



Child-Specific Prevention Plans
DCF Family First Infrastructure Practice and
Policy Workgroup

January 8, 2021

Agenda

1. Welcome and Desired Results
2. Last Meeting: Screening and Eligibility
3. Discussion I
4. Child-Specific Prevention Plans
5. Existing Service/Case Plans:
 1. Case Plan DCF
 2. Inspiration and Overview
6. Discussion II



Desired Results for Today's Meeting

- Review and gain a shared understanding of the requirements for a Family First *Child-Specific Prevention Plan*.
- Review current service and case plans (and their processes) - and discuss and determine how to leverage and align these with the requirements.
 - This is to ensure that the required and relevant data about each candidacy group is collected and documented
- Elevate elements that Connecticut finds relevant to include in the service and case plans to ensure a family-centered process and service.

Last Meeting: Screening and Eligibility

Presentation of Family Assessment Tools (Mary Ellen Hass) and Family Strengths and Needs Assessment (DCF) – and breakout session about strengths, gaps, potentials of the tools

	<i>What are some of the strengths we heard?</i>	<ul style="list-style-type: none">• The tools described are well-known, used, and have evidence behind them• Tools help to normalize families' experiences, are strengths based and focus on protective factors
	<i>Where do we see gaps in the current practices?</i>	<ul style="list-style-type: none">• Do the tools cover all relevant risk/protective domains (what about financial stability?, employment?)• Wait time through 211 can be a problem and there is limited language availability• Ensure trauma-informed and anti-racist approach
	<i>What could we potentially 'build' on?</i>	<ul style="list-style-type: none">• Ensure we are asking families what they need• Expand community outreach and build upon existing initiatives• No matter the candidacy group, ensure we have one place to collect the information and determine where to filter each group (211 moving from generalist to specialist)
	Additional comments/questions	<ul style="list-style-type: none">• How do we take inherent focus on safety – and collaborate with families? How does DCF balance that approach?• Ensure screening, assessment, and services are broad enough to meet CT's broad prevention goals.

Discussion I

Take 2 minutes and think about the following question:

What are the overall goals of a service plan?

" To build upon family's strengths

" Is flexible and family driven"

" To addresses family's needs"

Share some of your thoughts with the group.



Child-Specific Prevention Plans

Child-Specific Prevention Plans

FFPSA Provision requirements

For Candidates for Foster Care:

- (1) identify the foster care prevention strategy for the child so that the child may remain safely at home, live temporarily with a kin caregiver until reunification can be safely achieved, or live permanently with a kin caregiver; and
- (2) list the services to be provided to or on behalf of the child to ensure the success of that prevention strategy.

For Parenting or Pregnant Youth:

- 1) include in the youth's foster care case plan;
- 2) list the services to be provided to or on behalf of the youth to ensure that the youth is prepared (in the case of a pregnant foster youth) or able (in the case of a parenting foster youth) to be a parent; and
- 3) describe the foster care prevention strategy for any child born to the youth

Optional elements

- How to best monitor services?
- Who is the service recipient (parent/kin/caregiver/child)?
- What is the identified need?

Child-Specific Prevention Plans

Child-level Required Data Elements (reported to Children's Bureau)

Data Element Name
1. Title IV-E Agency
2. Child Identifier
3. Date of Birth
4. Sex
5. Race
6. Hispanic or Latino Ethnicity
7. Pregnant or Parenting Youth in Foster Care
7a. Other Imminent Risk Subgroups
8. Prevention Plan Start Date
9. Type of Service(s)
9a. Specific EBP
10. Service Start Date(s)
11. Cost of Service(s)
12. Service End Date(s)
13. Foster Care Placement Status at 12 months from prevention plan start date
14. Foster Care Entry
14.a. Date of Entry into Foster Care

Elements #1 through 9 are recommended to be built into CT-KIND or child-level prevention plan.

- #1-6 may be in CT-KIND for DCF involved
- #7-9 lend themselves to the child specific prevention plan

Elements # 10 through 12 are recommended to be captured through fiscal/billing systems.

Data elements #13 and 14 are likely already captured through placement elements in CT-KIND.

Example from Kansas – Child-Specific Prevention Plan

Section I Identifying Information:

Case Name:		Case #:		Event #:	
CPS Specialist:		DCF Office:		Region/County:	
Date Prevention Plan Completed: Click or tap to enter a date.					

Section II Candidacy for Care Determination

Review the prevention plan and determine if the child meets criteria as a candidate for care by applying the following statement:

A child who is at imminent risk of entering foster care, but who can remain safely in the child's home or in a kinship placement with the title IV-E prevention services necessary to prevent the entry of the child into foster care. A "child who is a candidate for foster care" includes a child whose adoption or permanent guardianship arrangement is at risk of disruption or dissolution resulting in foster care placement.

Child Name	Candidate for Care per definition above?	Reason for imminent risk of removal
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> N/A or describe:
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> N/A or describe:
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> N/A or describe:
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> N/A or describe:
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> N/A or describe:

Section III Prevention Strategy:

PPS will refer the family to the prevention services or programs listed in this plan to: (Check one)

Maintain the child safely in the home

Live temporarily with a kin caregiver until the child can safely return to their parent(s)/caregiver(s), or

Live permanently with a kin caregiver.

Section IV Family First Prevention Services/Program(s):

List Family Member next to service/provider available in your region and date when service was added. Use new column to add any updated dates.

Each family member listed below will receive **Motivational Interviewing** as a service enhancement by the agency providing the Mental Health, Substance Use, Parent Skill Building, or Kinship Navigation programs on the dates listed.

Identified Service / Agency / (Fact) Code	Family Member(s)	Initial Date:	New Service Added:
Mental Health (FM01N) <input type="checkbox"/> Parent Child Interaction Therapy/ PCIT/ Horizons- (PCI) <input type="checkbox"/> Parent Child Interaction Therapy/ PCIT/ TFI/ (PCI) <input type="checkbox"/> Multisystemic Therapy- MST/ CSI / (MST) <input type="checkbox"/> Family Centered Treatment -FCT / SFM/ (FCT) <input type="checkbox"/> Functional Family Therapy - FFT / Cornerstones/ (FFT)		Click or tap to enter a date.	New /Updated Service: <input type="text"/> Date: Click or tap to enter a date.
Identified Service/Agency/Facts Code	Family Member(s)	Initial Date:	New Service Added:
Substance Use Disorder (FS01N) <input type="checkbox"/> Adolescent Community Reinforcement Approach/ / A-CRA / DCCCA / (ACR + MOD)* <small>*Motivational Interviewing included with A-CRA</small> <input type="checkbox"/> Parent-Child Assistance Program -P-CAP/ KCSL/ (PCA) <input type="checkbox"/> Seeking Safety / SFM / (SES)		Click or tap to enter a date.	New /Updated Service: <input type="text"/> Date: Click or tap to enter a date.
Parent Skill-Building (F101N) <input type="checkbox"/> ABC/ Project Eagle/Livewell / (ABC) <input type="checkbox"/> Family Mentoring / CAPS/ (NPP) <input type="checkbox"/> Fostering Prevention / Foster Adopt Connect/ (FSP) <input type="checkbox"/> Healthy Families- HFA / Great Circle/ (HFA) <input type="checkbox"/> Healthy Families -HFA/- KCSL/ (HFA) <input type="checkbox"/> Healthy Families - HFA/ LDCHD/SB6 / (HFA) <input type="checkbox"/> Parents as Teachers - PAT/ KPATA/ (HFA)		Click or tap to enter a date.	New /Updated Service: <input type="text"/> Date: Click or tap to enter a date.
Kinship Navigator <input type="checkbox"/> Kin-TECH/ KLS / (NIT)		Click or tap to enter a date.	New /Updated Service: <input type="text"/> Date: Click or tap to enter a date.

Section V SIGNATURES (Initial and Updated)

Initial Signature:	Participant:	Role:	Date:

DC CFSA Candidacy Subgroups Screen

Client ID	1085490	Address	400 6TH Street SW, WASHINGTON, DC	Client ID	
Date of Birth	11/04/1993		20024	Date of Birth	
Gender	Female	Ward	WARD 6	Gender	
Race	Black or African American	Collaborative	Collaborative - Edgewood/Brookland FS	Race	

[View Assessment](#)

Change Collaborative Preferred Collaborative Reason(Max C

Household and Eligibility Information Requested Services

- Child who will be served by the Collaboratives following a CPS investigation.
- Child who will be served by the Collaboratives following a closed Out-of-Home case (step-down) and may be at risk of re-entry.
- Child born to a mother with a positive toxicology screening.
- Child who will be served through CFSA's In-Home services program.
- Youth who is pregnant or parenting (PPY) in, or who has recently exited, foster care.
- Child of youth who is pregnant or parenting (PPY) in, or who has recently exited, foster care within the past 5 years.
- Child who is the sibling of a child/children in foster care who reside at home and have assessed safety concerns.
- Child who will be served by the Collaboratives following a closed In-Home case (step-down).

Candidacy Subgroup Eligibility and Requested Service



Existing Service /
Case Plans

Existing Service Planning Processes — DCF Case Plan

DCF develops case plans using a family-centered, trauma-informed approach in:

- 1) assessing families' strengths and areas of need (through Family Strengths and Needs Assessment),
- 2) providing services to address those needs, and
- 3) providing ongoing monitoring of their progress.

The assessment helps identify services that match the strengths and needs - and can be used in developing appropriate goals, plans, and interventions.

Existing Service/Case Plans — DCF Case Plan

DCF Family Case Plan Template

- Reason for Involvement
- Initial Plan: Reason for DCF involvement (circumstances and results of the investigation) and Safety factors and interventions
- Subsequent Plans: Reason for continued DCF involvement.
- Basic Identifying Information (gender, race, physical appearance)
- Current Assessment
- A statement shall be made for each domain to address the strengths and needs of family members. A current assessment of all household members, as well as birth parents or guardians, who may not live in the household, shall be included.
 - a) Household relationships: include significant relationships outside of the household.
 - b) Resource management basic skills.
 - c) Parenting skills
 - d) History of child abuse/neglect of adults as children.
 - e) Mental health coping skills
 - f) Physical health.
 - g) Substance abuse/use.
 - h) Social support systems: include extended relationships outside of the household.
 - i) Education/developmental issues.
 - j) Other life experiences, including employment, housing stability, and cultural/ethnic considerations.
- Summary Assessment

Existing Service/Case Plans – Content Overview

	DOB, and SEX	Race, and Hispanic or Latino Ethnicity	Prevention Plan Start Date	Type of Service	Service start date	Service end date	Monitoring progress	Identified needs	Identified strengths	Goals
DCF Family Case Plan	X	X						X	X	X
<i>Focus Recipient:</i> Parent <i>Other elements:</i> Reason for involvement; Assessment Domains (see slide 11)										
IFCS Plan of Care							X	X	X	X
<i>Focus Recipient:</i> Family <i>Other elements:</i> Benchmarks, strategies and responsible person (to reaching goals); family support system and network; family vision,										
RFTF Service Plan	X	X		X				X	X	X
<i>Focus Recipient:</i> Child <i>Other elements:</i> Date and reason for referral; who will help achieving goals,										

Discussion II

Take 2 minutes and reflect on the earlier discussion – then consider the following questions:

- *What other plans work well for families? And why?*
- *Beyond required elements, what do we want to be captured in the child-specific prevention plan?*
- *What would be the best way to engage families in capturing this information?*

Share some of your thoughts with the group.



Next meeting January 21st