

V.I.T.A.L. Coaching Opportunities

Collaborative Team Consultation

The goal of an annual V.I.T.A.L collaborative consultation is to conduct a qualitative analysis of at least three young adult cases (age 16-23 years) from a strength-based perspective. The collaborative consultation serves as a springboard for a more in-depth discussion of how well the team is serving the TAY cohort. The office may choose to review data on their TAY population beforehand to enhance the discussion. Regions can combine offices to have a more in-depth conversation about regional trends, needs, and strengths. Regions may also choose to partner with other regions for cross-training opportunities. The Transitional Supports and Success Division team is also available to participate. Some regions may find it helpful to include a wide swath of participants in the discussion. For example, some regions may find that case aides have valuable information for the annual review. It is recommended that youth participate in the conversation. **One adult facilitator and one young adult co-facilitator per team is also recommended.**

Topics for consideration during the team conversation:

- Depth, quality, timeliness of functional assessments (e.g., following the information in the Outcomes Mapping for Emerging Adults)
- Ability to pull together diverse and strong teams when planning with TAY
- How well are we doing in case mining and finding families?
- How well are we doing engaging family supports?
- How well do we do with creative supports?
- What are young adult perceptions of their role in decision making (i.e., do young adults view themselves as having an equal or more say in decisions that impact them?)
- How satisfied are TAY with their treatment teams?
- How well do we do in inviting youth to a table early in a specific process?
- Are peer reviews accessed? When they are utilized, what makes them helpful?
- How well do we focus on building and encouraging healthy relationships in our planning (family, peers, faith communities, etc.)?
- How well do we focus on youth's involvement with others, with community, with teams, etc.
- Are there local stressors for the TAY population?
- Is an equity lens applied throughout life of our cases?
- What are demographic trends with this cohort in the region? What are the trends in outcomes (e.g., discharge to family, education completion, etc.)?
- How can we change our practice to eliminate disparate outcomes?
- Are we making timely referrals to services and supports?
- How well are we supporting young parents?
- How well are we engaging families in our work with TAY?
- Educational supports, strength of educational planning, opportunity for credit retrieval, referral to the Virtual Academy, referral to tutoring, referral to the Justice Foundation
- How would we describe our ability to assess young adult strengths?
- Strength of team's timely and thorough information gathering

- Strength of cross-agency collaboration (e.g., DMHAS, CSSD, SDE, etc.)
- Planning for financial literacy, health literacy, youth advisory board participation
- Efforts to engage young adults in a meaningful way
- Focus on securing driver's license, bank accounts
- How well are we engaging youth in decision making at an office level?
- Are there any policies that the team views as a barrier to serving TAY?
- Where is the team making excellent decisions? Where are team members getting stuck?

What are the lessons learned for practice and where can we share these lessons?