# Program and Service Array Workgroup Meeting

NOVEMBER 5, 2020

# Workgroup Goals

Goal 1 [Complete 2020]: Select programs to reduce risk of child removal from families in our candidacy groups that have the level of research support that qualifies or potentially qualifies for title IV-E reimbursement. Broader Continuum of **Prevention Services** Family First Eligible Prevention Services

# Workgroup Goals

Family First Eligible Prevention Services

Goal 1 [Complete 2020]: Select programs to reduce risk of child removal from families in our candidacy groups that have the level of research support that qualifies or potentially qualifies for title IV-E reimbursement.

Goal 2 [Complete 2021]: Identify programs/services that meet the candidacy population needs unmet by the Family First reimbursable services.

### FFPSA Reimbursable Services Criteria



- \*Notable non-reimbursable services:
- Domestic Violence
- Housing
- Others

# Opportunities to address non-reimbursable needs

**Goal 1[Complete 2020]**: Select programs to reduce risk of child removal from families in our candidacy groups that have the level of research support that qualifies or potentially qualifies for title IV-E reimbursement.

**Goal 2 [Complete 2021]**: Identify programs/services that meet the candidacy population needs unmet by the Family First reimbursable services.

Family First
Eligible
Prevention
Services

Broader

Continuum of

# "Slicing and Dicing" by Evidence

Evidence Tiers	Prevention Plan CQI/Evaluation Requirement
Tier 1: Rating of "Well Supported" on FFPSA title IV-E Clearinghouse	CQI with Evaluation Waiver
Tier 2: Rating of "Supported" or "Promising" on title IV-E Clearinghouse or has an Independent Systematic Review	Full Evaluation
Tier 3: Rated on CEBC or has strong body of evidence, but is not on title IV-E Clearinghouse	Independent Systematic Review + Full Evaluation
Tier 4: Effective services, but not on CEBC or title IV-E Clearinghouse	N/A (Likely not viable for Plan inclusion)

# Tier 1 Programs | FFPSA "Well-Supported"

Brief Strategic Family Therapy (BSFT) Functional Family
Therapy (FFT)

Multisystemic Therapy (MST) Healthy Families America

Motivational Interviewing

Nurse Family Partnership

Parents as Teachers (PAT)

Parent Child Interaction Therapy (PCIT)

Homebuilders

### Matching Tier 1 EBPs with CT Candidacy Populations

	Brief Strategic Family Therapy (BSFT)	Function al Family Therapy (FFT)	Multi systemic Therapy (MST)	Healthy Families America	Motivational Interviewing	Nurse Family Partnership	Parents as Teachers (PAT)	Parent/ Child Interaction Therapy (PCIT)	Home builders
Accepted Careline	X	X	X		X	Х	X	X	X
Accepted Voluntary	X	X	X				X	X	
Caregivers with SUD	X				X	X			X
Caregivers with MH				X	X	X	X	X	
Ch W/ SUD		X	X		X				
Ch W/ MH		X	X						
Siblings of children in FC	X	X					X		
Ch chronic absent/truant	X	X	X				X		
Youth referred to JRB	X	X	X						

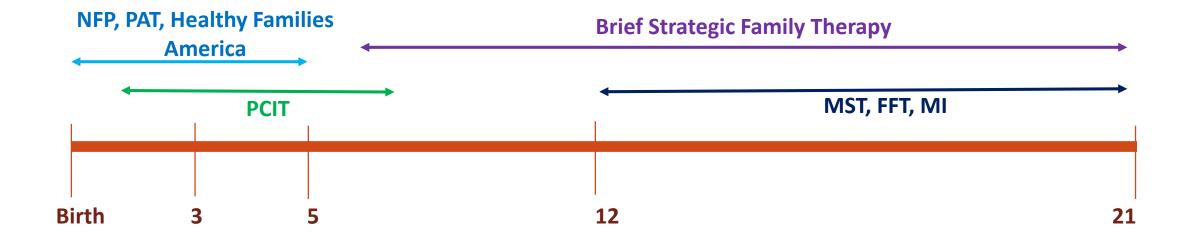
### Matching Tier 1 EBPs with CT Candidacy Populations (cont.)

	Brief Strategic Family Therapy (BSFT)	Functional Family Therapy (FFT)	Multi systemic Therapy (MST)	Healthy Families America	Motivational Interviewing	Nurse Family Partnership	Parents as Teachers (PAT)	Parent/ Child Interaction Therapy (PCIT)	Home builders
Infants exposed to substances					X	X	X		
Preg/Parenting youth in FC						X	X	X	
Ch w/ incarcerated parents		X							
Families with IPV							X		
Youth exiting/aging out									
Trafficked youth									
Youth homeless/ unstably housed									

## Other Decision-Making Criteria

- Does this service meet the candidacy population needs?
- •Is this EBP culturally specific or culturally responsive?
- •Is this service well established in Connecticut?
- •Is this a service that we could offer equitably across the state?
- •Does the service meet age-specific needs?

### Age continuum of Tier 1 services



# Matching Services to Candidacy Populations

**DESIRED RESULT**: ENSURE THE NEEDS OF THE CANDIDACY POPULATIONS ARE MATCHED TO THE TIER 1 AND IDENTIFY GAPS

#### EXAMPLE: Pregnant and Parenting Youth in Foster Care

#### **Identified Needs:**

- Parenting education (milestones, prenatal care, caring for newborn/infant);
- Assessment of need and coordination of care for medical, pediatric, childcare, early childhood resources;
- good pregnancy outcomes;
- promotes healthy attachment/bonding and infant health/mental health

Parents as Teachers (PAT)

Nurse Family Partnership Healthy Families America

# BREAKOUT 1: Caregivers who have a substance use disorder that impacts parenting

#### **Identified Needs:**

- Abstinence/decreased use and; stable mental health;
- attunement with child's needs both physical and emotional and developing attachment; peer support;
- capacity to care for family;
- increased employment; housing stability in a "drug-free" environment;
- health care for all family members;

- integration into the community;
- wraparound services to provide ongoing stability;
- families remain intact, symptoms stabilize, parental functioning promotes child-being.

Brief Strategic Family Therapy (BSFT)

Nurse Family Partnership

Parents as Teachers (PAT)

Healthy Families America

Motivational Interviewing

# BREAKOUT 2: Caregivers who have a child who is experiencing a substance use disorder and is in need of services

#### **Identified Needs:**

- Abstinence/decreased use and;
- stable mental health;
- engagement with prosocial peers and activities;
- attending school and succeeding; enhanced family relationships—living within family unit; enhanced
  parenting skills to monitor and guide teens,
- lack of criminal involvement,
- stable house.

Functional Family Therapy (FFT)

Multisystemic Therapy (MST)

Brief Strategic Family Therapy (BSFT)

Motivational Interviewing

# Are there any identified needs of the candidacy populations unaddressed by Tier 1 services?

Debrief:

### Next Steps

#### > Homework:

#### 1. Group A:

- Families with accepted Careline Calls
- Families experiencing interpersonal violence
- Caregivers who have a mental health condition or physical/intellectual/developmental disability that impacts parenting

#### 2. Group B:

- Families who have been accepted for Voluntary Services
- Caregivers who have a child with a mental health condition or physical/intellectual/developmental disabilities that impacts parenting

#### 3. Group C:

- Children/youth chronically absent from preschool/school
- Children/youth who are truant from school including early learning children
- Children/youth at risk for juvenile justice involvement including those who have been referred to the juvenile review board who have been arrested
- ❖ If you are interested in participating please email Elizabeth Duryea, elizabeth.duryea@ct.gov