



DCF COVID-19 Daily Update Supporting Children, Families and Staff

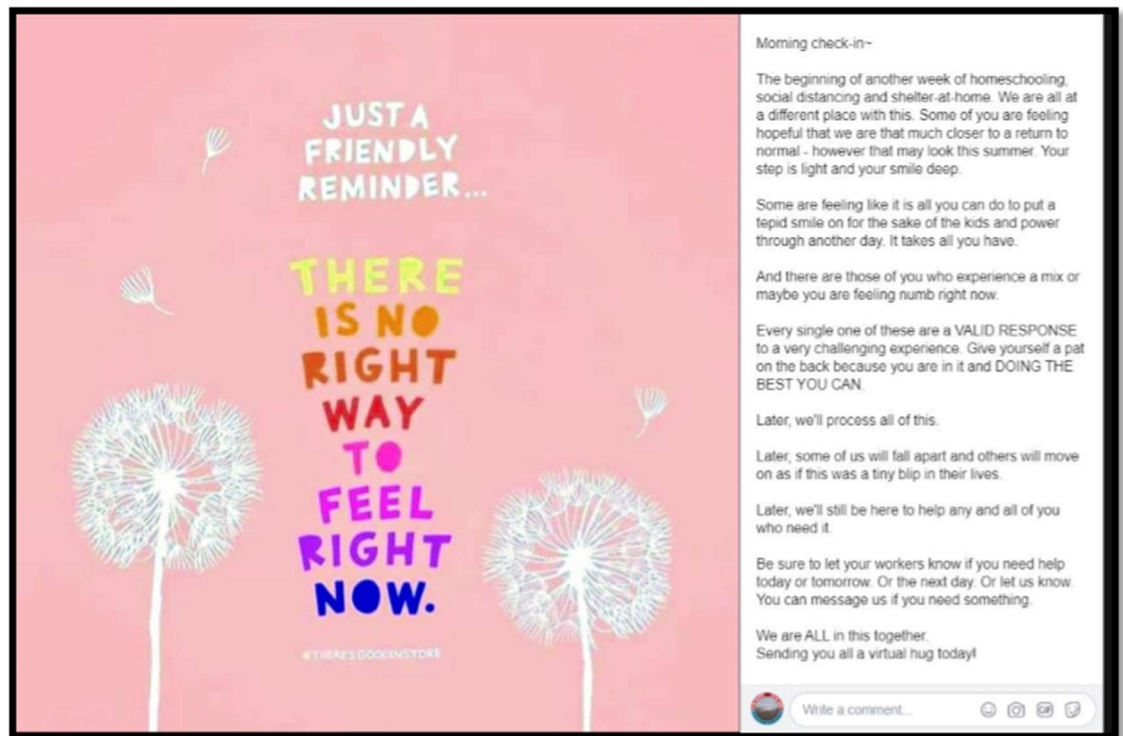
June 23, 2020

WE'RE ALL IN THIS TOGETHER

The phrase, "Covid-19 Fatigue" or information overload can be terms to describe an overwhelming and, seemingly relentless, duration of time with a lot of information to decipher. However, for Deb Kelleher, the Executive Director of the Annie C. Courtney Foundation, Inc., she took advantage of the opportunity to create a forum of information and mutual sharing with families and providers who may need some extra support and TLC during this difficult time. She began a private Facebook group called, We're All in this Together, further explaining "I anticipated that resource families would need a safe and private place to get reliable information, support and a place to be able to share the joys, frustrations and funny moments that enforced isolation would bring to each of our lives"

The group settings are private, which means that people have to be accepted or invited to join the group and their posts and comments are only seen by the page members. When someone makes a request to join, they are asked two questions:

Who referred you? And Who is your social worker? Typically, one of the administrators of the page will confirm a person's legitimacy through those responses and admit them. Families from DCF and Therapeutic Foster Care Agencies are a part of this group as well as agency staff, and partner agencies. Each day there is a "morning check-in" with ongoing daily posts and comments. The intention is to provide inspiring,



relevant and supportive posts as well as some funny memes. Kelleher explained, "This is a stressful time for our families and we want to help them de-stress and find connection! We'll continue the group after the pandemic is over as it provides a private venue for families to connect."

Here's a link for - We're All in this Together here: <https://www.facebook.com/groups/waittctrpg/>