

Resources for Individuals and Families During the COVID-19 Pandemic



The following resources are for individuals and families navigating the landscape during the COVID-19 Pandemic.

For the most updated general information about Connecticut's COVID-19 response

- Visit www.ct.gov/coronavirus
- Visit <https://uwc.211ct.org/covid19resources>
- Dial 2-1-1

Unemployment Insurance, Job Seeking, and Job Training

- <http://www.ctdol.state.ct.us>

Housing

Renters

- <http://jud.ct.gov/>
- <https://portal.ct.gov/Coronavirus/Covid-19-Knowledge-Base/Rent-and-Eviction>

Homeowners

If you own your home and are unable to make your monthly mortgage payments, please contact your bank or lender and ask for help. There is currently a delay in foreclosure actions.

- <https://portal.ct.gov/DOB/Consumer/Consumer-Help/COVID-19-Mortgage-Relief>
- <https://www.ctfairhousing.org/fair-housing-protections-the-covid-19-public-health-emergency/>
- <https://www.fanniemae.com/portal/media/corporate-news/2020/covid-homeowner-assistance-options-7000.html>

Homelessness

- <https://cceh.org/covid19/>
- <http://ct-housing.org/>
- <https://portal.ct.gov/DMHAS/Programs-and-Services/Statewide-Services/Housing--Homeless-Services>
- Dial 2-1-1 and press option "1" and then press "3" if you are in a housing emergency

Home Heating Assistance

- www.ct.gov/staywarm

Childcare Resources

- Dial 2-1-1 and press option “2”
- <https://www.ctoec.org/covid-19/>

Resources for People with Disabilities

- <https://portal.ct.gov/AgingandDisability>
- <https://www.disrightsct.org/resource-center>
- <https://www.ctfairhousing.org/covid-19-protections-for-people-with-disabilities/>

Reopen Connecticut Business Information

- <https://portal.ct.gov/DECD/Content/Coronavirus-Business-Recovery/Small-Business-Reopening-Resource-Guide>
- <https://business.ct.gov/Recovery>

Food Insecurity Information

FOODSHARE (Hartford and Tolland Counties)

- <http://www.foodshare.org>

CT Food Bank (Fairfield, Litchfield, Middlesex, New Haven, New London, & Windham Counties)

- <http://www.ctfoodbank.org/>

United Way 211

- 211ct.org/foodpantries

Additional Food Resources

- <https://portal.ct.gov/DCF/COVID-19/Food>

It's Important to be Counted! Information about the Census

- <https://portal.ct.gov/census2020>

Consumer Protection

If you or anyone you know have been the victim of a scam of any kind during this time, please contact the Department of Consumer Protection and let them know. Email dcp.complaints@ct.gov, call 860-713-6300/ toll free 1-800-842-2649, or visit www.ct.gov/DCP/complaint.