement skills of the teams & of the experience of DCF AO staff with this model.

Trend: ▲

Story behind the baseline:

PIE Data: Although the # of clients in each of these categories is small, the decrease in met goals for White & Black clients will be explored with providers & the MSTS expert consultant.

Trend: ◄►
**2016 Program Report Card: Multisystemic Therapy - Building Stronger Families (MST – BSF)**

**Quality of Life Result:** All Connecticut children will be healthy, safe, living in stable environments and be ready for future success.

**Is Anyone Better Off?**

### Story behind the baseline:

**MSTI Data:** The increased experience of the MST-BSF teams is clearly shown in this trend data of outcomes for the index youth in the families discharged from the program. The target of 90% for each outcome noted above was met or exceeded in FY16. It is important to note the average age of the index child in CT is 10.5 years old.

**Trend:** ▲

### Proposed Actions To Turn the Curve:

- Monthly or quarterly stakeholder calls occur with regional staff, MST-BSF supervisor, QA consultants, PDOC & model developer to discuss utilization, staffing, referral criteria, system issues, etc. to share information & develop solutions.
- Quarterly calls with gatekeepers, MST-BSF supervisors, QA consultants, & PDOC occur to discuss referral criteria & any referral issues & solutions.
- Quarterly calls with MST-BSF supervisors, QA consultants, & PDOC to discuss common system issues, data reports, etc.
- MST-BSF QA experts will review the outcome data by race with each of the teams & do Fit Circles to explore reasons & solutions.

### Data Development Agenda:

- Model developers will have the results & data from the research study, in 2017.
- DCF to discuss with BSF consultant youth outcomes that are more relevant to the age of CT's index children.
- The experts from MST Services will be sharing the MST-BSF quality assurance / consultation processes with DCF leadership in the near future.